



# **Active Lives Children and Young People**

## **Year 1-2**

### **Questionnaire Summary 2019-20**

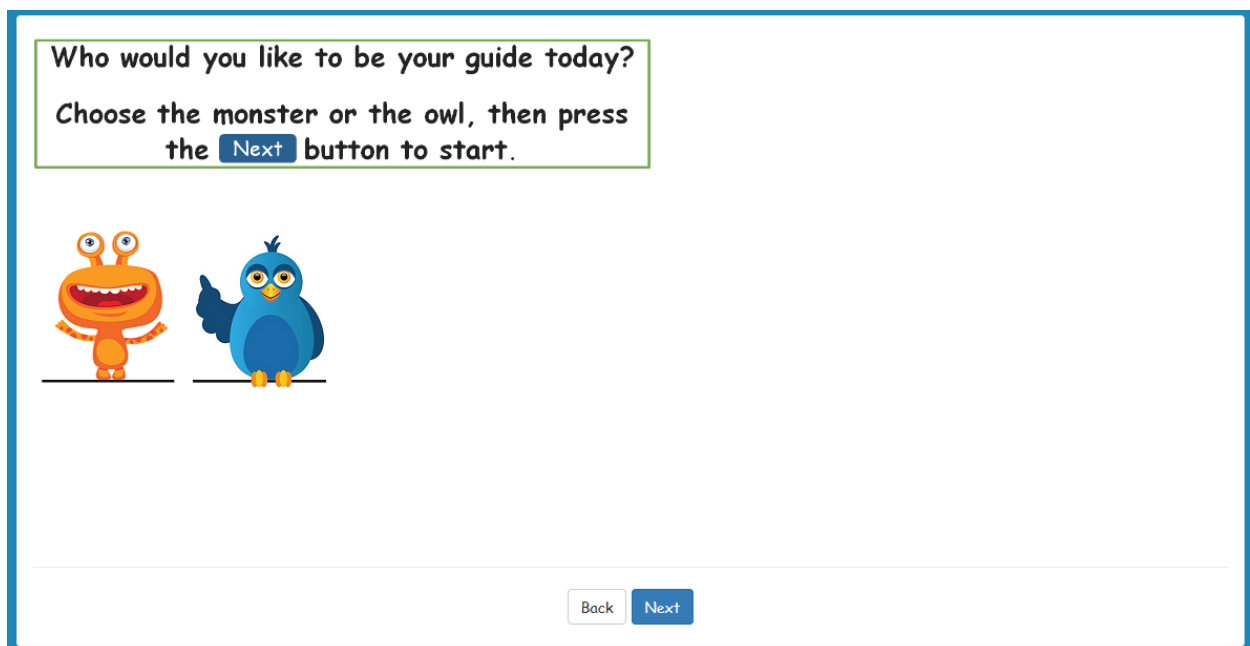
## Introduction

This document has been created to summarise the content of the Active Lives Children and Young People questionnaire for children in Years 1 and 2. Please note that the online questionnaire has been designed to be engaging for children to complete and therefore questions are not displayed in the same format as shown below.

Background information is highlighted in *green text* for your information. This is not displayed to children.

## Homepage

*On entering the URL, children should see the following screen.*



*Children should just select the picture they prefer. When they have selected a character, the background behind the character will change from white to blue.*

## Introduction page 1

We would like to ask you some questions about sport and activities.

Use the next button to move to the next screen.

*Children do not need to answer a question on this screen. Once they have read the instructions they should select the 'Next' button. If they wish to change their character, they can select 'Back'.*

## Introduction page 2

You can read the questions

Or press the headphones button, found above in the corner of the screen, to hear the questions



*When a child selects the audio icon in the top right-hand corner of the screen (headphone image shown above), the question will be read out to them. If possible, please provide children with headphones while they complete the survey so they can use this feature if they wish.*

### **Question 1**

#### **How old are you?**

Please touch the screen or click with the mouse to choose your answer.

- 5
- 6
- 7

*When a child has selected their answer, the background behind the response option will change from white to blue.*

### **Question 2**

#### **Which month is your birthday in?**

- January
- February
- March
- April
- May
- June
- July
- August
- September
- October
- November
- December

### **Question 3**

**And what day in [month] is your birthday?**

- 1
- 2
- 3
- ...through to...
- 31

*The month in the question will be automatically filled in depending on the child's answer to the Question 2. The response options shown will depend on the month they selected in Question 2, e.g. if they selected February, only 1 to 29 will be shown.*

### **Question 4**

**Which school year are you in?**

- Year 1
- Year 2

*If a child selects Year 2 but at Question 1 they said they were 5 years old, they will be asked:*

***Are you sure you are in year 2?***

***Ask your teacher, then press next.***

*And similarly if a child selects Year 1 but at Question 1 they said they were 7 years old, they will be asked:*

***Are you sure you are in year 1?***

***Ask your teacher, then press next.***

*When children press 'next' they will be shown question 4 again. They can change their answer or keep their original answer and proceed to the next question.*

### **Question 5**

**Are you a boy or a girl?**

- Boy
- Girl

### **Question 6**

**Have you done any of these sports in the last week?**

Please choose all the sports you did

- Football
- Gymnastics
- Swimming
- Cricket
- Netball or basketball
- Rounders
- Judo/karate
- Tennis
- I did another sport
- I did no sport

*Children can select more than one answer to this question. They should think about everything they have done in the last 7 days but not any longer ago.*

*If a child selects a sport but also selects 'I did no sport' a red box will appear saying 'You can't choose 'I did no sports' and sports such as [other selected answer] together. Please check your answer or speak to a teacher.'*

### **Question 7**

**Do you like playing sport?**

- I love playing sport
- I like playing sport
- I don't like playing sport
- I hate playing sport

*If possible children should think about sport in general, not just the sporting activities they did in the last 7 days.*

### **Question 8**

**Do you find sport easy?**

- Yes
- No
- I don't know

### **Question 9**

#### **Have you done any of these things in the last week?**

Please choose all the things you did

- Walking
- Dancing
- Running games like tag/ it/ hide and seek
- Trampoline
- Climbing frame
- Roller skating
- Scooter
- Riding a bike
- I did another activity
- I did no activities

*Children can select more than one answer to this question. They should think about everything they have done in the last 7 days but not any longer ago.*

*If a child selects an activity but also selects 'I did no activities' a red box will appear saying 'You can't choose 'I did no activities' and sports such as [other selected answer] together. Please check your answer or speak to a teacher.'*

### **Question 10**

#### **Do you like being active?**

This includes things like running games, riding a bike or scooter, walking and dancing.

- I love being active
- I like being active
- I don't like being active
- I hate being active

### **Question 11**

#### **Do you like swimming?**

- I love swimming
- I like swimming
- I don't like swimming
- I hate swimming
- I don't know

### **Question 12**

#### **How did you get to school today?**

Please choose all the ways you came to school today

- I walked
- I went in a car
- I rode a bike
- I went on a scooter
- I went on a bus
- I went on a train or tram or tube

*Children can select more than one answer to this question.*

### **Question 13**

#### **How do you feel today?**



### **Final screen**

**Thank you! That is the end of the survey.**

*Children's answers are automatically submitted. Once they reach this screen you or they can close the browser.*