Active Lives Children and Young People Survey
Information for secondary school pupils

What is Active Lives?

Sport England and Ipsos MORI run the Active Lives Survey, which asks young people what sports and exercise they take part in. They are interested in lots of different activities including cycling, walking and dance, as well as sports. Things may be different to normal but understanding what activities pupils are doing and how they feel is really important at the moment.

What would we like you to do?

We would like you to take part in an online survey on a laptop, desktop computer or tablet. If you don’t have a computer or tablet you can do it on a smartphone. The survey will take about 20 minutes to complete. Your teacher will tell you when to do the survey and how to access the survey. The survey asks questions about sport and physical activity, attitudes to activity, wellbeing, resilience, social trust, volunteering, and some questions about you such as ethnicity, gender and disability.

Why are you giving the survey to me?

Your Head Teacher agreed that your school would take part in the survey and your class or group was selected. Everyone in your class or group has been asked to do the survey. It doesn’t matter how much sport or exercise you do. There are no right or wrong answers.

Do I have to take part?

No, if you don’t want to take part you don’t have to. If you do take part there are some questions you do not need to answer.

What will happen to the information I have given you?

It will be combined with information from pupils in other schools. The results will be presented as data (numbers) and no individual schools or pupils will be named in the findings published by Sport England. Sport England will know which schools took part and which year groups but will not know which individual pupils took part.

The answers you have given will not have your name on them, so no one else will know you said them. You do not have to tell your teachers, parents, or anyone else what you have said.

The research follows the rules in the Market Research Society Code of Conduct and Data Protection Act 2018.

How can I find out more?

If you would like to know more about the survey or the questionnaire, you can speak to your teacher. You have also been given a Privacy Notice which contains more information.