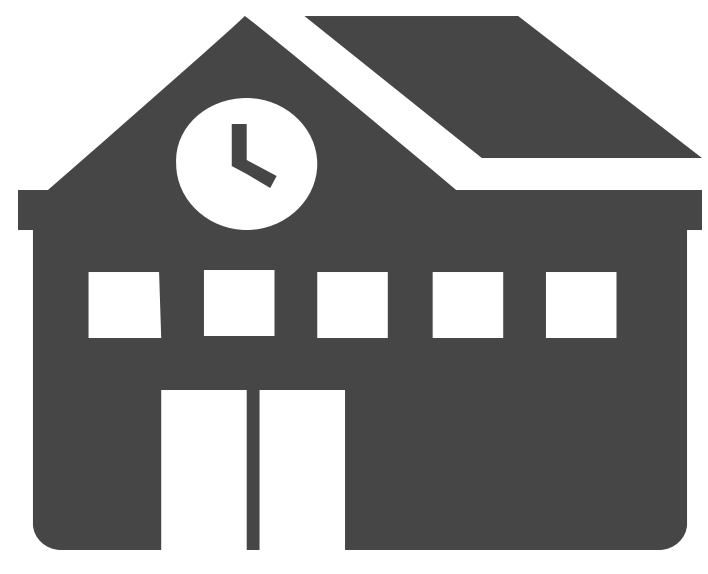
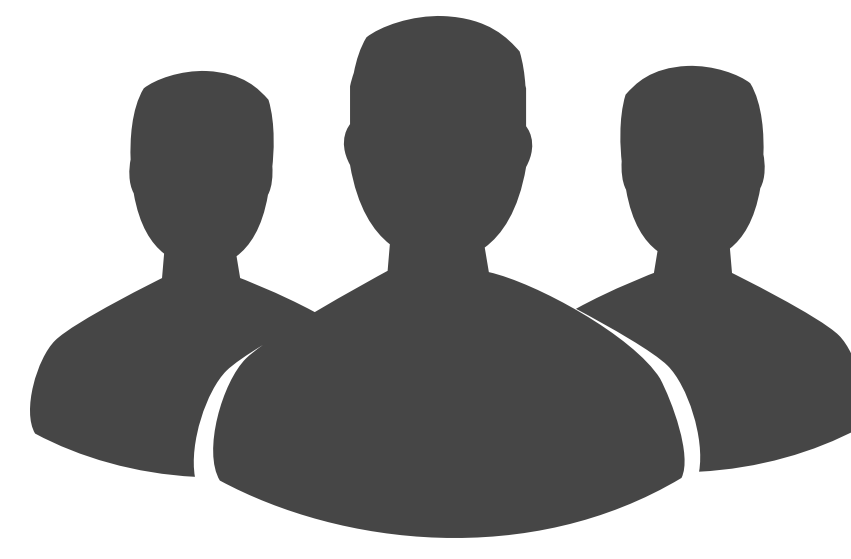


SECONDARY TEACHER TRAINING PROGRAMME INITIAL IMPACTS - PHASE 1



358
SCHOOLS



27
TSA's

June 2019- July 2020

"There is a real feel that this project has kick started a new era for PE across the alliance"

KEY IMPACTS / RESULTS

- 1** Greater awareness of the benefits of PESSPA 
- 2** Increased staff competence and confidence 
- 3** Changes in practice 
- 4** Better quality PE, PA and sport delivery 
- 5** A tool for whole school improvement 
- 6** PESSPA higher up the agenda 
- 7** Enhancing student wellbeing 



Curriculum change



Enhanced wellbeing



Improved confidence



Greater collaboration

SCHOOL FEEDBACK

"A non-PE Steering Group has led CPD on active learning. There has been an increase in engagement and commitment to extra-curricular activities".

"STT has provided a platform to support, lead and develop others. There has been promotion throughout the whole school on the benefits of being active".

"The whole school has adopted a wellbeing focus, with a Wellbeing Committee set up to continue to drive this".

"There's been a greater focus on well-being, resilience and teamwork, with new and varied PE activities on offer".

"There has been a change in attitudes at senior level in the school of the importance and perception of school sport"

At the **John Cabot Academy**, student voice and student choice now shape delivery. The PE offer was adapted to create an alternative curriculum for students where they were able to chose their activity for lessons. The students reported feeling included and that their voice was valued.



Sheffield Hallam University

SECONDARY TEACHER TRAINING PROGRAMME INITIAL IMPACTS - PHASE 1

WHAT WORKS?



1 Greater awareness of the benefits of PESSPA

- Wider staff cohorts trained and leading delivery
- Recognition of the positive effects on academic performance, behaviour and engagement,
- Whole school promotion, assemblies and events.



2 Increased staff competence and confidence

- Whole school CPD opportunities,
- Staff upskilling (all types of staff).



3 Changes in practice

- More collaborative working,
- Increase in cross-curricular and extra-curricular delivery,
- More inclusive and student focused delivery.



4 Better quality PE, PA and sport delivery

- Student shaped offer,
- More variety,
- Greater focus on health and life skills,
- Addressing the needs of the disengaged.



5 A tool for whole school improvement

- Change in ethos,
- Greater focus on health and wellbeing,
- Developing knowledge and life skills.



6 PESSPA higher up the agenda

- Greater SLT engagement and leadership in getting students active,
- Schools re-thinking PESSPA,
- Support for curriculum change.



7 Enhancing student wellbeing

- Improved awareness,
- Staff training,
- Role models.

"SLT fully supported the new health and wellbeing activities and highlight the increased participation by students and staff [by 58%]"

CASE STUDY EXAMPLE 1

Bridgewater school created a TSA wide 'PE and Sport Hub' to drive engagement and participation across schools in the group. The implementation has included hosting Inclusive Sports Days, monitoring and tracking engagement, creating a PE and Sport Action Plan, re-shaping competitive sports and events, comprehensive CPD for PE and non-PE staff, working with Primary Schools to support Sports Leaders, and hosting a Conference for the Alliance. As a result of these measures, uptake in extra-curricular activity increased by 25% and student's enjoyment of PE has increased from 76% to 91%.

CASE STUDY EXAMPLE 2

Bower Grove school has introduced new and varied PE activities, a reward system, and whole day sport festivals. The STT project has enable the school to showcase the power of being active and resulted in...

50 mins

More PE provision per week

90 mins

More extra curricular provision

3%

Improvement in attainment



Greater focus on well-being, resilience and teamwork

50%

of classes reported improvements in pupil behaviour