

Sport England Questionnaire for WEB by IPSOS MORI

Notes for Programming:

- Unless otherwise specified questions should be forced answer
- On a few questions (specified) we do need to allow a prefer not to say category because they are sensitive.
- Timing points to be added where specified below
- Needs to be done by up to two adults in household with individual IDs sent by post. Log in needs to allow for IDs (likely to be 6 digits in in two parts) to be entered and data from people in same household to be linked. May also require a password – precise details TBC.
- PHASE 2 onwards: Sample gets written progress indicator.
- Offer respondent choice of colour palette and font size for accessibility
- Logos on front page (supplied) but not on subsequent pages.
- **Survey title is: ACTIVE LIVES SURVEY**
- CONTENT for information (not to be shown on screen):
 - A. Intro questions about activities overall (and culture)
 - B. Which activities done and when
 - C. Detailed information for activities in past 4 weeks
 - D. Feelings about sport and activity
 - E. Volunteering
 - F. Diet
 - G. Demographics
- H. H. HEALTH AND WELLBEING.**
- I. Re-contact questions
- We have provided numbers for answer lists to make subsequent drop downs and routing clear. They are done as numbering so you can easily switch off when transferring to code
- INFO is used to indicate text which should not be shown on the screen but which should appear when you hover over the relevant code or text on screen. Sometimes this would just involve hovering over a category. In other cases it involves a question on screen – shown in bold like this. INFO: **What information might be passed on?** When they hover over the question the information appears.
- Notes in {curly brackets} are textfills and requests for programmers
- [IS ROUTING]
- Where possible have suggested 95 for other and 96 for none of these to allow additional substantive categories without re-numbering
- Also use 98 for don't know and 99 for prefer not to say on the questions where these appear
- We wish to use standard text for MA, SA etc but please remove 'please' as it only adds another word.
- For numeric answers like height, weight, numbers of portions we will take your advice on best format for offering answers – to enter or to select from drop down/ clicker etc
- **Show wording of main questions in bold with key reference periods or other elements of the question underlined**

SNIFFERS AT START OF QUESTIONNAIRE, CULYR, ACTYR AND ACTIV3 so people get format of the device they are on at that question –not device they were on at first entry to questionnaire.

PROGRESS BAR/ WORDING: With four chunks (HALF GET BAR AND HALF GET WORDING).

- **Arts and Culture**
- **Sport, fitness and recreation**
- **About you**
- **Final questions**

QUESTION ROTATION

Please ask some questions of only 50% of the sample. This will be set by order of going into the questionnaire. First person going in will be group 1, second person group 2, third person group 1, fourth person group 2 etc.

Group 1

Group 1

Ask	Do NOT Ask
IDENTITY (IDENT, RELIG1)	
HABIT (HABITA1, HABITA2)	WELLBEING (WELLINT, LIFESAT, HAPPY, ANXIOUS, WORTHW)
CLUB (new to grouping – was previously asked all)	GOALS and COMMUNITY (INDEV, INDEVTRY, COMM1)
GOALS and COMMUNITY (LONE)	WHO WITH
VOLUNTEERING (VOLINT, VOLFRQB, VOLMTHB, VOLMTHB2, VOLDURATIONA, VOLLONGVTYA)	SETTINGS

Group 2

Group 2

ASK	Do NOT Ask
VOLUNTEERING (VOLINT, VOLFRQB, VOLMTHB, VOLMTHB2, VOLDURATIONA, VOLLONGVTYA)	IDENTITY (IDENT, RELIG1)
WELLBEING (WELLINT, LIFESAT, HAPPY, ANXIOUS, WORTHW)	HABIT
GOALS and COMMUNITY (INDEV, INDEVTRY, COMM1, LONE)	CLUB
SETTINGS (INOUT, INOUTD, SETIN, SETOUT, SURFACE, LOCAL1, LOCAL2)	

WHOWITH	

TIMING POINT 0

INT1

{4 LOGOS: Sport England, Public Health England, Arts Council England and Ipsos MORI}

ACTIVE LIVES SURVEY

This survey asks about healthy lifestyles and leisure, recreational, and cultural activities. It is being conducted on behalf of government agencies including Sport England, Arts Council England and Public Health England by Ipsos MORI, an independent social research organisation. {PROGRAMMER – USE LARGER FONT HERE}

You can complete this survey on a desktop, laptop, tablet or smartphone. We advise you to use the same device if you stop the survey and return to it later. If at any point you wish to stop the survey and start again later you will be able to do this. [INFO: To stop the survey, simply close your internet browser. When you wish to resume, you can log back in with the same password and pick up where you left off.]

Please enter one of the passwords from your invitation letter to start the survey. {PROGRAMMER: SHOW THIS IN LARGER BOLD TEXT SO THE MOST OBVIOUS INFORMATION ON THIS PAGE IS THIS} [INFO: If you are the first person in your household to complete the survey enter password 1. If someone else has already completed the survey enter password 2. If there is only one password on your letter please use that one]

{show two boxes with hyphen between. Each box should take 3 letters or numbers}

Make the boxes larger and with a 3D effect and colour round them and so they are central on the page

Underneath the box the button should say: **START SURVEY** and be blue

INT2

You may see the I symbol next to a question or an answer option. You can touch or click on it for extra information to help you answer the question.

{A INTRO QUESTIONS}

TIMING POINT 1

ACT1

MA

In the past 12 months (since {text fill 12 months ago}) have you done any of these activities?

1. A continuous walk
2. Gardening
3. A cycle ride
4. Sport, fitness or recreation activity
5. *[dummy category – retained owing to late change but not shown in survey]*
6. Dance
7. Spent time doing a creative, artistic, theatrical or music activity or a craft
8. Attended an event, performance or festival involving creative, artistic, dance, theatrical or music activity
9. Attended a live sports event
10. Used a public library service
11. Attended a museum or gallery

96 None of these

[INFO]

- {Walking}: Include all continuous walks without stopping. If you stop for short breaks, such as waiting to cross a road this still counts as continuous. Exclude walking around the shops. Include all other walking such as walking for travel, walking the dog and walking for leisure.
- {Gardening}: Include gardening at home, at an allotment, conservation related gardening and any other gardening
- ⊖ {Sport, fitness or recreation activity}: Only include time spent actually taking part. Exclude any coaching, instruction or teaching of other people doing these activities. Exclude any time spent refereeing or officiating.
- {Dance}: Include all forms of dance including artistic dance, dance for fitness and dancing socially.
- {Spent time doing arts}: Include any activities connected with painting, artistic photography, sculpture, digital or electronic art/music, crafts, music, literature, drama and the theatre, carnivals, circus and festivals. Include professional, amateur and faith based activities in your local area and elsewhere.
- {Attended arts}: Include indoor or outdoor events, performances or festivals connected with painting, sculpture, crafts, music, literature, dance, drama and the theatre, carnivals and circus. Include photography exhibitions. Include professional, amateur and faith based events in your local area and elsewhere. Include attending a live cinema screening of an arts or creative event or performance. Do not include attending the cinema to watch a film.
- {Attended live sports event}: Include all matches and competitions, including professional sport as well as watching family and friends compete.
- {Used a public library service}: Include public library services used in your local area and elsewhere during visits to library buildings and mobile libraries

as well as library services accessed online. Include book borrowing, e-book borrowing, accessing information, or attending meetings, events, courses, or clubs.

- {Attended museum/gallery}: Include museums and galleries attended in your local area and elsewhere

[If ACT1 = 9, ask the question for live sports events

CULFRQ

SA

How many times have you attended a live sports event in the past 12 months (since {text fill 12 months ago})?

1. Once
2. Twice
3. Three or more times

If ACT1=9 (Live sports event)

CULMTH

SA

Have you attended a live sports event in the past 4 weeks since {date 4 weeks ago}?

Yes

No

TIMING POINT 2

{B WHICH ACTIVITIES DONE AND WHEN}

TIMING POINT 3

[If ACT1=1 (walking)]

WALK1

MA

Thinking about the past 12 months (since {text fill 12 months ago}), what types of walking have you done? Include all walking, however short the walk.

INFO: *What type of walking should I include?*

Include all continuous walks without stopping. If you stop for short breaks, such as waiting to cross a road this still counts as continuous.

1. Walking for travel INFO: Walking for travel is walking primarily to get from place to place (e.g. walking to work), rather than for the purpose of health or recreation. Include walking all or part of the journey.
2. Walking for leisure (includes dog walking and rambling) INFO: Include all walking done in your free time, this might be a walk round the park or in the countryside. Include walking the dog, Nordic walking and power walking.
- 4 Hill or mountain walking, trekking or hiking

[If ACT1=3 (cycling)]

CYC1

MA

Thinking about cycling, in the past 12 months (since {text fill 12 months ago}), what types of cycling have you done?

INFO: *What type of cycling should I include?*

Include any casual cycling in your local area, any cycling in the countryside or on cycling routes, cycling to or from work or any competitive cycling.

1. Cycling for travel (including commuting) INFO: Include cycling all or part of the journey
2. Cycling for leisure INFO: Include all leisure or recreational cycling, this could include riding along the riverbank or towpath, a ride in a park, or recreational rides using roads (training or competitive cycling on roads should be included under road cycling or racing)
3. Mountain biking INFO: Please only include off-road cycling, regular use of a mountain bike should be included under cycling for leisure
4. BMX
5. Road cycling or racing INFO: Please only include cycling as part of training or competitive riding, recreational cycling on roads should be included under cycling for leisure
6. Track cycling
7. Cyclo-cross
96. None of these {INFO: Spinning classes and use of exercise bikes will be asked about later in the survey}

[If ACT1=6 (dance)]

DANCE

MA

In the past 12 months (since {text fill 12 months ago}), what types of dance have you done?

1. Creative or artistic dance INFO: For example ballet, ballroom, belly dancing, contemporary, contact improvisation, Flamenco, folk, hip-hop, historical/period, Irish, jazz, jive, Latin American, line or square dancing, salsa, street dance, South Asian, tango or tap.
- 2 Dance-based class (e.g. Zumba, fitsteps, raverise or body jam) [(DUPLICATE). Use old ZUMBA code]
4. Other types of dance INFO: Include dancing at parties or nightclubs and gaming based dance such as Just Dance – Wii, Wii U, PS4, Kinect
96. None of these

[ASK if ACT1= 4 (Sport, fitness or recreation activity)]

ACTIVINT

We are interested in a wide variety of different types of sports, fitness or recreation activities. Think about all the activities you've done in the past 12 months (since {textfill 12 months ago}).

INCLUDE activities done socially, casually, for health and fitness, for competition, training or receiving tuition,

DO NOT include any teaching, coaching or refereeing you may have done. (you will be asked about these activities later in the questionnaire).

[ASK if ACT1= 4 (Sport, fitness or recreation activity)]

ACTIV1

MA

In the past 12 months, have you done any of these activities?

{From these options participants will be offered drop downs for sport breakdowns – this should remove the need for examples – lists are shown below}

{there will also be a text box to enter an answer which will search on the relevant answer options to select from. Once selected the full list will return}

You can select activities you have done in two ways:

- 1) **By selecting activities from the expandable list below**
- 2) **By typing the name of the activities in the search box below and selecting the relevant options that appear.**

Press 'Clear' to empty the text box. Do not press the enter key or 'Go' on your keypad until you have completed the question.

[BOX with space to type and a clear button]

1. Team sports
2. Racket sports
3. Adventure, outdoor and water sports
4. Leisure activities and games
5. Combat sports, martial arts or target sports
6. Winter sports
7. Swimming, diving or water polo
8. Running, athletics or multi-sports

9. Golf
10. Horse riding
11. Bowls
12. Gymnastics, including trampolining and cheerleading
13. Roller or skating sports
14. Motor sports

ACTIV2 list should now appear on the same list as ACTIV1. We will retain the ACTIV1/ACTIV2 numbering but participants will see it as one list
5 Fitness activity or class

95. Other sport or fitness activities
96. None of these

[Answers which have been selected are shown at the top and bottom of screen for respondent reference]

{Lists of sport for second level which appear when top level is selected}
{ALL MA NO INSTRUCTION}

ACTIV1_1

1. Football
2. Cricket
3. Rugby union
4. Rugby league
5. Touch rugby
6. Netball
7. Basketball
8. Wheelchair basketball
9. Field hockey-{programmer – all follow ups from this code now need to use the term field hockey]
10. Volleyball INFO: including beach and sitting
11. Rounders
12. Dodgeball
13. Baseball or softball
14. Lacrosse

ACTIV1_2

- 1 Tennis INFO: Include cardio tennis and wheelchair tennis
- 2 Badminton
- 6 Squash or racketball
- 5 Table tennis

ACTIV1_3

1. Climbing or mountaineering
2. Caving or pot holing
3. Abseiling
4. Orienteering
5. Parkour or free running
6. Rowing
7. Sailing
8. Windsurfing
9. Gliding, paragliding or handgliding

10. Canoeing or kayaking
11. Rafting
12. Water skiing or wakeboarding
13. Surfing, body surfing, body boarding, kite surfing, paddle boarding
14. Scuba diving or snorkelling
15. Life-saving

ACTIV1_4

1. Angling or fishing
2. Archery
3. Fencing
4. Ice skating
5. Frisbee or ultimate frisbee
6. Rounders
7. Garden trampolining
8. Walking for leisure (includes dog walking and rambling) INFO: Include all walking done in your free time, this might be a walk round the park or in the countryside. Include walking the dog, Nordic walking and power walking.
9. Cycling for leisure INFO: Include all leisure or recreational cycling, this could include riding along the riverbank or towpath, a ride in a park, or recreational rides using roads (training or competitive cycling on roads should be included under road cycling or racing)
10. Ten-pin bowling
11. Croquet
12. Snooker
13. Pool
14. Darts

ACTIV1_5

1. Archery
2. Boxing
3. Fencing
4. Judo
5. Taekwondo
9. Tai chi
6. Martial arts
7. Shooting
8. Wrestling

ACTIV1_6

1. Skiing
2. Snowboarding
3. Sledding, luge, tobogganing
4. Ice hockey
5. Ice skating

ACTIV1_7

8. Swimming INFO: Includes swimming in both pools and open water; includes synchronised swimming
4. Diving INFO: Includes springboard or platform diving

5. Scuba diving or snorkelling
6. Water polo
7. Life-saving

ACTIV1_8

1. Track and field athletics
2. Outdoor running or jogging INFO: Include road, cross country and beach
3. Fell or trail running
4. Running machine or treadmill
5. Triathlon (includes aquathlon and duathlon)
6. Obstacle course (e.g. Tough Mudder, Spartan, Rat Race) (NEW CATEGORY)

ACTIV1_9

1. Full course golf
2. Short course golf, par 3, pitch and putt, putting
3. Driving range
4. Adventure or crazy golf

ACTIV1_10

1. Hacking or pony trekking
2. Schooling
3. Show jumping
4. Dressage
5. Eventing
6. Other horse riding

ACTIV1_11

1. Carpet bowls
2. Crown green bowls
9. Flat green bowls (NB – wave 7 to wave 11 this was 1_11_8 but this overlapped with postal bowls so was changed in wave 12 on 14/10/16)
3. Short mat bowls
4. Boccia
5. Boules, petanque, deck bowls

ACTIV1_12

1. Gymnastics
2. Trampolining
3. Garden trampolining
4. Cheerleading

ACTIV1_13

1. Rollerskating, inline skating, rollerblading
2. Skateboarding
3. Ice skating

ACTIV1_14

1. Karting or go-karting
2. Motorcycle racing INFO: including time trial, sprint, rallying, circuit, road, speedway
3. Motorcar racing INFO: including time trial, sprint, rallying, circuit, road, speedway

NB: FOLLOWUPS FOR ACTIV3 AND SETTINGS: Only need to ask for Motorsports combined (ACTIV1_14_1 or ACTIV1_14_2 or ACTIV1_14_3) (use textfill so they only see what is relevant: karting if only did karting, Motorcycle racing if only did Motorcycle racing and karting and Motorcar racing if did both and so on)

ACTIV2_5

1. A session combining several gym or fitness machines or activities (HIDDEN CODE AT THIS STAGE – LATER ROUTING AND RULES AT ACTIV2_5_2 and COMBCHK will put some cases in this category)
2. Exercise machine INFO: Includes cardio and resistance machines
3. Body weight exercises (e.g. pull ups, press ups, sit ups) (MOVED from ACTIV2_5 cat 4)
4. Free weights (includes kettlebells and dumb-bells) (MOVED FROM ACTIV2_5_2)
5. Skipping (MOVED from ACTIV2_5 cat 5)
6. Weightlifting or powerlifting (using a barbell) (MOVED FROM ACTIV2_5_2)
7. Circuit training (MOVED from ACTIV2_5 cat 6)
8. Cross training (MOVED from ACTIV2_5 cat 9)
9. Bootcamp (e.g. drill sergeant, military fitness) (MOVED from ACTIV2_5 cat 10)
10. Cross fit (MOVED FROM 17)
11. Pilates (MOVED FROM ACTIV2_5_3)
12. Yoga (MOVED FROM ACTIV2_5_3)
22. Tai chi
13. Boxing class (e.g. Boxercise, body combat) (MOVED FROM ACTIV2_5_3) and drop info
14. Cardio class (e.g. aerobics, step aerobics, body attack) (MOVED FROM ACTIV2_5_3)
15. Core strength class (e.g. legs, bums and tums, body balance) (MOVED FROM ACTIV2_5_3)
16. Cycle class (e.g. spinning, RPM) NEW CATEGORY TO REPLACE SPINNING
17. Dance-based class (e.g. Zumba, fitsteps, raverise or body jam) (MOVED FROM ACTIV2_5_3)
18. High intensity (e.g. HIT, insanity) (NEW)
19. Water-based class (e.g. aquaerobics, aquafit) NEW CATEGORY TO REPLACE aquaerobics
20. Weights-based class e.g. body pump, kettlebell (MOVED FROM ACTIV2_5_3)
21. Other fitness or exercise class (MOVED FROM ACTIV2_5_3)

[If ACTIV1/2=95 (other)

ACTOTH1

Type in the name of the other sport or fitness activities you have done in the past 12 months.

Please enter one activity per box below and please enter as much detail as possible about the type of activity.

Do not press the enter key or 'Go' on your keypad until you have completed the question.

{SPACE FOR ENTERING UP TO THREE SPORTS WHICH SEARCHES FOR EXISTING SPORTS/ ALLOWS THEM TO RECORD A SPORT NOT FOUND – this does not link to

existing categories but allows text to be selected which matches existing categories which will facilitate back coding later.}

{SEPARATE FOLLOW UP QUESTIONS FOR SOME ACTIVITIES – THIRD LEVEL OF DETAIL}

[ASK IF ACTIV1_3=1]

ACTIV1_3_1

MA

In the past year, what type of climbing or mountaineering have you done?

1. Rock climbing or bouldering
2. Climbing or bouldering wall
4. Mountaineering and scrambling
5. Hill or mountain walking or hiking

96 None of these (**DP - no follow up questions**)

[ASK IF ACTIV1_1=1]

ACTIV1_1_1

MA

In the past year, what type of football have you done?

1. 11 a-side football
2. Small sided football
3. Futsal
4. Walking football
5. Other football

96 None of these (**DP - no follow up questions**)

[ASK IF ACTIV1_1=2]

ACTIV1_1_2

MA

In the past year, what type of cricket have you done?

1. Long form cricket match (e.g. 40-50 overs)
2. Short form cricket match (e.g. 20:20)
6. Cricket nets or practice
3. Other cricket

96 None of these (**DP - no follow up questions**)

[ASK IF ACTIV1_1=3]

ACTIV1_1_3

MA In the past year, what type of rugby union have you done?

1. 15 a-side rugby union
2. Touch rugby union
3. Rugby sevens
4. Tag or other rugby union

96 None of these (**DP - no follow up questions**)

[ASK IF ACTIV1_1=4]

ACTIV1_1_4

MA

In the past year, what type of rugby league have you done?

1. 13 a-side rugby league

- 2. Touch rugby league
- 3. Tag or other rugby league
- 96 None of these (**DP - no follow up questions**)

[ASK IF ACTIV1_1=5]

ACTIV1_1_5

MA

In the past year, what type of touch rugby have you done?

- 1. Touch rugby union
- 2. Touch rugby league
- 96 None of these (**DP - no follow up questions**)

[ASK IF ACTIV1_3=7]

ACTIV1_3_7

MA

In the past year, what type of rowing have you done?

- 1. Water based rowing
- 2. Rowing machine
- 96 None of these (**DP - no follow up questions**)

**CHANGE TO LATER ROUTING AS A RESULT: ANY ROUTING BASED ON
activ1_5_4_1, activ1_5_4_2, activ1_5_4_3 SHOULD NOW BE BASED ON activ1_5_4**

[ASK IF ACTIV1_5=6]

ACTIV1_5_6

MA

In the past year, what type of martial arts have you done?

- 1. Karate
- 2. Ju-Jitsu
- 3. Aikido
- 4. Chinese martial arts
- 5. Other martial arts
- 96 None of these (**DP - no follow up questions**)

[ASK IF ACTIV1_5=7]

ACTIV1_5_7

MA

In the past year, what type of shooting have you done?

- 1. Airgun (including pistol)
- 2. Rifle
- 3. Shotgun
- 96 None of these (**DP - no follow up questions**)

**NB – Although this question about shooting type is retained – followups at ACTIV3
and SETTING only need to be asked about shooting (ACTIV1_5_7) rather than each
type of shooting**

[ASK IF ACTIV1_7=8]

ACTIV1_7_8

MA

In the past year, what type of swimming have you done?

- 1. Indoor swimming
- 2. Outdoor pool swimming

3. Open water swimming
96 None of these

[ASK IF ACTIV2_5=2 – Exercise machine]

ACTIV2_5_2

MA

In the past year, what type of exercise machine have you used?

1. Cross training machine (e.g. Cross trainer, SkiErg) [NB new order]
2. Exercise bike
3. Resistance weights machines
4. Rowing machine
5. Step machine
6. Treadmill
7. Other exercise machine

96 None of these (**DP - no follow up questions**)

[ASK IF ACTIV1_7_8=1]

ACTIV1_7_8_1

In the past year, what type of indoor pool sessions have you done?

1. Casual swim
2. Lane swimming
3. Fun session (i.e. floats and inflatables)
4. Swimming lessons/coaching sessions
5. Other sessions

[IF TWO OR MORE ACTIVITIES REPORTED FROM AMONG THESE OPTIONS:

ACTIV2_5=3 or 4 or 5 or 6 (body weight, free weights, skipping, weight lifting or power lifting)
OR ACTIV2_5_2=1,2,3,4,5,6,7)

**NEW CHECK
COMBCHK**

You have told us you have taken part in the following activities, were any of these as part of a combined session? Please tick all those done in a combined session. INFO: A session combining several gym or fitness machines or activities.

[PROGRAMMER: Show list of activities done from the categories listed in the routing
PLUS – None done in a combined session]

With a column heading – In combined session.

With option for them to select any or all of the answers (but None of these is cardinal – cannot combine with other categories.

NEW RULE

If COMBCHK=none of these then for ACTYR, ACTMTH, ACTIV3 and Setting questions ask about individual activities they have reported at ACTIV2_5 and ACTIV2_5_2

If COMBCHK has any activities ticked then:

Code ACTIV2_5=1 (so make it as if they have done a combined gym session which will then be followed up in later questions)

For any activities not selected at COMBCHK then ask about them individually at ACTYR, ACTMTH, ACTIV3 and SETTINGS.

{Links between searched text and categories for programmer}

{ RPM=Spinning

Grit, HIIT=High Intensity Training
Body Attack, Body Step, Insanity= Cardio Based
Medau, Body Jam=Other Dance-based Fitness
Body Balance, Body Conditioning, Body Vive = Core Strength
Boxercise, Body Combat=Boxing Fitness
Body Pump, Kettlebell, Kettlecise = Weights Based
Aquafit, Aquacise = Aquaerobics}

{Links between searched text and categories for programmer}

{Watt bike, turbo bike= Exercise Bike
Weightlifting, Lifting, Snatch, Clean and Jerk, Power Snatch, Deadlift, Bench press, Power
Clean, Barbells= Weightlifting or powerlifting
Kettlebells, Dumbbell= Free weights

TIMING POINT 4

[If ACTIV1_5_6 =6 (Other martial arts)]

ACTOTH2

Type in the name of the other martial art you have done in the past 12 months.
Please enter as much detail as possible about the type of activity.
Do not press the enter key or 'Go' on your keypad until you have completed the question.

SPACE FOR ONE ACTIVITY

[IF ANY ACTIVITIES MENTIONED AT WALK1, CYC1, DANCE or ACT1=gardening, ACTIV1 or ACTIV2 or ACTOTH1 or ACTOTH2 – if ACTIV1/2=95 don't show other category (sport, fitness or recreation activities), show wording from ACTOTH1]

QSPCHECK1

This is a list of all the walking, cycling, gardening, dance, sport and fitness activities that you have done in the past 12 months, *that is since [INSERT DATE DEPENDING ON DAY OF SURVEY]:*

<FULL LIST OF ALL ACTIVITIES SELECTED AT WALK1,CYC1, ACT1 (Gardening), DANCE, ACTIV1/ACTIV2 and follow up questions to third level >

Are there any other sport or fitness activities that you have done in the past 12 months, that is since {^INSERT DATE 12 MONTHS PRIOR TO INTERVIEW^}?
Do not press the enter key or 'Go' on your keypad until you have completed the question.

{SPACE FOR ENTERING UP TO TWO SPORTS WHICH SEARCHES FOR EXISTING SPORTS/ ALLOWS THEM TO RECORD A SPORT NOT FOUND – this does not link to existing categories but allows text to be selected which matches existing categories which will facilitate back coding later.}

No (box)

[IF NO ACTIVITIES MENTIONED AT WALK1, CYC1, DANCE or ACT1=gardening, ACTIV1 or ACTIV2 or ACTOTH2 and ACT1=4]

QSPCHECK2

Are there *any* sport or fitness activities *that we haven't asked about* that you have done in the past 12 months, that is since {^INSERT DATE 12 MONTHS PRIOR TO INTERVIEW^}?

{SPACE FOR ENTERING UP TO TWO SPORTS WHICH SEARCHES FOR EXISTING SPORTS/ ALLOWS THEM TO RECORD A SPORT NOT FOUND – this does not link to existing categories but allows text to be selected which matches existing categories which will facilitate back coding later.}

No (box)

Club membership

[For each sport or activity done in the last 12 months (for which they have said yes to ACTIV1), ask a new question which would be asked for each activity.

Only ask at SPORT level. ASK for ALL SPORT LEVEL ACTIVITIES EXCEPT WALKING FOR TRAVEL (walk1_1) AND CYCLING FOR TRAVEL (CYC1_1), Other dance(dance_4), ACTIV1_4_14 (Darts), ACTIV1_4_12 (snooker), ACTIV1_4_13 (pool), ACTIV1_4_10 (Ten-pin bowling), Garden trampolining, Caving or potholing (1_3_3) or abseiling (1_3_4). See SEPARATE EXCEL LIST for confirmation]

SHOW AS GRID

Put this on rotation so it is only asked of half the sample. See grid at the top for details

Club

SA

Are you a member of a club or organisation *INFO*: Include clubs, fitness centres, gyms and other organisations that provide opportunities to take part in the sport or activity.

in order to do:

IN GRID

LEFT HAND COLUMN

{textfill activity: SPORT level}?

THEN SHOW YES AND NO AS COLUMN HEADINGS– LIKE ON BREATHING QUESTIONS

Yes

No

PLUS FOR ACTIV2_5 – THERE IS A DIFFERENT WORDING SO DO NOT SHOW AS A GRID

For gym activities (ANYTHING UNDER ACTIV2_5) just ask once if ACTIV2_5 activities are selected (WHETHER AT ACTIV2_5 OR ACTIV2_5_2 AND REGARDLESS OF ANSWER TO COMBCHK). Use alternative wording

Are you a member of a gym or fitness club?

Ideally just use textfill to achieve this.

TIMING POINT 5

TIMING POINT 6

[ASK FOR Walking from WALK1 and cycling types from CYC1, GARDENING, Dance type from DANCE EACH SPORT MENTIONED AT ACTIV1 and sub groups, ACTIV2 and sub groups, as well as follow up ACTIV questions (third level)]
ACTYR

MA per ROW

Not only are we interested in which activities you have done over the past 12 months, but also when you have done the activities throughout the year.

During which periods over the past 12 months have you done the following {activity/activities}? For each activity, select all boxes that apply.

For each activity, select all boxes that apply. If you have done the activity throughout the year select all three periods.

[INFO: Example “*I usually play football all year round but 6 months ago I had an injury which meant I couldn’t play for a few months. So I would select the most recent time period and the period 7-12 months ago. I walk to work every week day all year round. So I would select all three time periods.*”]

{Grid on web and vertical on mobile for each activity mentioned from q1}

{This will be presented down to specific level of subcategories for ACTIV1 and ACTIV2 (categories plus expanding options) as well as any further breaks from the extra follow up ACTIV questions (third level)}

DOWN SIDE OF GRID

Activities WALK1, CYC1, GARDENING FROM ACT1 (6), Type of dance from DANCE, ACTIV1 /ACTIV2 and expanding categories, as well as any further breaks from the extra follow up ACTIV questions (third level if mentioned by that participant – textfill)

SHOW WORDING OF ACTIVITY with any relevant INFO buttons.
Repeat header rows every 9 rows when displayed in grid format.

{SPLIT FOR IMPLEMENTATION:

Grid 1: Break grid into WALK1, CYC1, DANCE and GARDENING (from ACT1)

Grid 2: ACTIV1 and expanding

Grid 3: ACTIV2 and expanding}

ACROSS TOP OF GRID (ALL HEADINGS IN BOLD)

Heading: During which periods have you...

Since {textfill nearest three 3 months}

{textfill nearest 4-6 months}

{textfill nearest 7-12 months}

{between 11 and 20 of month do from mid month to mid month. From 1-10 month do for previous whole months. From 21-21 include last incomplete month as one of the months}

Examples of how this works for October dates:

Since mid July 2015

Mid April 2015 to mid July 2015

Mid October 2014 to mid April 2015

On 6th oct

Since the beginning of July 2015

April 2015 to end June 2015

October 2014 to end March 2015

On 22nd Oct

Since the end of July 2015.

May 2015 to end July 2015

November 2014 to end April 2015

The cut off for these methods is just 1-10 for early part of month, 11-20 for mid month and 21 to 31 for late month.}

[IF only one time period ticked on each row – Error message]

You have said that you have undertaken the {activity / activities} during just one time period during the past year. If this is not correct and you took part in the {activity/activities} at other times during the year, please select all the other time periods that you undertook the activity in

[Only ask check once, if participant still doesn't select more than one time period for the activity / activities then let them move on]

[IF ACTYR=in the past three months for at least one activity]

ACTMTH

SA per ROW

You have told us you have done {this activity / these activities} in the past three months: Have you done these activities/ this activity {textfill according to number mentioned} in the past 4 weeks since {date 4 weeks ago}?

DOWN SIDE OF GRID

SHOW WORDING OF ACTIVITY with any relevant INFO buttons.

Repeat header rows every 9 rows when displayed in grid format.

{SPLIT FOR IMPLEMENTATION:

Grid 1: Break grid into WALK1, CYC1, DANCE and GARDENING (from ACT1)

Grid 2: ACTIV1 and expanding

Grid 3: ACTIV2 and expanding}

SHOW WORDING OF ACTIVITY with any relevant INFO buttons

ACROSS TOP OF GRID:

Heading: In the past 4 weeks since {textfill date 4 weeks before today}

Yes
No

TIMING POINT 7

{C. DETAILED INFORMATION FOR ACTIVITIES IN PAST 4 WEEKS}

TIMING POINT 8

[ASK FOR EACH SPORT MENTIONED AT ACTIV1, and sub groups, ACTIV2 and subgroups, as well as any further breaks from the extra follow up ACTIV questions. Dance type from DANCE, Walking from WALK1 and cycling types from CYC1] and for which ACTMTH=1]

ACTIV3 MA per ROW

{Display as single page per activity on all devices

Each activity mentioned: Walking from WALK1 and cycling types from CYC1, Gardening from ACT1, Dance type from DANCE, and activities from ACTIV1/2, and sub questions, as well as any further breaks from the extra follow up ACTIV questions]

We would now like to ask you some details about the activities that you have done in the past 4 weeks since {textfill Date 4 weeks ago}.

For each activity that you have done, please answer these questions

During the past 4 weeks, on how many days did you do the activity?

[INFO

If you do the activity regularly every week over a 4 week period:

Once a week is 4 days

Twice a week is 8 days

Every week day is 20 days

Every day is 28 days

Every weekend day is 8 days]

Days [RANGE 1-28]

How much time did you usually spend doing that activity on each day that you did the activity? [INFO: Only include time actually spent doing the activity. Do not include time spent getting to and from venues, time spent changing or socialising. If you do the activity more than once in a day please add up the total time for a usual day. If the time spent doing the activity varies from day to day please give the time you usually spend.]

Hours [Number range 1 to 16]

Minutes [Number range 0 to 119]

{DP: please allow participants to answer up to 120 minutes but no hours given or in hours and minutes e.g. 90 minutes or 1 hour 30. Do not permit minutes above 59 as well as hours in same answer. Above 119 minutes only allow hours and minutes format – if this is possible then remove text above about using hours and minutes}

{from 14/10/16 Wave 12 effort questions were not asked for every activity. In some cases the level was assumed. See associated excel sheet with details of each activity

and assumptions made: 20160421 Phase 2 Settings and activities FOR MAINSTAGE intensity w12 v22.xls – later updated to V23 and V24}

**Was the effort you put into the activity usually enough to:
raise your breathing rate?**

Yes

No

make you out of breath or sweat?

Yes

No

MUSCLEA

SA

Was {activity} enough to make your muscles feel some tension, shake or feel warm?

1.Yes

2.No

{Don't know assumed from clicking past this question – allow people to click past but put in a check for any element which is missing: 'You did not give an answer to...If you wish to give an answer please go back and amend, otherwise you may continue}

[LOGIC CHECK. (RANGES RELATE TO INDIVIDUAL SPORTS). VALUES OUTSIDE THESE RANGES STILL PERMITTED. PROGRAMMER PLEASE SEE SEPARATE LIST OF RANGES]

RANGECK

SA

You said you spend this much time doing these activities.

Message in green italics

Please review your answers and select yes or no to indicate whether it is correct. If the time is not correct then you will be taken back to the previous question so you can change your answer

Display answers given for those which are out of range.

1. Yes

2. No

IF = 1 GO TO NEXT QUESTION.

IF = 2 GO BACK AND CORRECT ACTIV3.

[IF WALK1=1 AND TIME<20 MINS] KETAN- THIS WAS IN OLD SPEC _NOT SURE IT IS ON PROGRAM (OR HAS EVER BEEN?)

WLKCHK

You said you walked for travel for {minutes mentioned}. Did you include all the walking for travel you did on a usual day?

Yes

No {allow them to go back and change}

TIMING POINT 9

SETTING

NEW TIMING POINT 10

[For each sport or activity done in the last 4 weeks (for which they have said yes to ACTMTH – Discipline level), after the ACTIV3 series of questions, insert new questions which would be asked for each activity (down to same level as actmth is asked). Some activities are excluded totally– see list. Exclude walking for travel and cycling for leisure WALK1_2, CYC1_2 and running/ jogging (ACTIV1_8_2) (except for QUESTIONS: LOCAL1, LOCAL2). The specific settings are only be relevant for certain activities. A separate sheet hyperlink has been provided for the relevant setting to show which activities it should be asked for.] These will follow from the breathing questions for each activity

INOUT_1_1_1_1 etc (also WALK1_1 etc)

MA

Do you usually do {activity textfill} indoors or outdoors?

1 Indoors

2 Outdoors

{if they try to go past please check but then offer them the option to say:

98 Don't know

99 Prefer not to say – don't force answer but also don't offer prefer not to say on initial question}

INOUTD: [Follow up for people selecting BOTH indoor and outdoor activity – for these major activities only if INOUT=1 and 2 for a single activity from this list AND days at ACTIV3>1 for that activity (KK to advise):

ACTIV1_1_1_2 Small-sided football

ACTIV1_2_1 Tennis

ACTIV1_1_8 Basketball

ACTIV1_11_8 Flat green bowls]

A1_1_2_6 Cricket nets/practice

A1_1_7 Netball

A1_3_1_2 Climbing or bouldering wall

A2_5_10 Bootcamp

A2_5_1 Gym session

INOUTD

You have already told us you have done {textfill number of days} days of {textfill sport/activity} in the last 28 days. How many of these days were done outdoors?

NUMBER: UP TO 2 DIGITS

{if they try to go past please check but then offer them the option to say:

98 Don't know

99 Prefer not to say – don't force answer but also don't offer prefer not to say on initial question}

[If INOUT=1 for that activity (indoors)]

SETIN_1_1_1_1 etc

SA

Where do you usually do {activity textfill} {textfill indoors if INOUT-1 and 2}?

INFO: If you do the activity in more than one place, please select the places you do the activity most often or for the most time.

1 At home

2 Leisure/Fitness/Sport Centre or Gym INFO: includes sports halls/centres at universities

14. In a school or college hall INFO: E.g., school or sixth form college

3 Community centre or village hall (not dedicated to sport) INFO: Includes school halls

12 {Specialist Facility textfill – wording on list}

95 Other

{if they try to go past please check but then offer them the option to say:

98 Don't know

99 Prefer not to say – don't force answer but also don't offer prefer not to say on initial question}

[If INOUT=2 for that activity (outdoors)]

SETOUT_1_1_1_1 etc

SA

Where do you usually do the {activity textfill} {textfill outdoors if INOUT-1 and 2}?

INFO: If you do the activity in more than one place, please select the places you do the activity most often or for the most time.

1 At home

2 Leisure, fitness or sport centre

14 On a school or college playing field, pitch or court

4 Local park, recreation ground or green space

5 Historic Estates and Gardens

6 Countryside (includes forest or woodland paths, bridleways, beaches and towpaths)

8 Sea

10 Inland water (includes rivers, lakes, canals, reservoirs)

11 On the road or pavement

12 {Specialist facility textfill - wording on list }

95 Other

{if they try to go past please check but then offer them the option to say:

98 Don't know

99 Prefer not to say – don't force answer but also don't offer prefer not to say on initial question}

[If SETOUT=2 for that activity (for subgroup of activities – see list)]

Surface_1_1_1_1 etc

SA

What type of surface do you usually use for {activity textfill} outdoors?

INFO: If you do the activity on more than one surface, please select the surface on which you do the activity most often or for the most time.

1 Grass

2 Artificial

3 Hard surface

{if they try to go past please check but then offer them the option to say:

98 Don't know

99 Prefer not to say – don't force answer but also don't offer prefer not to say on initial question}

[For Walking (ACTMTH_WALK1_2) or cycling for leisure (ACTMTH_CYC1_2) in last 28 days]

LOCAL1

SA

When {textfill activity – in original form e.g. walking for leisure (includes dog walking and rambling)}, where do you usually start and finish your (textfill – 'cycle ride' for cycling for leisure and 'walk' for walking for leisure)?

1. Start and finish somewhere near home
2. Start and finish at my place of work or education (e.g. in lunch break) {walking only}
3. Start or finish somewhere else I travel to or from (go by car or public transport to get there or back)

{if they try to go past please check but then offer them the option to say:

98 Don't know

99 Prefer not to say – don't force answer but also don't offer prefer not to say on initial question}

[For running and jogging in last 28 days (ACTMTH_A1_8_2)]

LOCAL2

When running or jogging, where do you usually start and finish?

SA

1. Start and finish somewhere near home
2. Start and finish at my place of work or education (e.g. in lunch break)
3. Run from home to place of work/education or place of work/education to home (commuting)
4. Start or finish somewhere else I travel to or from (go by car or public transport to get there or back)

{if they try to go past please check but then offer them the option to say:

98 Don't know

96 Prefer not to say – don't force answer but also don't offer prefer not to say on initial question}

WHO THEY PARTICIPATED WITH

Ask after Setting questions for each activity looped in with settings. If setting is not asked it will come after breathing questions and if breathing questions are not asked it will come after time spent but on a new page.

WHOWITH

MA: Please select all that apply, thinking of all the times you have done this activity in the last 4 weeks

PROGRAMMER: Use the same activity list as for all the other follow-ups to activities in the last month but without exceptions

In the last 4 weeks [since date 4 weeks ago] who have you done {activity textfill} with?

1 I have done it alone INFO: You can select this if you have done the activity alone at any point in the last 4 weeks, even if at other times you did the activity with others

2 With children from my family under 16 years old (e.g. children, grandchildren, siblings)

3 With adults or young people aged 16 and over from my family (e.g. partner, parents, in-laws, adult siblings)

4 With other people outside my family (e.g. friends, colleagues, team mates, house mates and any other non-relative)

NEW TIMING POINT 11

D. Feelings about sport and activities

NEW TIMING POINT 12

Habit questions

1) The program has been set up so there are two questions HABIT1 and HABIT2. Each person can be asked any of the following combinations:

HABIT1 and HABIT2

HABIT1 only

HABIT2 only

Neither question.

2) Each of them (HABIT1 and HABIT2) would only ever be asked once. If someone has two or more sports qualifying for HABIT1 then a sport is randomly chosen from among the eligible sports. It is important that the program keeps a record of which sport was being referred to when asking HABIT1/ HABIT2.

3) HABIT is asked at the sport level. A separate spreadsheet has been provided (sports and disciplines) which has a tab for HABIT. For example. If someone does 11 a side and small sided football, then their time/ pattern for both of them combined needs to be taken in consideration when deciding which of the HABIT questions should be asked. Also the question would ask 'Thinking about football'.

4) Criteria for selecting the sports for which to ask the habit questions:

HABIT1

Description: Ask for a randomly selected activity from the pool of all activities done in the last month (except any which were done for 20 or more sessions and in every time period in the last year). All activities except gardening can be included in the pool to select from

RANDOMLY SELECT ONE ELIGIBLE ACTIVITY

ELIGIBLE ACTIVITIES:

- DONE IN THE LAST 28 DAYS (ACTMTH=1) **and**
- NOT done in every time period **and**
 - *INCLUDE if actyr = 1 and 2 but not 3 or 1 and 3 but not 2, or 2 and 3 but not 1. (i.e. NOT actyr=1 and 2 and 3)*
 - *EXCLUDE if actyr=1 and 2 and 3*
- NOT done for 20 or more days in last 28 and
 - *INCLUDE if ACTIV3 (DAYS)<20*

- *EXCLUDE if ACTIV3 (DAYS)>=20*
- ACTIVITY IS ANYTHING EXCEPT GARDENING (ACT1_2)
 - INCLUDE ALL ACTIVITIES EXCEPT GARDENING

HABIT2

Description: Ask for a randomly selected activity from the pool of all activities done in the last year but not in the last month (either because they didn't do them in the last 3 months (actyr<>1) or they did in the last three months (actyr=1) but not the last month (actmth<>1)

RANDOMLY SELECT ONE ELIGIBLE ACTIVITY

ELIGIBLE ACTIVITIES:

- DONE IN LAST YEAR (ANY ACTIVITY FOR WHICH ACTIV1=YES (1) **and**
- NOT done in the last month
 - ACTMTH=no (2) **OR**
 - ACTYRa=no (0)
- ACTIVITY IS ANYTHING EXCEPT GARDENING (ACT1_2)
 - INCLUDE ALL ACTIVITIES EXCEPT GARDENING

5) Question wording is the same for both HABIT and HABIT2

Lay this out on one page (HABIT1 on one page and HABIT2 on another) with agree disagree scale on vertical after each statement.

HABIT1/ HABIT2

Thinking about {**TEXTFILL: activity at Sport level**}. To what extent do you agree or disagree with these statements?

SA

A The activity is part of my routine.

B I don't need to think about whether to do the activity – I just do it.

C The activity is typically me.

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly disagree

98 Don't know

99 Prefer not to say

- 6) Formatting. Please ensure that the question wording is the same font size and weight as other questions. Also please ensure that the activity name is highlighted – at least underlined. In addition can you do a banner at the top of the page like that on ACTIV3 with the sport in a turquoise background?

Readiness

READY1

SA

Thinking about physical activity generally, to what extent do you agree or disagree with these statements? (INFO BOX Please think about this in relation to sports, fitness and recreational activities and NOT other times outside of this when you are physically active i.e. at work or doing housework)

READYAB1 I feel that I have the ability to be physically active (INFO BOX Ability includes physical ability and confidence)

READYOP1 I feel that I have the opportunity to be physically active (INFO BOX Opportunity includes things such as having somewhere to do it, being able to afford it, having the right kit, support from family, someone to take part with etc)

1. Strongly agree
 2. Agree
 3. Neither agree nor disagree
 4. Disagree
 5. Strongly disagree
- 98 Don't know
- 99 Prefer not to say

Motivation

Apply a filter so that people who HAVE done at least 2 sessions of moderate intensity sport in the last 28 days are asked about sport and those who HAVE NOT are asked about exercise. Not having done 2 sessions of moderate intensity sport in the last 28 days includes because they did nothing at all in last year (ACT1= none of these), they did nothing in the last three months (actyr<>1 for any activity) or they did nothing in the last month (actmth<>=1 for any activities) or a combination of the last two conditions.

Work out whether total DAYS added up across activities for which BREATHa=1 or BREATHb=1 is <2 or >=2. For working out number of sessions of sport don't include CYCLING FOR TRAVEL (CYC1_1), WALKING FOR TRAVEL OR LEISURE (WALK1_1, WALK1_2, ACTIV1_4_8), DANCE (DANCE) OR GARDENING (ACT1_2):
Use same logic as for READY2 but without the need to consider overall mins of exercise.

Ask once for each statement

To those who have done 2 or more sessions of moderate sport in in last 28 days

MOTIVSP

SA for each

Shown these on one screen in such a way that the question disappears and just answer chosen is shown once selected so there is less scrolling on screen.

Thinking about sport in general. How much do you agree or disagree with these statements?

A I find sport enjoyable and satisfying

B It's important to me to do sport regularly

C I feel guilty when I don't do sport

D I do sport because I don't want to disappoint other people (INFO BOX: Disappointing people can include feeling social pressure to take part as well as a sense of letting teammates/friends down or disappointing family who are concerned for your health)

[Ask statement E on a separate page. Only ask if if they select 3, 4 or 5 (Neither agree nor disagree, Disagree, Strongly Disagree) for A and B and C and D of MOTIVSP]

E I feel that doing sport is pointless

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly disagree

98 Don't know

99 Prefer not to say

Ask once for each statement

To those who have NOT done 2 or more sessions of moderate sport in in last 28 days

MOTIVEX

SA for each

Thinking about exercise in general. How much do you agree or disagree with these statements?

A I find exercise enjoyable and satisfying

B It's important to me to exercise regularly

C I feel guilty when I don't exercise

D I exercise because I don't want to disappoint other people (INFO BOX: Disappointing people can include feeling social pressure to take part as well as a sense of letting teammates/friends down or disappointing family who are concerned for your health)

[Ask statement E on a separate page. Only ask if if they select 3, 4 or 5 (Neither agree nor disagree, Disagree, Strongly Disagree) for A and B and C and D of MOTIVEX]

E I feel that doing exercise is pointless

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly disagree

NEW TIMING POINT 13

E. Questions about volunteering

NEW TIMING POINT 14

[ASK ALL ONCE]

VOLINT

MA

During the last 12 months, that is since (^INSERT^), have you given any of your time to do any of the following activities?

Only include unpaid activities (payments to cover expenses are allowed)

Select all that apply

1. Raise funds for a sports club, organisation or event (info button: Only include fundraising for sport, not more general charitable fundraising through taking part in a sports event or activity)
2. Provide transport which helps people take part in sport (other than family members)
3. Coaching or instructing an individual or team(s) in a sport or recreational physical activity (other than solely for family members)
4. Referee, umpire, or officiate at a sports match, competition or event
5. Perform an administrative or committee role for a sports organisation, activity or event (e.g. chairman, treasurer, social secretary, first aider, welfare officer)
6. Act as a steward or marshal at a sports activity or event (this may include helping with registration, marking the route)
7. Other: Provide any other help for a sport or recreational physical activity (such as welcoming people, helping with refreshments, setting out equipment, marketing)
8. No, have not participated in any of these activities in last 12 months

[IF VOLINT<8]

VOLFRQB

SA

Thinking about all those sport and fitness activities you have given your time to support. Generally, how often have you done so over the last 12 months?

1. Once a month or more
2. Every few months
3. Once/one-off activity

98. Don't know

[If VOLFRQB= 1, 2]

VOLMTHB

SA

Thinking about all those sport and fitness activities you have given your time to support, how often have you volunteered in the past 4 weeks {date 4 weeks ago}?

1. On 3 or more days per week
2. Twice a week
3. Once a week
4. Once a fortnight but less than once a week

5. Once
6. Have not volunteered in the last 4 weeks

98. Don't know

[If VOLFRQB= 3,98 (DK)]

VOLMTHB2

SA

Think about all those sport and fitness activities you have given your time to support. Have you volunteered in the past 4 weeks {date 4 weeks ago}?

1. Yes
2. No

98. Don't know

[IF VOLINT<8]

VOLDURATIONA

SA

Thinking about the type of support you provide most often, how long do you usually do this for in any given instance?

1. Less than half an hour
2. Around half an hour
3. Around 45 minutes to an hour
4. Around two hours
5. Three or four hours
6. More than four hours

98. Don't know

[IF VOLINT<8]

VOLLONGVTYA

SA

Thinking about the volunteering support you provide most often, over what time period have you been giving this support?

1. This is my first year
2. I've done this in some form over the last 1-2 years
3. I've done this in some form over the last 2-3 years
4. I've done this in some form over the last 4-5 years
5. I've done this in some form for between 5-10 years
6. I've done this in some form for over 10 years

98. Don't know

NEW TIMING POINT 15

F. DIET QUESTIONS

NEW TIMING POINT 16

[ASK ALL] FRUIT

Now for a couple of questions about your diet.

How many portions of fruit did you eat yesterday? Please include all fruit, including fresh, frozen, dried or tinned fruit, stewed fruit or fruit juices and smoothies. Fruit juice only counts as one portion no matter how much you drink.

INFO: What should I count as a portion?

A portion is half a large fruit such as a grapefruit, avocado, one medium sized fruit such as an apple, orange or pear, 2 small fruits such as plums or satsumas, a handful of grapes or berries, a heaped tablespoon of dried fruit, 3 heaped tablespoons of fruit salad or stewed fruit, 150ml fruit juice. Please do not include more than 150ml of fruit juice (including fruit juice contained within smoothies). This is because only one portion of fruit juice counts towards your 5-a-day.

NUMERIC. MIN 0, MAX 20

Don't know

[ASK IF FRUIT>9] FRTCHK SA

You entered that you ate [^INSERT PORTION FROM FRUIT] portions of fruit yesterday. Is that correct?

1. Yes
2. No – you will be taken back to re-enter the correct portion

IF FRTCHK = 1 GO TO VEG.

IF FRTCHK = 2 GO BACK TO FRUIT

[ASK ALL] VEG

How many portions of vegetables did you eat yesterday? Please include fresh, frozen, raw or tinned vegetables, but do not include any potatoes you ate.

Beans and pulses only count as one portion no matter how much of them you eat.

INFO: What should I count as a portion?

A portion is 3 heaped tablespoons of vegetables, 3 heaped tablespoons of beans or pulses (such as baked beans, kidney beans or lentils). Beans and pulses only count as one portion no matter how much of them you eat. Potatoes do not count.

NUMERIC. MIN 0, MAX 20

Don't know

[ASK IF VEG>9] VEGCHK SA

You entered that you ate [^INSERT PORTION FROM VEG] portions of vegetables yesterday. Is that correct?

1. Yes
2. No - you will be taken back to re-enter the correct portion

IF VEGCHK = 1 GO TO NEXT SECTION.

IF VEGCHK = 2 GO BACK TO VEG

NEW TIMING POINT 17

G. DEMOGRAPHIC QUESTIONS

NEW TIMING POINT 18

DEMINT

Now a few questions about you and your household.

Please be assured that we are bound by the Market Research Society code of conduct {[hyperlink to MRS Code of conduct webpage](#)} and all of your details are held in the strictest confidence.

[ASK ALL]

GEND

SA

Which of the following describes how you think of yourself?

1. Male,
2. Female,
3. In another way

In another way INFO: Please select other if you identify yourself as being transgender, an individual who lives, or wants to live, in the gender opposite to that they were assigned at birth.

4. Prefer not to say

[ASK ALL]

IDENT

Which of the following options best describes how you think of yourself?

SA

1. Heterosexual or Straight,
2. Gay or Lesbian,
3. Bisexual,
4. Other
5. Don't know

99 Prefer not to say

AGE

What is your age?

ENTER YEARS OF AGE - NUMBER RANGE 16 to 100

{if they try to go past please check but then offer them the option to say prefer not to say – don't force answer but also don't offer prefer not to say on initial question}

[If AGE =16-18, will also be needed for 14-15 year olds in 14-15 questionnaire]

AGEMTH

What is your month of birth?

[OFFER ALL MONTHS from JANUARY to DECEMBER]

[If AGEMTH= current month]

AGEMTH2

Have you just turned 16 or are you about to turn 17? {textfill for the right age – this also affects young people in the adult questionnaire}

I have just turned 16 {textfill}

I am about to turn 17 {textfill}

It is my birthday today

{Ages in question wording and in answer categories should be textfilled. 16 is current age given at AGE. 17 is current age plus 1.}

[ASK ALL]

ADULTPAGE

Now for some questions about your household.

The information is used to understand the experiences of different groups, but the statistics produced will not identify you or anyone in your household.

Including yourself, how many adults aged 16 and over currently live in your household?

INFO: Who should I include? Include all adults aged 16 and over, including any young people aged 16 or over. Include young people who regularly spend part of the week in your household. Include yourself.

NUMERIC 1...10

{if they try to go past please show check: 'MISSING ANSWER: If you are the only person in the household please enter 1' and the added option of "Prefer not to say".}

[ASK ALL]

CHILD

How many children or young people aged 0 to 15 years currently live in your household?

INFO: Who should I include?

Include all children aged 0-15 in your household, whether or not they are your own children. Include infants and babies. Include children who regularly spend part of the week in your household.

NUMERIC 0...15

{if they try to go past please show check: 'MISSING ANSWER: If there are no children in the household please enter 0' and the added option of "Prefer not to say".}

[If CHILD>0 (child in household)]

CHAGE

How old are these children?

{Show multiple rows up for number of children aged 0-15 in household}

Header: Age in Years

Rows for each child:

First child

Second child (and so on)

[ASK IF ADULTPAGE>1]

YOUNGAD

{wording If respondent =16-24 at Age}: Apart from you, are there any other people aged 16-24 years who live in your household?

{wording if respondent =25+ at age}: Are there any people aged 16-24 years who live in your household?

Do not include people who only stay here during holidays.

Yes – someone (else) aged 16-24 years lives in the household {only show else if respondent=16-24 at age}

No

HOUSEH

MA

Who lives in your household?

Please tell us how members of this household are related to you.

1. Partner or spouse Add info box: Include husband or wife, civil partners, partners
2. Son(s) or daughter(s) (including step-children who live with me **full time** [bold]) (include all children even if aged 16 or over)-INFO: Include fostered and adopted children and sons/daughters in-law
3. Son(s) or daughters(s) (including step-children) who **only live with me part of the week** [bold] (only include regular arrangements) INFO: Include fostered and adopted children and sons/daughters in-law
4. Mother or father (include mothers/fathers in-laws and step-mother or step-father)
5. Grandparent(s)
6. Grandchild or grandchildren
7. Sister(s) or brother(s) Add info box: Include brothers/sisters in-law and step-brothers/sisters
8. Other relation
9. Friend(s) and/or house shares
10. Lodger(s) or someone renting a room

{if they try to go past please check but then offer them the option to say:

98 Don't know

99 Prefer not to say – don't force answer but also don't offer prefer not to say on initial question}

[ASK ALL]

LEFTCH

SA

Do you have any children (of any age, including adults) who no longer live with you?

1. Yes
2. No

{if they try to go past please check but then offer them the option to say:

98 Don't know

99 Prefer not to say – don't force answer but also don't offer prefer not to say on initial question}

Notes:

From these questions it would be possible to devise different household types. Please note that in some cases two people from the same household might be assigned a different household type in complex households. KETAN – THE WORKING OUT BELOW COULD BE DONE IN PROGRAM BUT NOT NEEDED FOR COGNITIVE TESTING

We can reduce the number of categories but this shows the types of household which could be created from the questions proposed. We have allowed lodger in each household type without changing the type but any other relatives or friends are treated as creating a complex multi family household.

ONS category	Description	Rules
One person household	Single person living alone	ADULTPAGE=1 and CHILD=0
Multi-family household	Single person living with adult non-relatives	ADULTPAGE>1 and CHILD=0 and HOUSEH=9 or 10 and no other codes
One family household: Lone parent	Lone parent with children in the household (may also have older children aged 16 and above)	ADULTPAGE=>1 and CHILD>0 and HOUSEH= 3 and not any other codes except 9 (lodger)
One family household: Lone parent	Lone parent with adult children in the household (and no children under 16)	ADULTPAGE=>1 and CHILD=0 and HOUSEH= 3 and not any other codes except 9 (lodger)
One family household: couple	Couple household (no other household members) and no children ever	ADULTPAGE=2 and CHILD=0 and HOUSEH=1 or 2 and LEFTCH=2
One family household: couple	Couple household (no other household members) because children have left home	ADULTPAGE=2 and CHILD=0 and HOUSEH=1 or 2 and LEFTCH=1
One family household: couple	Couple with children in the household (may also have older children aged 16 and above but no other household members)	ADULTPAGE=2>= and CHILD>0 and HOUSEH=(1 or 2) and 3 and not any other codes except 9 (lodger)
One family household: couple	Couple with adult children in the household (and no children under 16)	ADULTPAGE>2 and CHILD=0 and HOUSEH=(1 or 2) and 3 and not any other codes except 9 (lodger)
ONS – put these in the other household types	Family with multiple generations/ complex households	ADULTPAGE>1 and HOUSEH=3,4,5,6,7 or 9 (with or without 1,2,3)

[ASK ALL]

ETHNIC [SAME QUESTION BUT MOVED TO FOLLOW HALLS]

SA

Which one of the following best describes your ethnic group or background?

Please select one option

WHITE {drop down options below}

1. English/Welsh/Scottish/Northern Irish/British
2. Irish
3. Gypsy or Irish Traveller
4. Any other White background (specify)

MIXED {drop down options below}

5. White and Black Caribbean
6. White and Black African
7. White and Asian
8. Any other mixed/multiple ethnic background (specify)

ASIAN OR ASIAN BRITISH {drop down options below}

9. Indian
10. Pakistani
11. Bangladeshi
12. Chinese
13. Any other Asian/Asian British background (specify)

BLACK OR BLACK BRITISH {drop down options below}

14. Caribbean
15. African
16. Any other Black/Black British background (specify)

OTHER ETHNIC GROUP {drop down options below}

17. Arab
18. Any other ethnic group (specify) {offer open text box for this}
- 99 Prefer not to say

RELIG1

What is your religion, even if you are not currently practising?

SA

1. Christian (including Church of England, Catholic, Protestant and all other Christian denominations)
2. Buddhist
3. Hindu
4. Jewish
5. Muslim
6. Sikh
7. Any other religion
8. No religion

98 Don't know

i. Prefer not to say

NEW TIMING POINT 19

H. HEALTH AND WELLBEING.

NEW TIMING POINT 20

[ASK ALL]

HEALTH

SA

How is your health in general? Is it...

- a. Very Good
- b. Good
- c. Fair
- d. Bad
- e. Very bad
- 99 Prefer not to say

[ASK ALL]

DISAB1

SA

Do you have any physical or mental health conditions or illnesses that have lasted or are expected to last 12 months or more?

- 1. Yes
- 2. No
- 99 Prefer not to say

[IF DISAB1=1]

DISAB2

SA

Do these physical or mental health conditions or illnesses have a substantial effect on your ability to do normal daily activities?

- 1. Yes
- 2. No
- 99 Prefer not to say

[ASK IF DISAB1 = 1]

DISTYP

MA

Does this disability or illness affect you in any of the following areas?

- 1. Long term pain
- 2. Chronic health condition
- 3. Mobility
- 4. Dexterity
- 5. Mental health
- 6. Visual
- 7. Breathing
- 8. Memory
- 9. Hearing
- 10. Learning

- 11. Speech
- 12. Behavioural
- 95. Other
- 96. None of these
- 99. Prefer not to say

INFO for categories above:

Long term pain: persistent or chronic pain as a result of tissue damage or inflammation (for example from arthritis) or to do with the nervous system (for example from diabetes).

Chronic health conditions: conditions for which there is currently no cure, and which are managed with medication and other treatment, for example: diabetes, coronary heart disease, stroke, epilepsy and hypertension.

Mobility: the ability to move around. Problems with mobility may cause unsteadiness and difficulty walking or moving. It can be caused by many things including muscle weakness, joint problems, pain or neurological conditions.

Dexterity: using the hands or body for fine motor skills or small movements. Problems with dexterity may affect picking things up, maintaining a hold on items, buttoning clothing, or writing.

Mental health: Mental health problems can affect the way people think, feel and behave. This includes anxiety disorders, bipolar disorder, depression, eating disorders, personality disorders, psychosis and schizophrenia.

Visual: a limitation in one or more functions of the eye or visual system. This includes total blindness as well as visual impairment or low vision that cannot be corrected with standard glasses or contact lenses.

Breathing: medical conditions that affect the lungs and respiratory system and may result in breathlessness, asthma attacks or fatigue. Includes obstructive conditions (e.g. bronchitis), restrictive conditions (e.g. fibrosis), vascular diseases (e.g. pulmonary edema) or infectious, environmental and other "diseases" (e.g. tuberculosis, asbestosis).

Memory: difficulty consistently remembering information which impacts on daily life. It can be a result of brain trauma, stroke, dementia and other conditions.

Hearing: includes partially or wholly lacking hearing, in one or both ears, at birth, through disease early in life, or later in life. Also known as hard of hearing, hearing loss, deaf, deafness.

Learning: reduced intellectual ability and difficulty with everyday activities. Also known as intellectual disability or learning difficulty.

Speech: a disruption in normal speaking patterns that makes verbal communication difficult. This can include lisps and stammering, dyspraxia and dysarthria.

Behavioural: Behaviour traits that have a negative effect on daily life and/or social interactions or that make certain tasks more difficult.

Other: Any other physical or mental health conditions or illnesses that have lasted, or are expected to last, 12 months or more, that are not listed above.

[ASK ALL]

HEIGHT

How tall are you without shoes? If you are unsure please give an estimate. INFO:

Please give your height to the nearest half inch or nearest centimetre.

{Default box is feet and inches but with button to click to get cm}

Feet (NUMBER RANGE 3 to 7) and inches (NUMBER RANGE 0 to 11 with .0 and .5 and whole numbers with no decimal mentioned allowed)

If selected: Centimetres (NUMBER RANGE 90 to 240)

3. Cannot give estimate

99. Prefer not to say

[NOTE TO SCRIPTER – IF PUTS HIGHER OR LOWER THAN ALLOWED ADD – ‘Your answer, <INSERT ANSWER> is not within the range for this question. Please enter an answer between <LOWEST NUMBER ALLOWED> and <HIGHEST NUMBER ALLOWED>.

HEIGHT CHECK WORDING IF NO ANSWER IN INCHES: Missing Answer: Please enter a value for feet AND inches. If your height is an exact number of feet, please enter 0 in the inches box. There are 12 inches in a foot.

HEIGHT CHECK WORDING IF ANSWER OUTSIDE VALID RANGE: Your answer is not within the range for this question. Please enter an answer between 3 foot 0 inches and 7 foot 11.5 inches. There are 12 inches in a foot.

[IF LESS THAN (4FT 11IN / 150 CM) OR MORE THAN THAN (6FT 5IN / 196 CM) DISPLAY ON SCREEN LOGIC CHECK. VALUES OUTSIDE THESE RANGES STILL PERMITTED]

HGTCHK

SA

Your height is [^insert feet^] and [^insert inches^] / [^insert cms^], is that correct?

1. Yes

2. No - you will be taken back to change your answer

99 Prefer not to say

IF = 1 or 3 GO TO NEXT QUESTION.

IF = 2 GO BACK AND CORRECT HEIGHT

[ASK ALL]

WEIGHT

What is your current weight? If you are unsure please give an estimate.

{Default box is stones and pounds but with button to click to get kg}

Cannot give estimate

Prefer not to say

STONES (NUMBER RANGE 3 to 40) POUNDS (NUMBER RANGE 0 to 13)

KILOGRAMS (NUMBER RANGE 20 to 250)

WEIGHT CHECK WORDING IF POUNDS MISSING: Missing Answer: Please enter a value for stones AND pounds. If your weight is an exact number of stones please enter 0 in the pounds box.

WEIGHT CHECK WORDING ANSWER OUTSIDE VALID RANGE: Your answer is not within the range for this question. Please enter an answer between 3 stone 0 pounds and 40 stone 0 pounds. There are 14 pounds in a stone.

WGTCHK

SA

Your weight is [^insert stones^] and [^insert pounds^] / [^insert kgs^], is that correct?

1. Yes
2. No - you will be taken back to change your answer
99. Prefer not to say

IF = 1 or 3 GO TO NEXT QUESTION.

IF = 2 GO BACK AND CORRECT WEIGHT

[ASK IF GEND = 2 AND (AGE < 55) - ask for women in correct age range who have given a height and weight (valid HEIGHT ANSWER and VALID WEIGHT ANSWER). Do not ask this if gave prefer not to say or cannot give estimate on HEIGHT OR WEIGHT]

PREG

SA

As being pregnant affects weight, are you pregnant at present?

1. Yes
2. No
- 99 Prefer not to say

Wellbeing questions (standard ONS wellbeing questions)

NEW TIMING POINT 21

NEW TIMING POINT 22

[ASK ALL]

WELLINT

Understanding how people feel about their lives is important to us. The next questions ask about aspects of your life and local area. There are no right or wrong answers.

{no answers – just next button}

ASK ALL

LIFESAT

On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?

SA

DISPLAY HORIZONTALLY

0 Not at all satisfied

- 1
- 2
- 3
- 4
- 5
- 6

7
8
9
10 Completely satisfied
98 Don't know
99 Prefer not to say

ASK ALL

HAPPY

On a scale of 0-10, where 0 is not at all happy and 10 is completely happy, overall, how happy did you feel yesterday?

SA

DISPLAY HORIZONTALLY

0 Not at all happy

1
2
3
4
5
6
7
8
9
10 Completely happy
98 Don't know
99 Prefer not to say

ASK ALL

ANXIOUS

On a scale of 0-10, where 0 is not at all anxious and 10 is completely anxious, overall, how anxious did you feel yesterday?

SA

DISPLAY HORIZONTALLY

0 Not at all anxious

1
2
3
4
5
6
7
8
9
10 Completely anxious
98 Don't know
99 Prefer not to say

ASK ALL

WORTHW

On a scale of 0-10, where 0 is not at all worthwhile and 10 is completely worthwhile, overall, to what extent do you feel the things you do in your life are worthwhile?

SA

DISPLAY HORIZONTALLY

0 Not at all worthwhile

1

2

3

4

5

6

7

8

9

10 Completely worthwhile

98 Don't know

99 Prefer not to say

INDIV DEVELOPMENT

[ASK ALL – GROUP 2]

INDEV

SA

To what extent do you agree with the statement 'I can achieve most of the goals I set myself'?

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly disagree

98 Don't know

99 Prefer not to say

[ASK ALL– GROUP 2]

INDEVTRY

SA

Thinking generally, to what extent do you agree with the statement 'If I find something difficult, I keep trying until I can do it'?

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly disagree

98 Don't know

99 Prefer not to say

Community

COMM1

To what extent do you agree or disagree that most people in your local area can be trusted?

1. Strongly agree
 2. Agree
 3. Neither agree nor disagree
 4. Disagree
 5. Strongly disagree
- 98 Don't know
99 Prefer not to say

NEW TIMING POINT 23

[ASK ALL]

EDUC

SA

What is your highest educational qualification? This means any educational, professional, vocational or other work-related qualifications for which you received a certificate?

1. Degree level or above
2. Other Higher Education below degree level
3. A levels, NVQ level 3 and equivalents INFO includes AS level, SVQ and GNVQ level 3, BTEC National
4. GCSE/O level grade A*-C or 4-9, NVQ level 2 and equivalents INFO: includes SVQ and GNVQ level 2, BTEC first or general diploma
5. Qualifications at level 1 and below INFO: includes GCSE or O level below grade C or 4, CSE below grade 1, NVQ, SVQ and GNVQ level 1, BTEC first or general certificate,
6. Another type of qualification INFO: includes other vocational or professional or foreign qualifications
7. No qualification
{if they try to go past please allow them to – not forced answer}

[ASK ALL]

LONE

SA

How often do you feel lonely?

INFO: This question aims to understand how people feel about their lives as it is important to us. There are no right or wrong answers.

1. Often / always
2. Sometimes
3. Occasionally
4. Hardly ever
5. Never

98. Don't know

99. Prefer not to say

[ASK ALL]

WORKST

Moving on, some questions about your work and employment.

What is your current working status?

SA

Please select your main status.

1. Working full-time
2. Working part-time
3. Unemployed – less than 12 months
4. Unemployed (long term) – more than 12 months
5. Not working – retired
6. Not working – looking after house/children
7. Not working – long term sick or disabled
8. Student – in full-time education studying for a recognised qualification
9. Student – in part-time education studying for a recognised qualification
10. Other

[ASK IF WORKST = 5]

RETIRE

Which year did you leave your last paid job?

[Space to write year in 4 digits. E.g. 2002]

[RANGE: 1920 to year in which interview is being completed]

[Check if only enter 2 digits: Please enter year in full e.g. 2000]

[ASK IF WORKST = 1-7, 10]

STUDY

SA

Are you currently studying for a recognised qualification?

1. Yes – part-time
2. Yes – full-time
3. Not studying for a recognised qualification
- 98 Don't know

[ASK IF WORKST = 8 or 9 or STUDY = 1 or 2]

STUDLV

MA

Where are you studying?

1. School Year 11 [DISPLAY IF AGE = 16-24 or missing]
2. School sixth form [DISPLAY IF AGE = 16-24 or missing]
3. Sixth form college
4. A further education college or other further education institution
5. A university or other high education institution
6. Other

98 Don't know

[ASK IF WORKST = 6, 7, 9]

EVWRK

SA

Have you ever worked?

1. Yes
2. No

{if they try to go past please allow them to – not forced answer}

[ASK IF WORKST = 1, 2, 3, 5, 10 OR IF EVWRK = 1]
{Note question wording slight different according to whether they are working or not}
SOCEMP
SA

[IF WORKST = 1 or 2] Are you working as an employee or are you self-employed?
[IF WORKST = 3, 5, 10 or EVWRK = 1] Were you working as an employee or were you self-employed in your last main job?

1. Employed
 2. Self-employed
- {if they try to go past please allow them to – not forced answer}

[ASK IF SOCEMP = 1, MISSING]

{Manager or supervisor}

SOCSUP

SA

[IF WORKST = 1 or 2] In your job do you have any formal responsibility for supervising the work of other employees?

[IF WORKST = 3, 5, 10 or EVWRK = 1] In your job did you have any formal responsibility for supervising the work of other employees?

INFO: What do I include as supervising?

INCLUDE supervising employees

DO NOT include supervising children, animals or buildings.

1. Yes
2. No

{if they try to go past please allow them to – not forced answer}

[ASK IF SOCEMP = 1, MISSING]

{Number of employees}

SOCNE

SA

[IF WORKST = 1 or 2] How many people work for your employer at the place where you work?

[IF WORKST = 3, 5, 10 or EVWRK = 1] How many people worked for your employer at the place where you worked?

1. 1 – 24
2. 25 - 499
3. 500 or more

{if they try to go past please allow them to – not forced answer}

[ASK IF SOCEMP = 2]

{Number of employees – self – employed}

SOCEMPN

SA

[IF WORKST = 1 or 2] Are you working on your own or do you have employees?

[IF WORKST = 3, 5, 10 or EVWRK = 1] Were you working on your own or did you have employees?

1. On my own/with partner but no employees
2. With employees

{if they try to go past please allow them to – not forced answer}

[ASK IF SOCEMPN = 2]

{Number of employees – self – employed}

SOCSELF

SA

[IF WORKST = 1 or 2] How many people do you employ at the place where you work?

[IF WORKST = 3, 5, 10 or EVWRK = 1] How many people did you employ at the place where you worked?

1. 1 – 24

2. 25 - 499

3. 500 or more

{if they try to go past please allow them to – not forced answer}

[ASK IF WORKST = 1, 2, 3, 5, 10 OR IF EVWRK = 1]

OCCUP

SA

[IF WORKST = 1 or 2] Select the answer which best describes the sort of work you do.

[IF WORKST = 3, 5, 10 or EVWRK = 1] Select the answer which best describes the sort of work you did in your last job.

Modern professional occupations *such as:* teacher – nurse – physiotherapist - social worker - welfare officer – artist – musician - police officer (sergeant or above) - software designer

Clerical and intermediate occupations *such as:* secretary – personal assistant – clerical worker – office clerk – call centre agent – nursing auxiliary – nursery nurse

Senior managers or administrators (usually responsible for planning, organising and co-ordinating work, and for finance) *such as:* finance manager – chief executive

Technical and craft occupations *such as:* motor mechanic – fitter – inspector – plumber – printer – tool maker – electrician – gardener – train driver

Semi-routine manual and service occupations *such as:* postal worker – machine operative – security guard – caretaker – farm worker – catering assistant – receptionist – sales assistant

Routine manual and service occupations *such as:* HGV driver – van driver – cleaner – porter – packer – sewing machinist – messenger – labourer – waiter/waitress – bar staff

Middle or junior managers *such as:* office manager – retail manager – bank manager – restaurant manager – warehouse manager – publican

Traditional professional occupations *such as:* accountant – solicitor – medical practitioner – scientist – civil/mechanical engineer

{if they try to go past please allow them to – not forced answer}

NEW TIMING POINT 24

F. RECONTACT QUESTIONS

[ASK ALL]

VOUCH

Thank you for taking the time to complete this survey. In appreciation, we would like to give you a £5 gift voucher. To receive your gift voucher please enter your email address below. This will be passed to SVM Global who are sending out the gift vouchers on our behalf.

INFO: How will SVM Global use my details? SVM Global will only use your name and email address to send you your gift voucher. They will not contact you for any other reasons or pass your data to anyone else.

If you provide us with your email address, we will send you a personalised link to a website within one week. Using the personalised link you will be able to redeem a gift voucher of your choice from a variety of retailers.
{Provide suitable standard space and format for this to be entered including double entry for accuracy with no option to paste second entry}

99 Do not wish to receive gift voucher {if try to move on}

{CHECK if both 99 checked and email address entered - Please enter a valid email address
OR check 'Do not wish to receive voucher}

**[ASK ALL]
RC1**

This study was commissioned by Sport England with funding from Public Health England, Arts Council England and the Department for Transport. These organisations along with Sport England Recognised National Governing Bodies, Sport England's national partners, Local authorities, Active Partnerships or approved academic partners may wish to carry out follow up research on this topic sometime within the next two years.

If you agree, we will pass your name and email address to these organisations so they can invite you to take part in follow up research. These government agencies may share these details with research agencies appointed to carry out this follow up research on their behalf. For a full list of organisations please see the privacy policy on www.activelivessurvey.org or by requesting a copy from the active lives helpline. .

Would you be willing for Ipsos MORI to share your name, email address and your survey responses to allow these organisations and their agents to contact you again for follow up research?

Yes

No

INFO: If you agree to be recontacted by Sport England or their partners, Ipsos MORI will forward your name and email addresses, alongside any relevant Active Lives survey responses. The information that we pass on may include the activities that you participate in or some of the classification data such as your age or sex. Please be assured that your name, email address and survey responses will be held securely by the above organisations and will only be used for research purposes if follow up research is done. This information will not be used for commercial purposes, and will be destroyed after two years.

[ASK IF RC1 = 1]

RC3

What is your name (title, forename and surname)?

{Provide suitable standard space and format for this to be entered}

{If they try to move on without entering details or with just one letter in a field: Error message: If you are willing to be re-contacted about this study or follow up research we need your full name in order to contact you}

[ASK IF RC1=1 and VOUCH has email address]

RC4A

SA

You have already given us your email address for sending the voucher. May we also use this to contact you about further research?

Yes

No

[ASK IF RC1=1 and VOUCH= no email address (99)]

RC4

What is your email address?

INFO: ***What will you use my email address for?*** If you provide us with your email address, this may be used to contact you to ask questions about this study or invite you to take part in follow up research on the topic.

99 Do not wish to give email address {if try to move on}

{Provide suitable standard space and format for this to be entered including double entry for accuracy but with no opportunity to paste into second entry}

[IF RC1 = 1]

RC5

SA

Please confirm your postal address for future re-contact is the address on the letter we sent you.

- 1 The address on the letter I received is the correct address for future re-contact
- 2 I would like to provide another address as I have moved or will move
- 3 Other

[IF RC5=2]

RC6

What is your new address?

{Provide suitable standard space and format for this to be entered: Two address lines, Town and Postcode}

{Check if postcode is not in correct format}

NEW TIMING POINT 25

THANKS

Thank you very much for giving some of your time to take part in this survey.

The results will help Sport England, Arts Council England and Public Health England make important decisions about how to support local organisations and projects that will benefit you, your family and your community.

Your answers have now been submitted. You can exit the questionnaire by closing your internet browser.

Additional text IF ADULTPAGE>1.

**Is there another adult in your household who has not yet completed the survey?
Could you remind them that they too can take part in the survey? Thank you!**

If you have any questions visit our survey website: www.activelivessurvey.org

Email us on: activelives@ipsos.com

Telephone helpline: 0808 129 6801