# Active Lives Children and Young People Survey: Year 3-11 and parents Master Questionnaire Year 1: 2017/18 

## Notes on the questionnaire:

This document is one of three questionnaire documents for the Year 1 survey. This document covers the questionnaires for pupils in school years 3-11 and parents. Within this document there are three variations:

- Years 3-6 children (b)
- Years 7-11 children (c)
- Parents of years 1-2 children(d)

The other two documents are:

- Years 1-2 children (a) (in PowerPoint)
- Teacher questionnaire

To differentiate the question names between the versions for pupils and parents, we have used suffixes a through d to relate to version. The relevant letter is shown above for each group.

In addition there are some questions which were not asked of year 3-4 pupils to reduce burden on this younger age group. This information is shown where relevant in the routing above the question so note that some questions with the suffix $b$ are only asked to year 5-6.

## Further scripting or other notes

- For years 3-6 (b) the online questionnaire font for both the question wording and response codes is Comic Sans MS, and for years 7-11 (c) the font is Arial. Comic Sans is chosen as it looks most like written text and is easier for young children to read
- We have made use of textfills at various questions, and these are specified [in square brackets]. These amend the question wording so that the question is appropriately worded. For example, it refers to 'you' (for children) or to 'your son' or 'your daughter' (for parents). Use of son or daughter is based on the answer to Sex_d. There are also other text fills e.g. for the month/day of the week according to the day the questionnaire is completed.
- Codes
- For some questions, the available response codes differ between the questionnaire versions. We have specified this.
- Single- vs Multi-code questions
- Single-code questions permit only one answer. These include the instruction to the respondent to tick one box only.
- Multi-code questions permit more than one answer, and these include the instruction to the respondent to tick all the boxes that apply.


## How to start the online interviews: URLs

Pupils: Within each school up to three classes were selected. A unique URL was provided for each class selected for the survey within a school. Pupils entered the URL and started the survey (no log in required).

Parents: Only parents of year 1-2 pupils were invited to take part in the survey. In each school with year 1-2 pupils selected for the survey a unique school URL was provided for all parents assigned to survey within a school. This meant all parents within one school had the same link. Parents were given the opportunity to provide an email address if they wished to receive a unique individual link to go back into the survey at a later time. If they did not provide an email they could complete the survey in one sitting.

## Images

For pupils images were used within the questionnaire to make the questionnaire more appealing and fun to complete and in places to aid their understanding. This is specified.

## Using this document

This document is the script for the questionnaire originally prepared for programmers who scripted the online questionnaire. It shows the questionnaire content and the different textfills and routing etc. During fieldwork questionnaire summaries for year 12, 3-6 and 7-11 were prepared to show teachers what to expect. These have also been archived. For a quick user-friendly outline of the content for those groups, users may find the summary documents more helpful.

Question names, routing and instructions to programmers are shown in red in this document.

## YEAR 3-6, YEAR 7-11, PARENT

Intro_bcd
[if questionnaire versions = b or c: 'We would like to ask you some questions about sport and activities. Please press 'Next' to start the questionnaire']
[if questionnaire version = d'We would like to ask you some questions about sport and activities that your child at primary school may have taken part in. Please press 'Next' to start the questionnaire'].
[if questionnaire version = d Please provide your email address so we can email you a unique link to your responses. This link will allow you to return to your survey, in the event that you exit this form before you have completed the survey. Providing an email address is optional (just click 'next' if you do not wish to). If you do not wish to provide an email contact, please complete the questionnaire in one sitting if possible.

Email address:]

## PARENT

Sex_d

## Is your child a...

If you have more than one child in Year 1 or 2 please complete this survey about the child who is taking part in the survey with their class.

If you have more than one child completing the survey with their class:

- We would like you to complete this survey once for each child
- If you are only able to complete the survey once, please complete the questionnaire about the child whose name starts with the letter earliest in the alphabet, or the second letter if they share the same initial

Boy $\square$
Girl $\square$

Notes on scripting: At SchYr_bc, for version b (years 3-6) only codes 'Year 3' to 'Year 6 ' appear, and for version c (years 7-11) only codes 'Year 7' to 'Year 11' appear. For other school types all year groups are shown. Routing in the rest of the questionnaire is based on their year group as reported at this question regardless of school type (so an answer of $3,4,5,6$ will be regarded as a 'b' for the rest of the questionnaire and an answer of $7,8,9,10,11$ will be regarded as a 'c' for the rest of the questionnaire.

YEAR 3-6, YEAR 7-11
SchYr bc

## Which school year are you in?

Year $3 \square$

Year 4 $\square$

Year 5 $\square$

Year 6 $\square$
Year 7 $\square$
Year 8 $\square$
Year 9 $\square$
Year 10 $\square$

Year 11 $\square$

Active Lives Child Year 1_Yr 3-Parents qnr_v1 d2

## PARENTS

SchYr_d
Which school year is your [if sex_d=boy 'son'/ if sex_d=girl 'daughter'] in?

Year 1 $\square$

Year 2 $\square$

## YEAR 5-6, YEAR 7-11

Event bc

## Since [current month] last year, have you been to see any live

 sporting events?Please include all matches, races and competitions, including professional sport and watching friends and family compete.

Please do not include any events that you took part in yourself, or events you watched on TV.




## YEAR 5-6, YEAR 7-11

ASK IF 'YES' TO Event_bc
EventN_bc

How many live sporting events have you been to see since [current month] last year?

Please include all matches, races and competitions, including professional sport and watching friends and family compete.

Please do not include any events that you took part in yourself, or events you watched on TV.


## Notes on scripting: No icons appear for version d (parents). <br> YEAR 3-6, YEAR 7-11, PARENTS <br> Week_bcd

Which of these [b or c: 'have you'; d: 'has your son' or 'has your daughter'] done in the last seven days, since last [current day of the week]?

- Please choose all the exercise, sport and fitness activities [b or c 'you'; d 'he' or ‘she'] did.
- The list includes things like running around, dancing, walking and cycling, as well as sports.
- Include things [b or c: 'you'; d 'he' or 'she'] did at school (including in PE lessons), at home, at clubs, or somewhere else
- [d: 'You may find it helpful to complete this question with your son/daughter].
[b: ‘Please choose everything you did’]
[c, d: ‘Please select all that apply’]
[b 'Make sure you scroll down the screen so you see all of the activities']

Walking to get to school or other places

Going on a walk (includes walking a dog)

## Riding a scooter



Cycling to get to school or other places $\square$

Cycling/riding a bike for fun or fitness


Dancing $\square$


## Kicking a ball about

$\square$

Skateboarding, roller skating/blading $\square$
Trampolining (including in a garden, at a trampoline centre, or as part of a club)


Frisbee, throwing and catching or skipping $\square$
Playing it, tag, chase, sardines or other running game

Climbing or swinging in the playground, garden or park $\square$

Swimming $\square$

Football $\square$

Netball

Hockey $\square$


Cricket


Rugby
Baseball, softball
$\square$
$\square$
Basketball $\square$
Dodgeball, benchball $\square$

Table tennis/ping pong $\square$

Badminton


## Tennis

$\square$

Gymnastics

## Cheerleading

$\square$

Running, jogging, cross-country, the Daily Mile $\square$
[b, d: Sports day events] $\square$

[c: Field athletics] $\square$
[c:Gym or fitness (fitness class e.g. yoga, or using exercise machines e.g. rowing machine, exercise bike, running machine)]


Horse riding


## Boxing



Climbing (including indoors)
Ice skating


Water sports (canoeing, kayaking, sailing, rowing, surfing)

[b,c: If you did any other sports or exercise, please tell us what you did in the boxes below /
d: If your son/daughter did any other sports or exercise, please tell us what they did in the boxes below (4 boxes)]


None of these

## YEAR 3-6, YEAR 7-11, PARENTS ASK IF WEEK_bcd= 'None of these’ <br> Wk4 bcd

[if b or c and Week_bcd = None of these: 'You haven't done any of these activities in the last week'; if d and Week_bcd = None of these 'Your son hasn't done any of these activities in the last week' or 'Your daughter hasn't done any of these activities in the last week']
[b or c: ‘Have you’; d: ‘Has your son’ or 'Has your daughter’] done any of these activities in the last 4 weeks?]
Please tick $(\checkmark)$ all the boxes that apply
[SHOW SAME CODES AS Week_bcd. Remove the other-specify codes and replace with a closed code:
[b: ‘Some other sport, game or activity not in the list above’]
[c,d: ‘Other sports and fitness activities and energetic games not listed above']

## YEAR 3-6, YEAR 7-11, PARENTS <br> ASK IF ONE OR TWO ACTIVITIES SELECTED AT Wk4_bcd Wk4Oft_bcd

How many times in the last 4 weeks [b or c 'have you'; d 'has your son' or 'has your daughter'] done any of these activities?

Once $\square$

Twice $\square$

Three times or more $\square$

## YEAR 3-6, YEAR 7-11, PARENTS <br> ASK IF ONE OR MORE ACTIVITIES SELECTED AT Wk_bcd Grid_bcd

## Notes on scripting Grid_bcd, the diary grid: Audience

- To be asked in all versions b, c and d.


## Layout

- An example of the layout is shown in the teacher summary for pupils.


## Activities

The text for the activities are to be shortened versions of the full wording at Wk_bcd. See appendix in which these are specified (first activity textfill).

- If a respondent records 'Walking to get to school or other places' at Wk_bcd, three separate activities appear on the grid at school: 'Walking to school', 'Walking home from school', 'Walking to get to other places' (b,c), 'Walking for travel' (d). On the outside school grid only 'Walking to get to other places' (b,c, 'Walking for travel' (d) are shown.
- If a respondent records 'Cycling to get to school or other places' at Wk_bcd, three separate activities appear on grid at school: 'Cycling to school', ‘Cycling home from school', ‘Cycling to get to other places' (b,c), 'Cycling for travel' (d). On the outside school grid only 'Cycling to get to other places’ (b,c, ‘Cycling for travel’ (d) are shown.


## Grid bcd (at school)

Please tell us on which days [b or c 'you'; d 'he' or 'she'] did each of these activities while [b or c 'you were'; d 'he was' or 'she was'] at school, during normal school hours.

- Include activities in PE lessons and break times
- Do not include activities at before and after school clubs, even if these took place at school

If [b or c:'you'; $d$ : 'he' or 'she'] did not do one of the activities at school, during normal school hours, in the last seven days, just leave the row blank. We will ask you about what [b or c: 'you'; d: 'he' or 'she'] did outside school at the next question.
[d: You may find it helpful to complete this question with your son/daughter].

## Grid bcd (outside school)

Now please tell us on which days [b or c: ‘you'; d: ‘he’ or ‘she’] did these activities outside school hours.

Please include activities [b or c: 'you'; d: 'he' or 'she'] did:

- Before [b or c: 'you'; d: 'he’ or 'she'] got to school and after [b or c: 'you'; d: 'he' or 'she'] left school
- At the weekend
- On holiday days
- At before and after school clubs, even if these took place at school

If [b or c: 'you'; d: 'he' or 'she'] did not do one of the activities outside school hours in the last seven days, just leave the row blank.

## PARENTS

ASK IF PARENT CHOOSES ONE OR MORE ACTIVITIES AT WEEK_BCD WHICH THEY DO NOT ENTER ANYWHERE IN THE GRID.

GridChk
IF ONLY ONE ACTIVITY CHOSEN AT WEEK_BCD IS NOT ENTERED IN THE GRID: You told us that your ['son' or 'daughter'] [second activity textfill] in the last seven days, but you did not tell us when.

Is this because...

$$
\begin{array}{lr}
\text { Your [son/daughter] [second } & \square \\
\text { activity textfill], but you are not } & \square \\
\text { sure when in the last } 7 \text { days } & \\
\text { Your [son/daughter] did not } \\
\text { actually [third activity textfill] in the } \\
\text { last } 7 \text { days } & \square
\end{array}
$$

## IF MORE THAN ONE ACTIVITY CHOSEN AT WEEK_BCD NOT PLACED

 IN THE GRID: You told us that your ['son' or 'daughter'] did the following activities in the last seven days, but you did not tell us when.For each activity, please tell us whether this is because your daughter did the activity but you are not sure when, or because your daughter did not actually do the activity.

|  | He/She did this activity <br> in the last 7 days but I am <br> not sure when | He/she did not do this <br> activity in the last 7 days |
| :--- | :--- | :--- |
| Activity 1 |  |  |
| Activity 2...etc |  |  |

## Notes on scripting

The next two questions Time_bcd and Location_bc are asked for each activity reported as having been done on the outside school Grid_bcd. They are not asked for activities only reported on the at school grid. For activities reported on the outside school grid these are the exceptions when Time_bcd or Location_bc are not asked:

- Walking to or from school and cycling to or from school are not asked either question as they are asked specific questions about the walk or cycle to school
- Location_bc is not asked for the following activities which are assumed to be outdoors:
- Walking to get to school or other places,
- Going on a walk;
- Riding a scooter;
- Cycling to get to other places;
- Climbing or swinging in the playground, garden or park;
- Cycling for fun;
- Sports day;
- Field athletics;
- Rounders.
- Location_bc is not asked to pupils in years 3 and 4 or parents

The looped questions start with the most recently done activities (yesterday) and then those done two days ago and so on. Time_bcd and Location_bc are only asked once for each activity. For instance, if a child danced outside school on Thursday (yesterday) and on Tuesday (three days ago) and Sunday (five dates ago) they should only be asked Time_bcd and Location_bc with respect to Thursday (yesterday).

# YEAR 3-6, YEAR 7-11, PARENTS 

Time_bcd

## You told us that on [day of the week], [X days ago], [you / your son / your daughter] [second activity textfill] [if day is Monday to Friday 'outside normal school hours'] ${ }^{2}$.

## How long did [you / your son / your daughter] [third activity textfill] for?

Less than 10 minutes $\square$

About quarter of an hour $\square$
About half an hour $\square$

About three-quarters of an hour $\square$

One hour $\square$

More than an hour $\square$
[if b] 'Don't know’ [if c or d]
'Cannot give estimate' $\square$

[^0]YEAR 5-6, YEAR 7-11

Location_bc

And did you [third activity textfill] indoors, or outdoors?

Indoors $\square$

Outdoors $\square$

YEAR 3-6, YEAR 7-11, PARENTS
ASK IF CHILD HAS WALKED TO OR FROM SCHOOL ON ANY DAY
WalkSch_bcd
How long does it usually take [you / your son / your daughter] to walk [if walked to and from school 'to'; if only walked home from school 'home from'] school?


## YEAR 3-6, YEAR 7-11, PARENTS <br> ASK IF CHILD HAS CYCLED TO OR FROM SCHOOL ON ANY DAY

CycleSch_bcd
How long does it usually take [you / your son / your daughter] to cycle [if cycled to and from school 'to'; if only cycled home from school ‘home from'] school?

Less than 10 minutes $\square$

About quarter of an hour $\square$

About half an hour $\square$

About three-quarters of an hour $\square$

One hour $\square$

More than an hour $\square$
[b: ‘Don’t know’; c or d: ‘Cannot give estimate']
$\square$

## Notes on scripting:

- The following two questions (BrFast_bc, Hot_bc) ask whether each activity the child did in the past week from Week_bcd made them breathe faster, and made them hot and tired.
- The questions are asked for each activity, both on the same screen
- The activities selected at Week_bcd are used at this question, shorted and reworded, in order to work grammatically within the question (see Appendix).

YEAR 3-6, YEAR 7-11
ASK IF ONE OR MORE ACTIVITIES SELECTED AT Week_bcd AND given a time slot in at least one of the grids
BrFast_bc
When you [second activity textfill], did it make you breathe faster?

Yes $\square$
No $\square$

YEAR 3-6, YEAR 7-11
ASK IF ONE OR MORE ACTIVITIES SELECTED AT Week_bcd AND given a time slot in at least one of the grids

Hot_bc
When you [second activity textfill], did it make you hot or tired?

Yes $\square$
No $\square$

## Notes on scripting

The following questions are presented on one screen with drop down menus to select answers.

The same strongly agree to strongly disagree scale is used for all the questions.

## YEAR 3-6, YEAR 7-11

PLEnjoy_bc
We would now like you to think about all types of exercise and sport. How much do you agree or disagree with the following statements?

I enjoy taking part in exercise and sports.

## YEAR 3-6, YEAR 7-11

PLConf_bc
I feel confident when I exercise and play sports.
YEAR 3-6, YEAR 7-11
PLEasy_bc
I find exercise and sports easy.
YEAR 3-6, YEAR 7-11
PLGdMe_bc
I understand why exercise and sports are good for me.
YEAR 7-11
PLKnow_c

I know how to get involved and improve my skills in lots of different types of exercise and sports.

| Strongly agree | $\square$ |
| :--- | ---: |
| Agree | $\square$ |
| Disagree | $\square$ |
| Strongly disagree | $\square$ |
| Can't say | $\square$ |

Notes on scripting: No icons appear for version d (parents).

YEAR 3-6, YEAR 7-11, PARENTS
SwmCan_bcd

We now have some questions about swimming.

Can [b or c: ‘you’; d: ‘your son or daughter’] swim?

Yes $\square$

No $\square$


## YEAR 3-6, YEAR 7-11, PARENTS

ASK IF YES AT SwmCan_bcd
Swm25Can bcd

Can [b or c: ‘you'; d: ‘your son or daughter’] swim a length of a swimming pool ( 25 metres) without stopping?


## YEAR 7-11

ASK IF YES AT Swm25Can_c c

Swm200Can c

Can you swim 200 metres (eight lengths of a standard sized swimming pool without stopping?

Yes $\square$

No $\square$

## YEAR 7-11

## ASK IF YES AT SwmCan_bc

SwmStk_c

Which of the following swimming strokes can you do?
Please tick $(\checkmark)$ all the boxes that apply


Notes on scripting: Icon appears only for version b (year 3-6).

## YEAR 3-6, YEAR 7-11, PARENTS

## SwmTrd bcd

[b and c: ‘Can you stay in one place in the pool and keep your head above the water without holding onto the side or a float, and without touching the bottom of the pool? This is sometimes called treading water']
[ d: Can your ['son' or 'daughter'] tread water? This means staying in one place in the pool and keeping ['his' or 'her'] head above the water without holding onto the side or a float, without touching the bottom of the pool and without being held by someone.]


## YEAR 3-6, YEAR 7-11

SwmOft_bc
Would you like to swim more often?

Yes $\square$

No $\square$

YEAR 3-6, YEAR 7-11
SwmLake_bc
Imagine that tomorrow you fall into a large lake. The lake is deep and you can't touch the bottom. You have all your clothes on, and you are about five metres away from the land (this is about the length of a large car). Could you get back to the land without someone helping you?

Yes $\square$

No $\square$

## YEAR 5-6

Vol_b
Since [current month] last year, have you volunteered, or given your time to do any of the following activities? Think only about when you do them to help with sports, exercise or dance.

## Please choose everything you have done

Raised money for sports or dance at school or a club
Been a 'sports leader' or 'sports ambassador'

Helped with setting up or clearing away
$\square$
$\square$

Helped with refreshments (food or drink)
Given any other help. Please tell us what you did:
$\square$
No, have not done any of these activities since [current month] last year $\square$

## YEAR 7-11

Vol_c

Since [current month] last year, have you volunteered, or given your time to do any of the following activities?

## Please tick $(\checkmark)$ all the boxes that apply

Raised money for a sports club, organisation or event
(Only include fundraising for sport, not fundraising by taking part in a sports event or activity) $\square$

Been a 'sports leader' or 'sports ambassador' $\square$
Coached or instructed an individual or team(s) in a sport, dance or fitness activity (other than solely for family members) $\square$

Refereed or umpired at a sports match, competition or event

Acted as a steward or marshal at a sports or dance activity or event $\square$
Provided any other help for a sport, dance or fitness activity (e.g. helping with refreshments; setting up sports kit or equipment, scoring matches, first aid). Please tell us what you did: $\square$

No, have not done any of these activities since [current month] last year $\square$

## YEAR 5-6, YEAR 7-11

ASK if Vol_b or Vol_c shows a relevant activity has been done (not none of these)

VoIN_bc
[If only one activity selected at Vol_b or Vol_c]: And have you [volunteering textfill] more than once since [current month] last year?
[If more than one activity is selected at Vol_b or Vol_c]: Think about all those sport, dance and fitness activities you have given your time to support [c ': or volunteered in]. Have you given your time more than once since [current month] last year?


## YEAR 3-6, YEAR 7-11

WellHp_bc
Overall, how happy did you feel yesterday?
0 Not at all happy... 10 Completely happy shown on horizontal scale

## YEAR 3-6

WellHpU_b
Is this how you usually feel?


YEAR 7-11
WellSt_c
Overall, how satisfied are you with your life nowadays?
0 Not at all satisfied... 10 Completely satisfied shown on horizontal scale YEAR 7-11

WellWt C

Overall, to what extent do you feel that the things you do in your life are worthwhile?

0 Not at all worthwhile... 10 Completely worthwhile shown on horizontal scale

## YEAR 3-6, YEAR 7-11

Try_bc
Thinking about all the things you do at school and at home, how much do you agree or disagree with the following statement:

If I find something difficult, I keep trying until I can do it.


## YEAR 3-6, YEAR 7-11

Trust_bc
How much do you feel you can trust people who are a similar age to you?

$$
\begin{aligned}
\text { I can trust them a lot } & \square \\
\text { I can trust them a bit } & \square \\
\text { I can't trust them very much } & \square \\
\text { I can't trust them at all } & \square
\end{aligned}
$$

YEAR 3-6, YEAR 7-11
SEX_bc
We now have some final questions about you.
Are you a...

Girl $\square$
Boy $\square$
Other $\square$
Prefer not to say $\square$

## YEAR 7-11

ASK IF Sex_c = 'Other’
SEXOth_c
You have not categorised yourself as a boy or a girl. How would you describe yourself?


Prefer not to say $\square$

YEAR 3-6, YEAR 7-11, PARENT
Age_bcd
[d: 'We now have some final questions about your son/daughter.'] How old [b or c: ‘are you'; d : 'is your son' or 'is your daughter']?

[if d] 6

[if bor d] 7 $\square$
[if b] 8

[if b] 9
[if b] 10 $\square$
[if b or c] 11 $\square$
[if c] 12

[if c] 13 $\square$
[if c] 14 $\square$
[if c] 15 $\square$
[if c] 16 $\square$

## PARENT

DobDD_d and DobMM_d
When is your ["son's" or "daughter's"] Birthday? Please tell us the day and the month.

## Day <br> Month

## Select

## Select

YEAR 3-6, YEAR 7-11
Eth_bc
Which one of these best describes your background or race?


## PARENTS

Eth_d
What is [your son's] ['your daughter's] ethnic group?

## White

English / Welsh / Scottish / Northern Irish / British
Irish
Gypsy or Irish Traveller
Any other White background


Mixed / Multiple ethnic groups
White and Black Caribbean
White and Black African
White and Asian
Any other Mixed / Multiple ethnic background


Asian / Asian British
Indian
Pakistani
Bangladeshi
Chinese
Any other Asian background


Black / African / Caribbean / Black British
African
Caribbean
Any other Black / African / Caribbean background


## Other ethnic group

Arab
Any other ethnic group


## YEAR 7-11, PARENTS

Dis_cd
[if c 'Do you'; if d 'Does your son' or 'Does your daughter'] have a disability, or a special educational need (e.g. dyslexia), which means [if c 'you need'; if d 'he needs' or 'she needs'] extra help to do things?

## Yes

$\square$

No $\square$

## YEAR 7-11, PARENTS

ASK IF 'YES' AT Dis_cd
DisHw_cd
Does this disability, or special educational need affect [c: ‘you’; d: 'your son' or 'your daughter'] in any of the following areas?

Please tick $(\checkmark)$ all the boxes that apply

| Moving around including walking and running | $\square$ |  |
| ---: | :--- | :--- |
| Using [your / his / her] hands for writing or to pick things | $\square$ |  |
| up |  |  |
| Seeing and using [your / his / her] eyes | $\square$ |  |
| Hearing and using [your / his / her] ears | $\square$ |  |
| Speaking and communicating | $\square$ |  |
| Breathing (e.g. asthma) | $\square$ |  |
| Difficulty learning new things | $\square$ |  |
| Reading or writing (e.g. dyslexia) | $\square$ |  |
| Using numbers (e.g. dyscalculia) | $\square$ |  |
| Co-ordination (e.g. dyspraxia) | $\square$ |  |
| [your/his / her] mental health and how [you/ he / she] | $\square$ |  |
| [feels] | $\square$ |  |
| How [you / he / she] [behave / behaves] in a way which |  |  |
| makes life difficult | $\square$ |  |
|  | Gives [you / him / her] pain | $\square$ |

Affects [your / his / her] health for a long time $\square$ Affects [you / him / her] in another way. Please tell us how:


## YEAR 5-6

Dis_b
Do you need extra help with any of these things?
Please choose everything that applies to you

Moving around including walking and running $\square$ Using your hands for writing or to pick things up $\square$


Breathing $\square$

Reading or writing $\square$
 How you feel $\square$
How you behave $\square$
I don't need extra help with any of these things $\square$

YEAR 7-11

## Eatlunch_c

## [INTRODUCED DURING SUMMER TERM 18 ON A PILOT BASIS]

Where do you normally eat lunch on school days? If it varies from day to day, choose the option which applies on most days.


I mainly go outside of school and buy my lunch $\square$
I mainly bring a packed lunch to school $\square$

I mainly go home to have my lunch $\square$

## YEAR 7-11

SchM_c
Do your parents have to pay if you have school meals?


## YEAR 3-6, YEAR 7-11, PARENTS

FASCar_bcd
[Note that in the autumn term 2017 this was a two category question: yes/no, from Spring 2018 the categories were as follows]

We would now like to ask you some questions about your home and your family.

## Does your family own a car, van or truck?

No

Yes, one

Yes, two or more $\square$

PARENTS ONLY from Spring term (d): If they try to skip past show: "Missing answer: These questions are not related to sport or physical activity but help us understand how wider factors might impact on young people's engagement in sport and physical activity." Then on this screen if they have tried to skip past show Prefer not to say as a new option alongside the existing options.

Prefer not to say $\square$
[b or c: ‘Do you’; d: ‘Does your son’ or ‘Does your daughter’] have [b or c: ‘your'; d: ‘his’ or ‘her’] own bedroom for [b or c: ‘yourself’; d: 'himself' or 'herself']?


PARENTS ONLY from spring term (d): If they try to skip past show: "Missing answer: These questions are not related to sport or physical activity but help us understand how wider factors might impact on young people's engagement in sport and physical activity." Then on this screen if they have tried to skip past show Prefer not to say as a new option alongside the existing options.

## Prefer not to say

$\square$

## YEAR 3-6, YEAR 7-11, PARENTS

FASpc_bcd

## How many computers does your family own (including laptops and

 tablets/iPads, but NOT including game consoles and smartphones)?None $\square$
One $\square$
Two $\square$
More than two $\square$
PARENTS ONLY from Spring term (d): If they try to skip past show: "Missing answer: These questions are not related to sport or physical activity but help us understand how wider factors might impact on young people's engagement in sport and physical activity." Then on this screen if they have tried to skip past show Prefer not to say as a new option alongside the existing options.

Prefer not to say


How many times did you and your family travel out of England for a holiday last year?

None


Once


Twice


More than twice $\square$

PARENTS ONLY from Spring Term (d): If they try to skip past show: "Missing answer: These questions are not related to sport or physical activity but help us understand how wider factors might impact on young people's engagement in sport and physical activity." Then on this screen if they have tried to skip past show Prefer not to say as a new option alongside the existing options.

Prefer not to say $\square$

## YEAR 3-6

FASBth bcd
[b: How many bathrooms are in your home?]
[d, c:How many bathrooms (room with a shower/ bath or both) are in your home?]

None $\square$
One


Two


More than two


PARENTS ONLY from Spring Term (d): If they try to skip past show: "Missing answer: These questions are not related to sport or physical activity but help us understand how wider factors might impact on young people's engagement in sport and physical activity." Then on this screen if they have tried to skip past show Prefer not to say as a new option alongside the existing options.

## Prefer not to say

$\square$

## YEAR 3-6, YEAR 7-11, PARENTS

FASDsh_bcd

## Does your family have a dishwasher at home?



PARENTS ONLY from Spring Term (d): If they try to skip past show: "Missing answer: These questions are not related to sport or physical activity but help us understand how wider factors might impact on young people's engagement in sport and physical activity." Then on this screen if they have tried to skip past show Prefer not to say as a new option alongside the existing options.

## Prefer not to say

$\square$

## THANKS_bcd

Thank you! That is the end of the survey.

## Appendix: Activity textfills

| Code | First activity Textfill | Second activity textfill | Third activity textfill |
| :---: | :--- | :--- | :--- |
| $-1 C$ | Walking to get to other places | walked somewhere | this walk take [you / your son / your daughter] |
| $-1 D$ | Walking for travel | walked for travel | this walk take [you / your son / your daughter] |
| -2 | Going on a walk | went on a walk | go on a walk |
| -3 | Riding a scooter | rode a scooter | ride a scooter |
| $-4 C$ | Cycling to get to other places | Cycled to get to other places | this cycle take [you / your son / your daughter] |
| $-4 D$ | Cycling for travel | went cycling fol fun | cycle for fun |
| -5 | Cycling for fun | rode a scooter | dance |
| -6 | Dancing | your daughter] |  |
| -7 | Kicking a ball about | kicked a ball about | kick a ball about |
| -8 | Skateboarding, roller skating | skateboarded or roller skated | skateboard or roller skate |
| -9 | Trampolining | trampolined | go trampolining |
| -10 | Frisbee, throwing/catching, skipping | played frisbee, throwing/catching, or skipped | play frisbee, throwing/catching, or skip |
| -11 | Running games e.g. tag | took part in running games e.g. tag | take part in running games e.g. tag |
| -12 | Climbing / swinging in playground or garden | climbed or swung in a playground or garden | climb or swing in playground or garden |
| -13 | Swimming | went swimming | go swimming |
| -14 | Football | played football | play football |
| -15 | Netball | played netball | play netball |
| -16 | Hockey | played hockey | play hockey |
| -17 | Cricket | played cricket | play cricket |
| -18 | Rugby | played rugby | play rugby |
| -36 | Baseball, softball | played baseball or softball | play baseball or softball |
| -19 | Rounders | played rounders | play rounders |
| -20 | Basketball | played basketball | play basketball |
| -21 | Dodgeball / benchball | play dodgeball or benchball |  |
| -22 | Table tennis / ping pong | played dodgeball or benchball | play table tennis or ping pong |
| -23 | Badminton | played table tennis or ping pong | play badminton |
| 24 | Tennis | played badminton | play tennis |


| -25 | Gymnastics | did gymnastics | do gymnastics |
| :--- | :--- | :--- | :--- |
| $\_26$ | Cheerleading | did cheerleading | do cheerleading |
| -27 | Running / jogging | ran or jogged | run or jog |
| -35 | Sports day | took part in sports day | take part in sports day |
| -28 | Field athletics | took part in field athletics | take part in field athletics |
| -29 | Gym or fitness | took part in gym or fitness activities | take part in gym or fitness activities |
| -30 | Horse riding | went horse riding | go horse riding |
| -31 | Martial arts | did martial arts | do martial arts |
| -37 | Boxing | did boxing | box |
| -32 | Climbing | climbed | climb |
| -33 | lce skating | went ice skating | go ice skating |
| $\_34$ | Water sports | took part in water sports | take part in water sports |


[^0]:    ${ }^{2}$ As an example, if a parent fills in the grid to show their son played rugby on Thursday 20 April, seven days ago, this question will ask "You said you that on Thursday 20 April, seven days ago, your son played rugby outside normal school hours. How long did your son play rugby for?

