



Active Lives Children and Young People Survey: Year 3-11 and parents Master Questionnaire Year 2: 2018/19

#### Notes on the questionnaire:

This document is one of three questionnaire documents for the Year 2 survey. This document covers the questionnaires for pupils in school years 3-11 and parents. Within this document there are three variations:

- Years 3-6 children (b)
- Years 7-11 children (c)
- Parents of years 1-2 children(d)

The other two documents are:

- Years 1-2 children (a) (in PowerPoint)
- Teacher questionnaire

To differentiate the question names between the versions for pupils and parents, we have used suffixes **a** through **d** to relate to version. The relevant letter is shown above for each group.

In addition, there are some questions which were not asked of year 3-4 pupils to reduce burden on this younger age group. This information is shown where relevant in the routing above the question so note that some questions with the suffix b are only asked to year 5-6.

#### Further scripting or other notes

- For years 3-6 (b) the online questionnaire font for both the question wording and response codes is Comic Sans MS, and for years 7-11 (c) the font is Arial. Comic Sans is chosen as it looks most like written text and is easier for young children to read
- We have made use of textfills at various questions, and these are specified [in square brackets]. These amend the question wording so that the question is appropriately worded. For example, it refers to 'you' (for children) or to 'your son' or 'your daughter' (for parents). Use of son or daughter is based on the answer to Sex\_d. There are also other text fills e.g. for the month/day of the week according to the day the questionnaire is completed.
- Codes
  - For some questions, the available response codes differ between the questionnaire versions. We have specified this.
- Single- vs Multi-code questions
  - Single-code questions permit only one answer. These include the instruction to the respondent to tick one box only.
  - Multi-code questions permit more than one answer, and these include the instruction to the respondent to tick all the boxes that apply.

#### How to start the online interviews: URLs

Pupils: Within each school up to three classes were selected. A unique URL was provided for each class selected for the survey within a school. Pupils entered the URL and started the survey (no log in required).

Parents: Only parents of year 1-2 pupils were invited to take part in the survey. In each school with year 1-2 pupils selected for the survey a unique school URL was provided for all parents assigned to survey within a school. This meant all parents within one school had the same link. Parents were given the opportunity to provide an email address if they wished to receive a unique individual link to go back into the survey at a later time. If they did not provide an email they could complete the survey in one sitting.

#### Images

For pupils, images were used within the questionnaire to make the questionnaire more appealing and fun to complete and in places to aid their understanding. This is specified.

#### Using this document

This document is the script for the questionnaire originally prepared for programmers who scripted the online questionnaire. It shows the questionnaire content and the different textfills and routing etc. During fieldwork questionnaire summaries for year 1-2, 3-6 and 7-11 were prepared to show teachers what to expect. These have also been archived. For a quick user-friendly outline of the content for those groups, users may find the summary documents more helpful.

Question names, routing and instructions to programmers are shown in red in this document.

## YEAR 3-6, YEAR 7-11, PARENT Intro\_bcd

[if questionnaire versions = b or c: 'We would like to ask you some questions about sport and activities. Please press 'Next' to start the questionnaire']

[if questionnaire version = d 'We would like to ask you some questions about sport and activities that your child at primary school may have taken part in. Please press 'Next' to start the questionnaire'].

[if questionnaire version = d Please provide your email address so we can email you a unique link to your responses. This link will allow you to return to your survey, in the event that you exit this form before you have completed the survey. Providing an email address is optional (just click 'next' if you do not wish to). If you do not wish to provide an email contact, please complete the questionnaire in one sitting if possible.

Email address:]

## PARENT

Sex\_d

## Is your child a...

If you have more than one child in Year 1 or 2 please complete this survey about the child who is taking part in the survey with their class.

If you have more than one child completing the survey with their class:

- We would like you to complete this survey once for each child
- If you are only able to complete the survey once, please complete the questionnaire about the child whose name starts with the letter earliest in the alphabet, or the second letter if they share the same initial

Воу	
Girl	

**Notes on scripting:** At SchYr\_bc, for version b (years 3-6) only codes 'Year 3' to 'Year 6' appear, and for version c (years 7-11) only codes 'Year 7' to 'Year 11' appear. For other school types all year groups are shown. Routing in the rest of the questionnaire is based on their year group as reported at this question regardless of school type (so an answer of 3,4,5,6 will be regarded as a 'b' for the rest of the questionnaire and an answer of 7,8,9,10,11 will be regarded as a 'c' for the rest of the questionnaire).

## YEAR 3-6, YEAR 7-11 SchYr\_bc

## Which school year are you in?

Year 3	
Year 4	
Year 5	
Year 6	
Year 7	
Year 8	
Year 9	
Year 10	
Year 11	

## PARENTS SchYr\_d

Which sch	ool year is	your [if	sex_d=bo	y 'son'/ if	sex_d=girl
'daughter']	in?				

Year 1	
Year 2	

## YEAR 5-6, YEAR 7-11

## Event\_bc

# Since [current month] last year, have you been to see any live sporting events?

<u>Please include</u> all matches, races and competitions, including professional sport and watching friends and family compete.

<u>Please do not include</u> any events that you took part in yourself, or events you watched on TV.

Yes		
No	200	
Can't remember		

# YEAR 5-6, YEAR 7-11 ASK IF 'YES' TO Event\_bc EventN\_bc

How many live sporting events have you been to see since [current month] last year?

<u>Please include</u> all matches, races and competitions, including professional sport and watching friends and family compete.

<u>Please do not include</u> any events that you took part in yourself, or events you watched on TV.

One	
Тwo	
Three or more	

### **Notes on scripting:** No icons appear for version d (parents). **YEAR 3-6, YEAR 7-11, PARENTS** Week\_bcd

Which of these [b or c: 'have you'; d: 'has your son' or 'has your daughter'] done in the last seven days, since last [current day of the week]?

• Please choose all the exercise, sport and fitness activities [b or c 'you'; d 'he' or 'she'] did.

• The list includes things like running around, dancing, walking and cycling, as well as sports.

• Include things [b or c: 'you'; d 'he' or 'she'] did at school (including in PE lessons), at home, at clubs, or somewhere else

• [d: 'You may find it helpful to complete this question with your son/daughter].

[b: 'Please choose everything you did'][c, d: 'Please select all that apply'][b 'Make sure you scroll down the screen so you see all of the activities']

Walking to get to school or other places	
Going on a walk (includes walking a dog)	
Riding a scooter	
Cycling to get to school or other places	
Cycling/riding a bike for fun or fitness	
Dancing	V

Kicking a ball about	
Skateboarding, roller skating/blading	<b>E</b>
Trampolining (including in a garden, at a trampoline centre, or as part of a club)	
Frisbee, throwing and catching or skipping	
Playing it, tag, chase, sardines or other running game	
Climbing or swinging in the playground, garden or park	
Swimming	
Football	
Netball	
Hockey	
Cricket	
Rugby	III <b>N</b>
Baseball, softball	
Rounders	
Basketball	
Dodgeball, benchball	
Table tennis/ping pong	-
Badminton	

Tennis	
Gymnastics	
Cheerleading	
Running, jogging, cross-country, the Daily Mile	
[b, d: Sports day events]	r
[c: Field athletics]	
[c:Gym or fitness (fitness class e.g. yoga, or using exercise machines e.g. rowing machine, exercise bike, running machine)]	
Horse riding	
Judo, karate, taekwondo and other martial arts	je.
Boxing	
Climbing (including indoors)	
Ice skating	
Water sports (canoeing, kayaking, sailing, rowing, surfing)	
[b,c: If you did any other sports or exercise, please tell us what you did in the boxes below /	
d: If your son/daughter did any other sports or exercise, please tell us what they did in the boxes below (4 boxes)]	

None of these

YEAR 3-6, YEAR 7-11, PARENTS ASK IF WEEK\_bcd= 'None of these' Wk4\_bcd

[if b or c and Week\_bcd = None of these: 'You haven't done any of these activities in the last week'; if d and Week\_bcd = None of these 'Your son hasn't done any of these activities in the last week' or 'Your daughter hasn't done any of these activities in the last week']

[b or c: 'Have you'; d: 'Has your son' or 'Has your daughter'] done any of these activities in the last <u>4 weeks</u>?] Please tick ( $\checkmark$ ) all the boxes that apply

[SHOW SAME CODES AS Week\_bcd. Remove the other-specify codes and replace with a closed code:

[b: 'Some other sport, game or activity not in the list above']

[c,d: 'Other sports and fitness activities and energetic games not listed above']

## YEAR 3-6, YEAR 7-11, PARENTS ASK IF ONE OR TWO ACTIVITIES SELECTED AT Wk4\_bcd Wk4Oft\_bcd

How many times in the last <u>4 weeks</u> [b or c 'have you'; d 'has your son' or 'has your daughter'] done any of these activities?



## YEAR 3-6, YEAR 7-11, PARENTS ASK IF ONE OR MORE ACTIVITIES SELECTED AT Wk\_bcd Grid\_bcd

#### Notes on scripting Grid\_bcd, the diary grid: Audience

• To be asked in all versions b, c and d.

#### Layout

• An example of the layout is shown in the teacher summary for pupils.

#### Activities

The text for the activities are to be shortened versions of the full wording at Wk\_bcd. See appendix in which these are specified (first activity textfill).

- If a respondent records 'Walking to get to school or other places' at Wk\_bcd, three separate activities appear on the grid at school: 'Walking to school', 'Walking home from school', 'Walking to get to other places (excludes walking around school but includes school trips/walking to offsite games fields or buildings etc.)' (b,c), 'Walking for travel (excludes walking around school but includes school trips/walking to offsite games fields or buildings etc.)' (b,c), 'Walking to offsite games fields or buildings etc.)' (b,c), walking to offsite games fields or buildings etc.)' (d). On the outside school grid only 'Walking to get to other places' (b,c) 'Walking for travel' (d) are shown.
- If a respondent records 'Cycling to get to school or other places' at Wk\_bcd, three separate activities appear on grid at school: 'Cycling to school', 'Cycling home from school', 'Cycling to get to other places' (b,c), 'Cycling for travel' (d). On the outside school grid only 'Cycling to get to other places' (b,c) 'Cycling for travel' (d) are shown.
- 'Going on a walk (includes walking a dog)' is only shown on the out of school grid, not the in-school grid.

## Grid\_bcd (at school)

Please tell us on which days [b or c 'you'; d 'he' or 'she'] did each of these activities while [b or c 'you were'; d 'he was' or 'she was'] at school, during normal school hours.

- Include activities in PE lessons and break times
- Do <u>not</u> include activities at before and after school clubs, even if these took place at school

If [b or c: 'you'; d: 'he' or 'she'] did not do one of the activities at school, during normal school hours, in the last seven days, just leave the row blank. We will ask you about what [b or c: 'you'; d: 'he' or 'she'] did outside school at the next question. [d: You may find it helpful to complete this question with your son/daughter].

## Grid\_bcd (outside school)

# Now please tell us on which days [b or c: 'you'; d: 'he' or 'she'] did these activities <u>outside school hours</u>.

Please include activities [b or c: 'you'; d: 'he' or 'she'] did:

- Before [b or c: 'you'; d: 'he' or 'she'] got to school and after [b or c: 'you'; d: 'he' or 'she'] left school
- At the weekend
- On holiday days
- At before and after school clubs, even if these took place at school

If [b or c: 'you'; d: 'he' or 'she'] did not do one of the activities outside school hours in the last seven days, just leave the row blank.

#### PARENTS

ASK IF PARENT CHOOSES ONE OR MORE ACTIVITIES AT WEEK\_BCD WHICH THEY DO NOT ENTER ANYWHERE IN THE GRID.

GridChk\_d

IF ONLY ONE ACTIVITY CHOSEN AT WEEK\_BCD IS NOT ENTERED IN THE GRID: You told us that your ['son' or 'daughter'] [second activity textfill] in the last seven days, but you did not tell us when.

Is this because...

Your [son/daughter] [second activity textfill], but you are not sure when in the last 7 days Your [son/daughter] did not actually [third activity textfill] in the

actually [third activity textfill] in the last 7 days

IF MORE THAN ONE ACTIVITY CHOSEN AT WEEK\_BCD NOT PLACED IN THE GRID: You told us that your ['son' or 'daughter'] did the following activities in the last seven days, but you did not tell us when.

For each activity, please tell us whether this is because your daughter did the activity but you are not sure when, or because your daughter did not actually do the activity.

	He/She did this activity in the last 7 days but I am not sure when	He/she did not do this activity in the last 7 days
Activity 1		
Activity 2etc		

#### Notes on scripting

The next two questions Time\_bcd and Location\_bc are asked for each activity reported as having been done on the outside school Grid\_bcd. They are not asked for activities only reported on the at school grid. For activities reported on the outside school grid these are the exceptions when Time\_bcd or Location\_bc are not asked:

- Walking to or from school and cycling to or from school are not asked either question as they are asked specific questions about the walk or cycle to school
- Location\_bc is not asked for the following activities which are assumed to be outdoors:
  - Walking to get to school or other places,
  - Going on a walk;
  - o Riding a scooter;
  - Cycling to get to other places;
  - o Climbing or swinging in the playground, garden or park;
  - Cycling for fun;
  - Sports day;
  - o Field athletics;
  - o Rounders.
- Location\_bc is not asked to pupils in years 3 and 4 or parents

The looped questions start with the most recently done activities (yesterday) and then those done two days ago and so on. Time\_bcd and Location\_bc are only asked once for each activity. For instance, if a child danced outside school on Thursday (yesterday) and on Tuesday (three days ago) and Sunday (five dates ago) they should only be asked Time\_bcd and Location\_bc with respect to Thursday (yesterday).

## YEAR 3-6, YEAR 7-11, PARENTS Time\_bcd

You told us that on [day of the week], [X days ago], [you / your son / your daughter] [second activity textfill] [if day is Monday to Friday 'outside normal school hours']<sup>1</sup>.

How long did [you / your son / your daughter] [third activity textfill] for?

Less than 10 minutes	
About quarter of an hour	
About half an hour	
About three-quarters of an hour	
One hour	
More than an hour	
[if b] 'Don't know' [if c or d] 'Cannot give estimate'	

<sup>&</sup>lt;sup>1</sup> As an example, if a parent fills in the grid to show their son played rugby on Thursday 20 April, seven days ago, this question will ask "You said you that on Thursday 20 April, seven days ago, your son played rugby outside normal school hours. How long did your son play rugby for?

YEAR 5-6, YEAR 7-11

### Location\_bc

## And did you [third activity textfill] indoors, or outdoors?

Indoors

Outdoors

#### YEAR 3-6, YEAR 7-11, PARENTS ASK IF CHILD HAS WALKED TO OR FROM SCHOOL ON ANY DAY

WalkSch\_bcd

How long does it usually take [you / your son / your daughter] to walk

[if walked to and from school 'to'; if only walked home from school 'home from'] school?

Less than 10 minutes	
About quarter of an hour	
About half an hour	
About three-quarters of an hour	
One hour	
More than an hour	
[b: 'Don't know'; c or d: 'Cannot give estimate']	

#### YEAR 3-6, YEAR 7-11, PARENTS ASK IF CHILD HAS CYCLED TO OR FROM SCHOOL ON ANY DAY

CycleSch\_bcd

How long does it usually take [you / your son / your daughter] to cycle [if cycled to and from school 'to'; if only cycled home from school 'home from'] school?

Less than 10 minutes	
About quarter of an hour	
About half an hour	
About three-quarters of an hour	
One hour	
More than an hour	
[b: 'Don't know'; c or d: 'Cannot give estimate']	

#### Notes on scripting:

- The following two questions (BrFast\_bc, Hot\_bc) ask whether each activity the child did in the past week from Week\_bcd made them breathe faster, and made them hot and tired.
- The questions are asked for each activity, both on the same screen
- The activities selected at Week\_bcd are used at this question, shorted and reworded, in order to work grammatically within the question (see Appendix).
- For some activities, the intensity was assumed, and so participants were not asked the following two questions. See appendix for which activities these were.

## YEAR 3-6, YEAR 7-11 ASK IF ONE OR MORE ACTIVITIES SELECTED AT Week\_bcd AND given a time slot in at least one of the grids BrFast\_bc

When you [second activity textfill], did it make you breathe faster?

OR

When you [second activity textfill], did it make you breathe faster than sitting down reading?<sup>2</sup>



<sup>&</sup>lt;sup>2</sup> Half of the sample were asked the first version of this question (the wording used in Year 1 of the survey) and half of the sample were asked the newer version of the question. The version of the question was randomly allocated to the respondents.

## YEAR 3-6, YEAR 7-11

# ASK IF ONE OR MORE ACTIVITIES SELECTED AT Week\_bcd AND given a time slot in at least one of the grids Hot\_bc

When you [second activity textfill], did it make you hot or tired?



#### Notes on scripting

The following questions are presented on one screen with drop down menus to select answers.

The same strongly agree to strongly disagree scale is used for all the questions.

#### YEAR 3-6, YEAR 7-11

PLEnjoy\_bc

We would now like you to think about all types of exercise and sport. How much do you agree or disagree with the following statements?

I enjoy taking part in exercise and sports.

YEAR 3-6, YEAR 7-11 PLConf\_bc

I feel confident when I exercise and play sports.

YEAR 3-6, YEAR 7-11

PLEasy\_bc

I find exercise and sports easy.

YEAR 3-6, YEAR 7-11 PLGdMe\_bc

I understand why exercise and sports are good for me.

YEAR 7-11

PLKnow\_c

I know how to get involved and improve my skills in lots of different types of exercise and sports.

Strongly agree	
Agree	
Disagree	
Strongly disagree	
Can't say	

Notes on scripting: No icons appear for version d (parents).

## YEAR 3-6, YEAR 7-11, PARENTS

SwmCan\_bcd

We now have some questions about swimming.

Can [b or c: 'you'; d: 'your son or daughter'] swim?





YEAR 3-6, YEAR 7-11, PARENTS

## ASK IF YES AT SwmCan\_bcd

Swm25Can\_bcd

Can [b or c: 'you'; d: 'your son or daughter'] swim a length of a swimming pool (25 metres) without stopping?

Yes	
No	

**YEAR 7-11** 

ASK IF YES AT Swm25Can\_c

Swm200Can\_c

Can you swim 200 metres (eight lengths of a standard sized swimming pool without stopping?

Yes	
No	

## **YEAR 7-11**

## ASK IF YES AT SwmCan\_bc

SwmStk\_c

Which of the following swimming strokes can you do?

Please tick ( $\checkmark$ ) all the boxes that apply

Front crawl	
Backstroke	
Breaststroke	
Butterfly	
None of these	



Notes on scripting: Icon appears only for version b (year 3-6).

## YEAR 3-6, YEAR 7-11, PARENTS SwmTrd\_bcd

[b and c: 'Can you stay in one place in the pool and keep your head above the water without holding onto the side or a float, and without touching the bottom of the pool? This is sometimes called treading water']

[ d: Can your ['son' or 'daughter'] tread water? This means staying in one place in the pool and keeping ['his' or 'her'] head above the water without holding onto the side or a float, without touching the bottom of the pool and without being held by someone.]



Yes	
No	

YEAR 3-6, YEAR 7-11

SwmOft\_bc

## Would you like to swim more often?

Yes	
Νο	

## YEAR 3-6, YEAR 7-11

SwmLake\_bc

Imagine that tomorrow you fall into a large lake. The lake is deep and you can't touch the bottom. You have all your clothes on, and you are about five metres away from the land (this is about the length of a large car). Could you get back to the land without someone helping you?

Yes	
No	

## YEAR 5-6 Vol\_b

Since [current month] last year, have you volunteered, or given your time to do any of the following activities? Think only about when you do them to help with sports, exercise or dance.

Please choose everything you have done

Raised money for sports or dance at school or a club

Been a 'sports leader' or 'sports ambassador'

Helped with setting up or clearing away

Helped with refreshments (food or drink)

Given any other help. Please tell us what you did:

No, have not done any of these activities since [current month] last year

## YEAR 7-11

Vol\_c

Since [current month] last year, have you volunteered, or given your time to do any of the following activities?

## Please tick ( $\checkmark$ ) all the boxes that apply

Raised money for a sports club, organisation or event

(Only include fundraising for sport,	not fundraising by taking part in a sports
	event or activity)

Been a 'sports leader' or 'sports ambassador'

Coached or instructed an individual or team(s) in a sport, dance or fitness activity (other than solely for family members)

Refereed or umpired at a sports match, competition or event

Acted as a steward or marshal at a sports or dance activity or event

Provided any other help for a sport, dance or fitness activity (e.g. helping with refreshments; setting up sports kit or equipment, scoring matches, first aid). Please tell us what you did:

No, have not done any of these activities since [current month] last year

## YEAR 5-6, YEAR 7-11

ASK if Vol\_b or Vol\_c shows a relevant activity has been done (not none of these)

VoIN\_bc

[If only one activity selected at Vol\_b or Vol\_c]: And have you [volunteering textfill] more than once since [current month] last year?

[If more than one activity is selected at Vol\_b or Vol\_c]: Think about all those sport, dance and fitness activities you have given your time to support [c ': or volunteered in]. Have you given your time more than once since [current month] last year?

Yes	
No	

YEAR 3-6, YEAR 7-11

WellHp\_bc

## Overall, how happy did you feel yesterday?

0 Not at all happy...10 Completely happy shown on horizontal scale

YEAR 3-6 WellHpU\_b

Is this how you usually feel?

Yes	
No	

## **YEAR 7-11**

WellSt\_c

## Overall, how satisfied are you with your life nowadays?

0 Not at all satisfied...10 Completely satisfied shown on horizontal scale

## **YEAR 7-11**

WellWt\_c

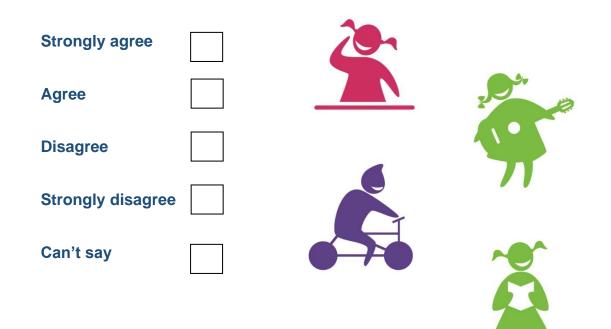
# Overall, to what extent do you feel that the things you do in your life are worthwhile?

0 Not at all worthwhile...10 Completely worthwhile shown on horizontal scale

YEAR 3-6, YEAR 7-11 Try\_bc

Thinking about all the things you do at school and at home, how much do you agree or disagree with the following statement:

If I find something difficult, I keep trying until I can do it.



YEAR 3-6, YEAR 7-11 Trust\_bc

How much do you feel you can trust people who are a similar age to you?

I can trust them a lot	
I can trust them a bit	
I can't trust them very much	
I can't trust them at all	

YEAR 3-6, YEAR 7-11

SEX\_bc

We now have some final questions about you.

Are you a...



**YEAR 7-11** 

ASK IF Sex\_c = 'Other' SEXOth\_c

You have not categorised yourself as a boy or a girl. How would you describe yourself?

Pre	efer not to say	

## YEAR 3-6, YEAR 7-11, PARENT

Age\_bcd

[d: 'We now have some final questions about your son/daughter.']

How old [b or c: 'are you'; d: 'is your son' or 'is your daughter']?

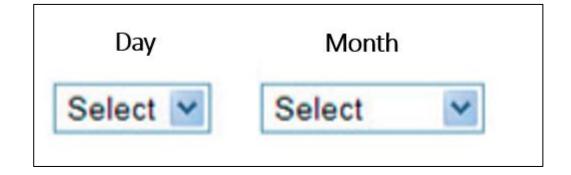
[if d] 5		
[if d] 6		
[if b or d] 7		
[if b] 8		
[if b] 9		
[if b] 10		
[if b or c] 11		
[if c] 12		
[if c] 13		
[if c] 14		
[if c] 15		
[if c] 16		

### PARENT

DobDD\_d and DobMM\_d

When is your ["son's" or "daughter's"] Birthday? Please tell us the day and the month.

This question is asked so that your answers can be linked with answers your child has given in the survey using date of birth and gender. Your answers provide information on the activities your child does and your child's answers tell us about their attitudes to activity.



## YEAR 3-6, YEAR 7-11 Eth\_bc

Which one of these best describes your background or race? White (British or English)	
White (not British or English)	
Mixed race	
Asian or British Asian	
Black or Black British	
Other	
Prefer not to say	

## PARENTS

Eth\_d

# What is [your son's] ['your daughter's] ethnic group?

Wh	ite

Irish

Gypsy or Irish Traveller

Any other White background

#### Mixed / Multiple ethnic groups

White and Black Caribbean

White and Black African

White and Asian

Any other Mixed / Multiple ethnic background

Asian / Asian British

Indian

Pakistani

Bangladeshi

Chinese

Any other Asian background

Black / African / Caribbean / Black British

African

Caribbean

Any other Black / African / Caribbean background

Other ethnic group

Arab

Any other ethnic group



[		
Ī		

# YEAR 7-11, PARENTS

Dis\_cd

[if c 'Do you'; if d 'Does your son' or 'Does your daughter'] have a disability, or a special educational need (e.g. dyslexia), which means [if c 'you need'; if d 'he needs' or 'she needs'] extra help to do things?

Yes	
No	
Prefer not to say	

# YEAR 7-11, PARENTS ASK IF 'YES' AT Dis\_cd DisHw\_cd

Does this disability, or special educational need affect [c: 'you'; d: 'your son' or 'your daughter'] in any of the following areas?

Please tick ( $\checkmark$ ) all the boxes that apply

Moving around including walking and running	
Using [your / his / her] hands for writing or to pick things up	
Seeing and using [your / his / her] eyes (includes colour blindness)	
Hearing and using [your / his / her] ears	
Speaking and communicating	
Breathing (e.g. asthma)	
Difficulty learning or understanding new things	
Reading or writing (e.g. dyslexia)	
Using numbers (e.g. dyscalculia)	
Co-ordination (e.g. dyspraxia)	
[your/his / her] mental health and how [you/ he / she] [feel / feels] (including feeling anxious or depressed) How [you / he / she] [behave / behaves] in a way which makes life difficult (includes autism or anger problems)	
Gives [you / him / her] pain	
Affects [your / his / her] health for a long time (includes conditions such as diabetes)	
Concentrating and paying attention	
Affects [you / him / her] in another way. Please tell us how:	

None of these

# **YEAR 3-6**

Dis\_b

Do you need extra help with any of these things? Please choose everything that applies to you

Moving around including walking and running	
Using your hands for writing or to pick things up	
Seeing and using your eyes (includes colour blindness)	
Hearing and using your ears	
Speaking	
Breathing	
Reading or writing	
Using numbers	
How you feel	
How you behave (includes autism or anger problems)	
Concentrating and paying attention	
I don't need extra help with any of these things	
Prefer not to say	

**YEAR 7-11** 

Eatlunch\_c

[INTRODUCED DURING SUMMER TERM 18 ON A PILOT BASIS]

Where do you normally eat lunch on school days? If it varies from day to day, choose the option which applies on most days.

I mainly eat school lunches (food served by the school)

I mainly go outside of school and buy my lunch

I mainly bring a packed lunch to school

I mainly go home to have my lunch

## **YEAR 7-11**

SchM\_c [two wordings offered]

[if Eatlunch\_c = I mainly eat school lunches (food served by the school] Do your parents have to pay if you have school meals?

[if Eatlunch\_c = I mainly go outside of school and buy my lunch, I mainly bring a packed lunch to school or I mainly go home to have my lunch] You say that you do not usually have a school lunch, but if you had a school lunch (food served by the school), would your parents have to pay for it?



## YEAR 3-6, YEAR 7-11, PARENTS

#### FASCar\_bcd

[Note that in the autumn term 2017 this was a two category question: yes/no, from Spring 2018 the categories were as follows]

We would now like to ask you some questions about your home and your family.

Does your family own a car, van or truck?

No	
Yes, one	
Yes, two or more	

PARENTS ONLY (d): If they try to skip past show: "Missing answer: These questions are not related to sport or physical activity but help us understand how wider factors might impact on young people's engagement in sport and physical activity." Then on this screen if they have tried to skip past show Prefer not to say as a new option alongside the existing options.

#### YEAR 3-6, YEAR 7-11, PARENTS FASBed\_bcd

[b or c: 'Do you'; d: 'Does your son' or 'Does your daughter'] have [b or c: 'your'; d: 'his' or 'her'] own bedroom for [b or c: 'yourself'; d: 'himself' or 'herself']?

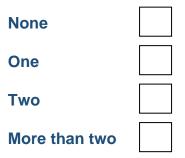
Yes	
No	

PARENTS ONLY (d): If they try to skip past show: "Missing answer: These questions are not related to sport or physical activity but help us understand how wider factors might impact on young people's engagement in sport and physical activity." Then on this screen if they have tried to skip past show Prefer not to say as a new option alongside the existing options.



## YEAR 3-6, YEAR 7-11, PARENTS FASpc\_bcd

How many computers does your family own (including laptops and tablets/iPads, but NOT including game consoles and smartphones)?



PARENTS ONLY (d): If they try to skip past show: "Missing answer: These questions are not related to sport or physical activity but help us understand how wider factors might impact on young people's engagement in sport and physical activity." Then on this screen if they have tried to skip past show Prefer not to say as a new option alongside the existing options.



### YEAR 3-6, YEAR 7-11, PARENTS

### FASHol\_bcd

How many times did you and your family travel out of England for a holiday last year?

None	
Once	
Twice	
More than twice	

PARENTS ONLY (d): If they try to skip past show: "Missing answer: These questions are not related to sport or physical activity but help us understand how wider factors might impact on young people's engagement in sport and physical activity." Then on this screen if they have tried to skip past show Prefer not to say as a new option alongside the existing options.



## YEAR 3-6 FASBth\_bcd

## [b: How many bathrooms are in your home?]

# [d, c: How many bathrooms (room with a shower/ bath or both) are in your home?]

None	
One	
Тwo	
More than two	

PARENTS ONLY (d): If they try to skip past show: "Missing answer: These questions are not related to sport or physical activity but help us understand how wider factors might impact on young people's engagement in sport and physical activity." Then on this screen if they have tried to skip past show Prefer not to say as a new option alongside the existing options.

Prefer not to say



## YEAR 3-6, YEAR 7-11, PARENTS FASDsh\_bcd

### Does your family have a dishwasher at home?

Yes	
No	

PARENTS ONLY (d): If they try to skip past show: "Missing answer: These questions are not related to sport or physical activity but help us understand how wider factors might impact on young people's engagement in sport and physical activity." Then on this screen if they have tried to skip past show Prefer not to say as a new option alongside the existing options.

Prefer not to say

### THANKS\_bcd

That is the end of the survey.

# Appendix: Activity textfills

Code	First activity Textfill (Grid)	Second activity textfill (Intensity)	Third activity textfill (time)
_1C	Walking to get to other places	walked somewhere	this walk take [you / your son / your daughter]
_1D	Walking for travel	walked for travel	this walk take [you / your son / your daughter]
_2	Going on a walk	went on a walk	go on a walk
_3	Riding a scooter	rode a scooter	ride a scooter
_4C	Cycling to get to other places	Cycled to get to other places	this cycle take [you / your son / your daughter]
_4D	Cycling for travel	Cycled for travel	this cycle take [you / your son / your daughter]
_5	Cycling for fun	went cycling for fun**	cycle for fun
_6	Dancing	rode a scooter**	dance
_7	Kicking a ball about	kicked a ball about	kick a ball about
_8	Skateboarding, roller skating	skateboarded or roller skated	skateboard or roller skate
_9	Trampolining	trampolined**	go trampolining
_10	Frisbee, throwing/catching, skipping	played frisbee, throwing/catching, or skipped	play frisbee, throwing/catching, or skip
_11	Running games e.g. tag	took part in running games e.g. tag**	take part in running games e.g. tag
_12	Climbing / swinging in playground or garden	climbed or swung in a playground or garden	climb or swing in playground or garden
_13	Swimming	went swimming	go swimming
_14	Football	played football**	play football
_15	Netball	played netball**	play netball
_16	Hockey	played hockey**	play hockey
_17	Cricket	played cricket	play cricket
_18	Rugby	played rugby**	play rugby
_36	Baseball, softball	played baseball or softball	play baseball or softball
_19	Rounders	played rounders	play rounders
_20	Basketball	played basketball**	play basketball
_21	Dodgeball / benchball	played dodgeball or benchball	play dodgeball or benchball
_22	Table tennis / ping pong	played table tennis or ping pong	play table tennis or ping pong
_23	Badminton	played badminton	play badminton
_24	Tennis	played tennis	play tennis

_25	Gymnastics	did gymnastics	do gymnastics
_26	Cheerleading	did cheerleading	do cheerleading
_27	Running / jogging	Not asked – intensity assumed	run or jog
_35	Sports day	took part in sports day	take part in sports day
_28	Field athletics	took part in field athletics**	take part in field athletics
_29	Gym or fitness	Not asked – intensity assumed	take part in gym or fitness activities
_30	Horse riding	went horse riding	go horse riding
_31	Martial arts	did martial arts**	do martial arts
_37	Boxing	did boxing	box
_32	Climbing	climbed	climb
_33	Ice skating	went ice skating	go ice skating
_34	Water sports	took part in water sports	take part in water sports

\*\* for these activities, only the second intensity question was asked.