Teachers have told us that PE, school sport and physical activity can positively impact:

- **92%** academic achievement
- **98%** mental wellbeing
- **99%** physical wellbeing
- **97%** individual student development
- **93%** behaviour of students

Helping all of your students be active could benefit them, and your school, in more ways than you might think.

*Based on a study by Sheffield Hallam University of 81,773 students and 10,285 staff

Get your school behind PE