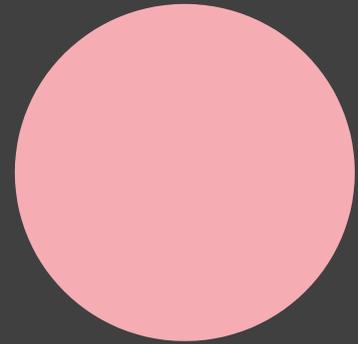
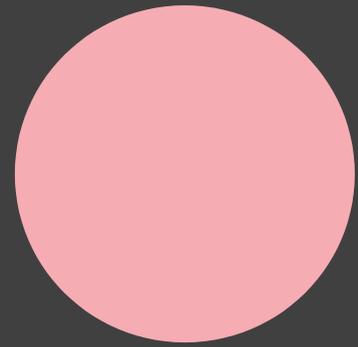

Sport England Activity Check In

Topic Questions

Wave 2 (July 2022)



Make better decisions

Savanta:

To be used alongside the Tracker Questionnaire

ADULT SURVEY (Participants aged 16+)

SECTION W2: Volunteering

ASK ALL

QW2A. Which of the following statements best describe your experience of volunteering in sport and physical activity? This may include various roles from coaching/refereeing/stewarding to providing administrative support, organising fundraising for a sports club/event or more general helping out (with refreshments, kit, transport etc.) where help is provided to people other than family members

Please select one option

SINGLE CODE

1. I have volunteered at least once in the last 12 months (since July 2021)
2. I have not volunteered in the last 12 months but have volunteered since the start of 2019
3. I have never volunteered or have done so less recently than the start of 2019

Current volunteers

I have volunteered at least once in the last 12 months (since July 2021)

ASK ALL QW2A CODE 1

QW2B. In relation to volunteering in sport and physical activity, which of the following applies to you?

Please select one option

SINGLE CODE

1. I had not volunteered in sport and physical activity prior to the Covid 19 pandemic (March 2020)
2. I had volunteered in sport and physical activity before the Covid 19 pandemic (March 2020) and continued to do so during the pandemic
3. I had volunteered in sport and physical activity before the Covid 19 pandemic (March 2020) but I stopped during the pandemic, although I have since started again (since July 2021)

ASK ALL QW2B CODE 3

QW2C. Why did you stop volunteering in sport and physical activity during the Covid 19 pandemic (between March 2020 and July 2021)?

Please select all that apply

MULTI CODE

1. I was concerned about catching Covid 19
2. I was concerned about spreading Covid 19
3. There were no/less opportunities to volunteering during this period
4. I was looking after family members
5. Covid 19 restrictions meant I was not able to volunteer
6. I no longer felt motivated/My motivations changed
96. Another reason (please specify)
97. Can't remember

ASK ALL QW2A CODE 1

QW2D. During the last 12 months, (since July 2021), have you given any of your time to do any of the following activities in sport or physical activity?

Please select all that apply

1. MULTI CODE Raise funds for a sports club, organisation or event (this only includes fundraising specifically **for** sport and/or physical activity, and does not include more general charitable fundraising through taking part in a sports event or activity)
2. Provide transport which helps people take part in sport (other than family members)
3. Coaching, instructing or leading an individual or team(s) in a sport or recreational physical activity (other than solely for family members)
4. Referee, umpire, or officiate at a sports match, competition or event
5. Perform an administrative or committee role for a sports organisation, activity or event (e.g. chairman, treasurer, social secretary, first aider, welfare officer, event/match organiser)
6. Act as a steward or marshal at a sports activity or event (this may include helping with registration, marking the route)
7. Provide any other help for a sport or recreational physical activity (such as welcoming people, helping with refreshments, setting out equipment, marketing, social media, maintenance).
96. Another activity or role not listed above (please specify)

ASK ALL QW2A CODE 1

QW2E. In which of the following ways have you given your time to do the following activities?

Please select one option for each answer

SINGLE CODE

CAROUSEL

Answer Options

1. In a formal way (e.g. through groups, clubs, charities or organisations)
2. In an informal way (e.g. outside of groups, clubs, charities or organisations)
3. In both a formal and an informal way

Statements

- SHOW ALL OPTIONS SELECTED AT QW2D

ASK ALL QW2A CODE 1

QW2F. Thinking about the following activity, on average, how long do you usually spend doing this in any given instance?

SINGLE CODE

CAROUSEL

Answer Options

1. Less than half an hour
2. Around half an hour
3. Around 45 minutes
4. Around an hour
5. Around 1.5 to 2 hours
6. 3 or 4 hours
7. More than 4 hours
97. Don't know

Statements

- SHOW ALL OPTIONS SELECTED AT QW2D

ASK ALL QW2A CODE 1

QW2G. And how often do you volunteer time to do the following activity?

SINGLE CODE

CAROUSEL

Answer Options

1. 3 times a week or more
2. Twice a week
3. Once a week
4. Once a fortnight
5. Once a month
6. A few times every 6 months (but less than once a month)
7. Once a year
8. I have only done this once before
97. Can't remember

Statements

- SHOW ALL OPTIONS SELECTED AT QW2D

ASK ALL QW2A CODE 1

QW2H To what extent do you agree or disagree with the following statements about your volunteering in sport or physical activity?

Please select one option for each answer

SINGLE CODE

CAROUSEL

Answer Options

1. Strongly agree
2. Agree
3. Neither agree nor disagree
4. Disagree
5. Strongly disagree
97. Don't know
99. Prefer not to say

Statements

RANDOMISE STATEMENTS

- A. My volunteering activity is enjoyable
- B. My volunteering is rewarding
- C. There is too much pressure and responsibility associated with my volunteering
- D. I continue to volunteer out of a sense of duty rather than for enjoyment
- E. Overall, my enjoyment of volunteering has decreased since the Covid 19 pandemic (March 2020)
- F. I am looking to increase the frequency of my volunteering in the near future
- G. The demands of my volunteering role(s) have changed over the past couple of years
- H. The sport and physical activity sector supports me as a volunteer to keep up with and adapt to participant's/wider society's changing needs (e.g. the increased demand for remote or online activities since the start of the covid-19 pandemic)

ASK ALL QW2H STATEMENT G CODES 4-5

QW2I. You mentioned that the demands of your volunteering role(s) have changed over the past couple of years, which of the following changes have you noticed?

Please select all that apply

MULTI CODE

Answer Options

1. Increased demand for my time
2. Increased number of responsibilities required of me
3. Increased demand for remote/online activities
4. There are less volunteers
96. Something else (Please specify)
97. Don't know

ASK ALL QW2A CODE 1

QW2J. How likely is it that you will continue to volunteer in sport and physical activity in the next 12 months?

Please select one option

SINGLE CODE

5. Very likely
4. Quite likely
3. Not sure
2. Quite unlikely
1. Very unlikely
97. Don't know

ASK ALL QW2A CODE 1

QW2K. Which of the following motivates you the most to continue volunteering in sport and physical activity?

Please select up to 3 options

MULTI CODE – DO NOT FORCE

1. The group/club/organisation itself (i.e. the people, the setup, etc.)
2. The cause the group/club/organisation stands for/helps
3. The difference I am making
4. A sense of duty or obligation
5. The positive impact it has on my own health and wellbeing
6. The positive impact it has on the health and wellbeing of others
7. The way it fits with my everyday life
8. The skills/experience that I gain
9. Nobody else would do it if I stopped
10. The social aspects (e.g. meeting new people / catching up with people I know)
11. I thought it would give me a chance to learn new skills
12. My child participates in the activity
99. I am not motivated to continue (EXCLUSIVE)
96. Other (Please specify) (FIX)

ASK ALL QW2A CODE 1

QW2L What do you think would improve your overall volunteering experience in sport and physical activity? This could be specific support/assistance you may require or more generic changes to the structure/organisation of sport and physical activity volunteering

OPEN ENDED

ADD NOTHING and DON'T KNOW OPTIONS

Lapsed volunteers

I have not volunteered in the last 12 months but have volunteered since the start of 2019

ASK ALL QW2A CODE 2

QW2M. Between January 2019 and July 2021 did you give any of your time to do any of the following activities in sport and physical activity?

Please select one option

MULTI CODE

8. Raise funds for a sports club, organisation or event (this only includes fundraising specifically **for** sport and/or physical activity, and does not include more general charitable fundraising through taking part in a sports event or activity)
9. Provide transport which helps people take part in sport (other than family members)
10. Coaching, instructing or leading an individual or team(s) in a sport or recreational physical activity (other than solely for family members)
11. Referee, umpire, or officiate at a sports match, competition or event
12. Perform an administrative or committee role for a sports organisation, activity or event (e.g. chairman, treasurer, social secretary, first aider, welfare officer, event/match organiser)
13. Act as a steward or marshal at a sports activity or event (this may include helping with registration, marking the route)
14. Provide any other help for a sport or recreational physical activity (such as welcoming people, helping with refreshments, setting out equipment, marketing, social media, maintenance).
97. Another activity or role not listed above (please specify)

ASK ALL QW2A CODE 2

QW2N. Which of the following applies to you?

Please select one option

SINGLE CODE

1. I stopped volunteering in sport and physical activity due to restrictions/concerns over the Covid-19 pandemic and haven't returned
2. I started volunteering during the Covid 19 pandemic but then stopped once restrictions lifted
3. I stopped volunteering for another reason unrelated to the Covid 19 pandemic (e.g. personal situation or issues with volunteering)

ASK ALL QW2N CODE 1

QW2O You said that you stopped volunteering in sport and physical activity due to restrictions/concerns over the Covid-19 pandemic, which of the following are the main reason(s) that you stopped?

Please select all that apply

MULTI CODE

RANDOMISE

4. I was worried about getting Covid 19 myself
5. I was worried about spreading Covid 19
6. Covid 19 restrictions prevented me from volunteering
7. There were no/less opportunities to volunteer during the Covid 19 pandemic
8. Volunteering commitments elsewhere (e.g. at a local food bank) **which I had prior to the Covid 19 pandemic**
9. Volunteering commitments elsewhere (e.g. at a vaccination centre) **which I started during the pandemic**
10. The group/club/organisation I volunteered at closed down/stopped
96. Another reason (please specify)
99. Don't know (EXCLUSIVE)

ASK ALL QW2N CODE 2

QW2P You said that you started volunteering during the Covid 19 pandemic but then stopped once restrictions lifted, which of the following are the main reason(s) that you stopped?

Please select all that apply

MULTI CODE

RANDOMISE

1. I had more time during the Covid 19 pandemic to volunteer due to being furloughed/not working but am now back working
2. The role I was undertaking was no longer needed when restrictions were lifted
3. The experience was not what I expected
4. I no longer felt motivated
5. Volunteering commitments elsewhere (e.g. at a foodbank or vaccination centre)
6. I wasn't able to change or adapt my role to something that suited me better
7. I was unhappy with the culture of the group/club/organisation I volunteered at
96. Another reason (Please specify)
99. Don't know (EXCLUSIVE)

ASK ALL QW2N CODE 2

QW2Q You said that you stopped volunteering for another reason unrelated to the Covid 19 pandemic, which of the following are the main reason(s) that you stopped?

Please select all that apply

MULTI CODE

RANDOMISE

1. Volunteering commitments elsewhere (e.g. at a foodbank or vaccination centre)
2. Health problems
3. I wanted more time for other things away from volunteering (e.g. interests/hobbies)
4. My child was no longer taking part
5. The group/club/organisation I volunteered at closed down/stopped
6. I no longer felt motivated
7. It became too expensive and I wasn't reimbursed for my expenses
8. The experience was not what I expected
9. My volunteering was taking up too much of my time
10. I felt that my efforts were not always appreciated
11. I was no longer enjoying my role/ tasks I was asked to do
12. I wasn't able to change or adapt my role to something that suited me better
13. It caused me too much stress
14. Unhappy with the way my time was being managed / organised
15. My volunteering was starting to feel too much like paid work
16. I didn't feel like I was making a difference in the way I wanted to
17. I wasn't able to deliver a good experience for those taking part
18. I didn't get on with others in the group/club/organisation
19. I didn't match my interests/skills/experience/expectations
20. I felt that the demands being made of me were too much
21. I was not getting enough support in my role
22. I was unhappy with the culture of the group/club/organisation I volunteered at
96. Another reason (please specify)
99. Don't know

ASK ALL QW2A CODE 2

QW2R Was there a specific moment or tipping point where you decided that you could not volunteer in sport and physical activity any longer? This could be a change in personal circumstances, an incident or frustration which caused you to stop.

Please describe this moment

OPEN ENDED

ADD NOTHING and DON'T KNOW OPTIONS

ASK ALL QW2A CODE 1 OR 2

QW2S. How likely are you to recommend volunteering in sport and physical activity to a friend or family member?

Please select one option

SINGLE CODE

2. Very likely
3. Likely
4. Unlikely
5. Very unlikely
98. Don't know

ASK ALL QW2A CODE 2

QW2T. How interested are you in returning to sport and physical activity volunteering in the next 12 months?

Please select one option

SINGLE CODE

1. Very interested
2. Interested
3. Unsure
4. Not very interested
5. Not interested at all
97. Don't know

ASK ALL QW2T CODE 1-3

QW2U. Which of the following would encourage you to return to sport and physical activity volunteering?

Please select all that apply

MULTI CODE

1. Lower demand for my time (i.e. being able to volunteer for shorter periods of time or less frequently)
2. Less responsibility when volunteering
3. Easier access to volunteering opportunities
4. More information about volunteering opportunities near me
5. Being able to combine sport and physical activity with my other volunteering commitments
6. Better organisation from those running the club/group/organisation
7. Volunteering with my family/friends/peers
8. Better utilisation of my skills/experience
9. Clearer safety measures (e.g. Covid 19 safety requirements)
10. Greater variety in the volunteering opportunities available
11. Getting support with expenses and other costs incurred whilst volunteering
96. Something else (please specify)

Non-Volunteers

I have never volunteered or have done so less recently than the start of 2019

ASK ALL QW2A CODE 3

QW2V. W Do you currently volunteer elsewhere away from sport or physical activity? (e.g. at a foodbank or fundraising for a charity)

Please select one

SINGLE CODE

1. Yes
2. No
3. Prefer not to say

ASK ALL QW2A CODE 3

QW2W. Why do you not currently volunteer in sport and physical activity?

Please select all that apply

MULTI CODE

1. I have never considered or thought about it
2. I have little/no interested in sport and physical activity
3. I don't have the time
4. I have health issues/concerns that prevent me from volunteering
5. I am not interested in volunteering in any sector
6. Other causes are more important to me
7. I don't have the skills/experience/knowledge
8. I don't know how to get involved or who to speak to about getting involved
9. I don't know how I could help
10. I don't think I would be able to make much of a difference
11. I am nervous/intimidated about starting
12. I wasn't aware that you could volunteer in sport and physical activity
13. It is not for people like me
14. You need to be fit/active to volunteer in sport and physical activity
15. There are no opportunities near me
16. Too many volunteering commitments elsewhere
17. I'm not the right age
96. Another reason (Please specify)

ASK ALL QW2V CODE 1

QW2X. Which of the following motivates you the most to volunteer for the causes that you do give time to (i.e. away from sport and physical activity volunteering)?

Please select up to 3 options

MULTI CODE – DO NOT FORCE

1. The group/club/organisation itself (i.e. the people, the setup, etc.)
2. The cause the group/club/organisation stands for/helps
3. The difference I am making
4. A sense of duty or obligation
5. The positive impact it has on my own health and wellbeing
6. The positive impact it has on the health and wellbeing of others
7. The way it fits with my everyday life
8. The skills/experience that I gain
9. Nobody else would do it if I stopped
10. The social aspects (e.g. meeting new people / catching up with people I know)
96. Other (Please specify) (FIX)

ASK ALL QW2A CODE 3

QW2Y. How interested are you in volunteering in sport and physical activity?

Please select one option

SINGLE CODE

6. Very interested
7. Interested
8. Unsure
9. Not very interested
10. Not interested at all
98. Don't know

ASK ALL QW2V Code 1 or 2

QW2Z1. Which of the following might help you get involved as a volunteer in sport and physical activity?

Please select all that apply

MULTI CODE

1. More information about volunteering (e.g. what is available, who to contact and/or the benefits of volunteering)
2. Less bureaucracy and form filling
3. An introduction session with local group/club/organisations
4. More choice in what roles or tasks I get involved in
5. If I could recognise people I know, or who are like me volunteering already
6. If I knew I would feel welcomed/ if the environment was more friendly and welcoming
7. Support before volunteering to build my confidence
8. A service which matches my skillset to volunteering opportunities
9. Improving my own physical fitness and/or wellbeing
10. Combining sport and physical fitness volunteering with my other volunteering commitments
11. Being able to change roles if I don't enjoy it
12. Being able to attend with a friend or family member
13. Having support with childcare or being able to take a child or person you care for along with you
14. Having a volunteering "mentor" to work alongside
15. Support with any costs associated with volunteering e.g. cost of travel , equipment, lunch or refreshments
16. If the role was flexible or could be adapted for my personal needs e.g. fitting volunteering around caring responsibilities or work
17. If adaptations could be made for my physical impairment or disability
18. Being able to volunteer remotely or online
19. Being able to take part in sport or physical activity whilst volunteering
96. Something else (Please specify)

ASK ALL QWZ1 Code 1

QW2Z2 You mentioned that you would like more information about volunteering in sport or physical activity, what kind of information would you like?

Please select all that apply

MULTI CODE

1. Information about opportunities in my area
2. Information about how to get involved
3. Information about training and support available
4. More understanding about how volunteering might improve my employment prospects
5. Information on the rules about volunteering e.g. how it affects my benefits or immigration status
96. Something else (please specify)

SECTION D: Lifestyle and attitudes

ASK ALL

QW1AA. How important do you think it is that when England hosts a major sporting event (e.g. The Commonwealth Games), alongside the event itself there are new opportunities for people across the country to take part in sport and physical activity

SINGLE CODE

1. Very important
2. Somewhat important
3. Not that important
4. Not at all important
97. Don't know