

## ILLUSTRATIVE PLACE 3

## Business Park

The changing way that we all work means that places of employment need to change to support healthy and active behaviours throughout the working day. Active Design can be applied across a wide range of employment spaces, to create an environment that encourages people to get outside during breaks or meetings, and to engage in physical activity as part of their day.

## Design Interventions

- A** Central 'hub' space with seating, planting, outdoor meeting space and flexible events space.
- B** Shared use sports facilities integrated into the public realm.
- C** Trails and walks along local features such as canals.
- D** Mobility hub for active travel and public transport at heart of the site.
- E** Active travel links to nearby neighbourhoods.
- F** Car parking consolidated at the edge of the site to create walkable public realm.
- G** Creative use of roofs on logistics facilities, e.g. for activity areas, solar power or new habitats.
- H** Service and HGV movements at edge of site away from walkable centre.
- I** Shared outdoor spaces with seating, meeting space and outdoor gyms.
- J** Buildings designed with integrated opportunities to get outside and move about.
- K** Links to wider countryside and natural habitats.
- L** Running tracks and loops within public realm.
- M** Outdoor gyms and other outdoor activity provision such as orchards or community gardens.
- N** Well lit, overlooked spaces with integrated cycle parking and front doors of buildings facing them.

## ACTIVE DESIGN PRINCIPLES IN ACTION:

