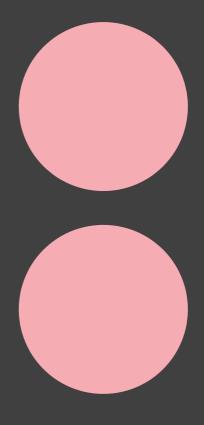
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# Sport England Activity Check In

**Topic Questions** 

Wave 8 (August 2023)



Make better decisions Savanta:

# To be used alongside the Tracker Questionnaire

# ADULT SURVEY (Participants aged 16+)

## TOPIC QUESTIONS: MAJOR EVENTS

#### **ASK ALL**

QW7I. A major sporting event is defined as a national or international-level competition featuring elite athletes or teams, drawing a large audience and significant media coverage. An example could be a World or European Championship in a specific sport, or any other sporting event where the top athletes in their field complete against each other. With the definition above in mind, which of the following applies to you?

Please select one option

#### SINGLE CODE

- 1. I have watched a major sporting event in the <u>past 3 months</u> and it inspired me to want to be a lot more active
- 2. I have watched a major sporting event in the <u>past 3 months</u> and it inspired me to want to be a little bit more active
- 3. I have watched a major sporting event in the <u>past 3 months</u> but it didn't inspire me to want to be more active
- 4. I have not watched a major sporting event in the past 3 months
- 97. Don't know / Can't remember

## ASK IF QW7I CODE 1-2

QW7L. What was it about the event that inspired you to want to be more active *Please select all that apply* 

## MULTI CODE, RANDOMISE

- 1. Visibility/high profile of the event
- 2. Success of a certain team/athlete
- 3. 'Buzz' or excitement of the event
- 4. Skill level of the athletes
- 5. Challenges overcome by athletes
- 6. Unity/camaraderie of the teams/athletes
- 7. Positive role models
- 98. Other (please specify) (FIX)
- 97. Don't know (FIX, EXCLUSIVE)
- 99. None of these (FIX, EXCLUSIVE)

## ASK IF OW7I CODE 1-2

QW7M. Which of the following, if any, did you do as a result of feeling inspired by a major sporting event?

Please select all that apply

- 1. I watched more of the sport related to the event
- 2. I watched more sport in general (FIX BELOW CODE 1)
- 3. I did more of the sport related to the event (e.g. I took part twice a month rather than once a month)
- 4. I did more of a different sport to the event (e.g. I took part twice a month rather than once a month) (FIX BELOW CODE 3)
- 5. I took up the sport related to the event (EXCLUSIVE FROM CODE 3)
- 6. I took up a different sport to the event (FIX BELOW CODE 5)
- 7. I joined a club/team in the sport related to the event
- 8. I joined a club/team in a different sport to the event (FIX BELOW CODE 7)
- 9. I started volunteering in a sport related to the event
- 10. I started volunteering in a different sport to the event (FIX BELOW CODE 9)
- 98. Other (please specify) (FIX)
- 99. I did not change my behaviour as a result (FIX, EXCLUSIVE)
- 2: Activity Check-In Topic Questions Wave 8 (August 2023)

## ASK IF OW7M CODE 3-8

QW7N. To what extent do you agree or disagree that the major sporting event was the main factor that influenced your decision to do more sport/take up a new sport/join a club/team? *Please select one option* 

#### SINGLE CODE

- 5. Strongly agree
- 4. Agree
- 3. Neither agree nor disagree
- 2. Disagree
- 1. Strongly disagree
- 97. Don't know

## ASK IF QW7M NOT CODES 3-8

QW7O. You said you were inspired by a major event but did not change your physical activity behaviour as a result. Why is this?

Please select all that apply

## MULTI CODE, RANDOMISE

- 1. I lacked motivation or interest in being active despite feeling inspired
- 2. I didn't have access to/could not get to the facilities needed to do the activity(s) I wanted to do
- 3. There was nowhere or no one running the activity(s) I wanted to do
- 4. I couldn't afford the things (equipment, coaching, club fees etc.) I needed to be active
- 5. I couldn't find the information I needed to do the activity(s) I wanted to do
- 6. No one else wanted to try the activity(s) I wanted to do with me
- 7. I didn't know how to go about taking part
- 8. I didn't think I'd be good enough
- 9. I didn't think I'd be fit enough
- 10. The activity looked too difficult
- 11. I was worried I would injure myself
- 12. I struggled to change my routine
- 98. Other (please specify) (FIX)
- 99. None of these (FIX, EXCLUSIVE)

## ASK IF QW7M CODE 3-8

QW7P. You said you were inspired by a major sporting event and changed your physical activity behaviour as a result. Which of the following, if any, helped you to change your behaviour? *Please select all that applu* 

- 1. The activity I wanted to do was available
- 2. The activity could be done informally to suit my needs
- 3. There was enough information about the activity so I knew how to get involved
- 4. I already did the activity so I just went more often
- 5. I've done the activity before and the event inspired me to take it up again
- 98. Other (please specify) (FIX)
- 99. None of these (FIX, EXCLUSIVE)

# SECTION D: Lifestyle and attitudes

#### **ASK ALL**

QW4Q. To what extent do you agree or disagree with the following statements with regards to the impact of the cost-of-living increase on your attitudes towards sport and physical activity? *Please select one option for each answer* 

SINGLE CODE

**CAROUSEL** 

## **Answer Options**

- 5. Strongly agree
- 4. Agree
- 3. Neither agree nor disagree
- 2. Disagree
- 1. Strongly disagree
- 97. Don't know
- 98. Prefer not to say

#### Statements

- A. I have too many worries/concerns to think about sport and physical activity
- B. I no longer have the motivation to be physically active
- C. I cannot make plans as I am unsure what the future holds
- D. I think sport and physical activity are more important than ever to help manage worries and concerns

#### **ASK ALL**

QW3p. In what ways, if any, have you changed your sport and physical activity behaviours because of the cost-of-living increases

- 1. I have stopped doing activity altogether (ASK IF QW1P = 1 OR 2)
- 2. I have reduced the distance I travel to take part in an activity
- 3. I have cancelled my gym membership
- 4. I have switched to a lower cost / more flexible gym membership
- 5. I have cancelled my memberships to specific sports/activities
- 6. I have reduced the regularity of paid (pay as you go) activities I do (RESTRICT TO ONE CODE ONLY FROM 6, 7 OR 8)
- 7. I have stopped doing paid (pay as you go) activities (RESTRICT TO ONE CODE ONLY FROM 6, 7 OR 8)
- 8. I have switched to/am doing more paid (pay as you go) activities (RESTRICT TO ONE CODE ONLY FROM 6, 7 OR 8)
- 9. I have started/increased the amount of free activities I do (such as walking and running)
- 10. I have prioritised activity that is most enjoyable (ASK IF QW1P = 3,4 OR 5)
- 11. I have prioritised activity that helps manage my mental wellbeing
- 12. I use exercise, such as going for a walk, to socialise with friends instead of paid social activities such as going to the pub/coffee shop
- 13. I walk/cycle to get to places rather than use the car whenever possible
- 14. I have started/increased the amount of physical activity I do at home
- 96. Other (please specify) FIX, OE
- 15. I have not changed my sport and physical activity behaviours (FIX, EXCLUSIVE, ASK IF QW1P = 3.4 OR 5)
- 97. Don't know (FIX, EXCLUSIVE)
- 98. Prefer not to say (FIX, EXCLUSIVE)

## ASK IF CODE 1-14, 16 OW3P

QW5E. As a result of the cost of living increases, which of the following factors have had the most significant impact on these changes in your sport and physical activity behaviours? *Please select all that apply* 

#### **MULTICODE**

- 1. I have less time to be physically active
- 2. I can't afford (financially) to be physically active
- 3. Opportunities to be physically active in my local area have decreased
- 4. Negative changes to the physical activity experience (e.g. lowering temperature of pool / showers)
- 5. I have too much on my mind to plan or think about being active
- 6. There are fewer people to take part with (e.g. friends cannot afford activities)
- 7. Another reason (Please specify) (FIX)
- 97. Don't know (FIX, EXCLUSIVE)

## ASK IF CODE 1-14,16 OW3P

QW5J. Below are some examples about how increased living costs and the associated changes people have made in their sport and physical activity behaviours, and how they have made them feel. Which, if any, apply to you. Please use the other box to note any additional feelings you may have.

Please select all that apply

#### **MULTICODE**

- 1. Motivated to continue to lead an active lifestyle (Codes 1 and 2 cannot both be selected)
- 2. Demotivated to lead an active lifestyle
- 3. Sad that I'm no longer able to do activities I used to enjoy
- 4. Happy that I've found new activities I enjoy
- 5. I feel deconditioned
- 6. I appreciate the time I spend being physically active more now
- 7. Sad that I've reduced my physical activity habits / routines (Codes 7 and 8 cannot be both selected)
- 8. Happy that I've increased my physical activity habits / routines
- 9. Sad that I've had to make choices about which activities I do / which memberships I have
- 96. Other (please specify) (FIX)
- 97. Don't know (FIX, EXCLUSIVE)
- 98. None of these (FIX, EXCLUSIVE)

#### ASK ALL

QW8E Have you made any of the following changes to your approach to sport and physical activity in response to climate change or global warming concerns?

Please select all that apply

- 1. Reduced the distance travelled by car to take part in sport/physical activity
- 2. Used alternative methods of travel to take part in sport/physical activity (e.g. public transport, walking or car sharing)
- 3. Changed the type of sport/physical activity taken part in
- 4. Choose providers of sport/physical activity based on their ethical and/or green credentials
- 5. Try to be more sustainable with the clothing/equipment used for sports/physical activity (e.g. purchasing second hand equipment, repairing clothes rather than replacing)
- 6. Make sustainable choices about nutrition and food
- 96. Other (please specify)
- 99. I have not changed my behaviour(FIX, EXCLUSIVE)

# SECTION W3: School Holidays

ASK THE FOLLOWING QUESTIONS OF THOSE CODING 4-7 AT D5 ONLY

#### **INTRO TEXT:**

We would now like to ask you some questions about the school summer holidays. In particular we would like to understand the impact of the school holidays on your child's participation in physical activity and how this may differ to term times. [IF CYPD\_NEW = 1 We would also like to ask some similar questions of your child to ensure we get both perspectives.]

When we refer to the school summer holidays, we are referring to the current break from school during July and August 2023.

When we refer to physical activity, we mean doing sessions of 30 mins or more of physical activity, which is enough to raise your child's breathing rate. This includes things like active play (such as running around, kicking a ball about, etc.), dancing, walking and cycling, as well as sports which might have been done at home, at clubs, or somewhere else.

## ASK IF CODE 4-7 AT D5

QW3a. We would like to ask the next questions about [IF CYPD\_NEW =1 the child who will be completing the survey once you have finished] [IF CYPD\_NEW = 2 one of your children]. Could you please tell us the school year of the child you would like to answer the next questions about?

The school years below refer to the school year that the child we be in as of September 2023 Please select one option

#### SINGLE CODE

- 1. Year 1 [IF CODE 4 AT D5]
- 2. Year 2 [IF CODE 4 AT D5]
- 3. Year 3 [IF CODE 5 AT D5]
- 4. Year 4 [IF CODE 5 AT D5]
- 5. Year 5 [IF CODE 5 AT D5]
- 6. Year 6 [IF CODE 5 AT D5]
- 7. Year 7 [IF CODE 6 AT D5]
- 8. Year 8 [IF CODE 6 AT D5]
- 9. Year 9 [IF CODE 7 AT D5] 10. Year 10 [IF CODE 7 AT D5]
- 11. Year 11 [IF CODE 7 AT D5]
- 97. Don't know

## ASK IF CODE 2 AT CYPD NEW

QW3w. Please could you tell us how the child you will be answering the following questions about describes their gender?

Please select one answer only

## SINGLE CODE

- 1. Female
- 2. Male
- 3. They identify in another way (FIX)
- 98. Prefer not to say (FIX)

## ASK IF CODE 4-7 AT D5

QW3c. On how many days, if any, has your child taken part in physical activity in the last week? Please include things like active play (such as running around, kicking a ball about, etc.), dancing, walking and cycling, as well as sports which might have been done at home, at clubs, or somewhere else.

Please select one option

## SINGLE CODE

- 1. o days
- 2. 1-2 days
- 3. 3-5 days
- 4. 6-7 days
- 97. Don't know

## ASK IF CODE 4-7 AT D5

W3dNEW. And how does this compare to a typical week during...

Please select one option for each answer

SINGLE CODE, RANDOMISE STATEMENTS

#### **CAROUSEL**

- 5. A lot more
- 4. A little more
- 3. About the same amount
- 2. A little less
- 1. A lot less
- 97. Don't know

#### Statements

- A. The last school term (April to July 2023)
- B. The last school summer holidays (i.e. July to August 2022)

## ASK IF CODE 1-2 AT QW3dNEW STATEMENT B

QW8A. You said your child has taken part in less physical activity this summer school holidays compared to last year. What has changed between last summer and this? Please select all that apply

- 1. My child is older and so does what they want to now
- 2. I have to work more hours so cannot take my child to activities as I did before
- 3. I cannot afford to send my child to the same activities that they did last year
- 4. The activities my child went to last year are not running this year
- 5. My child wants to participate in other hobbies now
- 6. My child is currently injured/ill
- 7. There are fewer opportunities to be active in our local area
- 8. My child has more/other responsibilities now (e.g. looking after family, summer job, volunteering)
- 9. My child is less motivated to be physically active
- 10. I previously used physical activities as a form of childcare during the holidays but my child has reached an age where this is no longer required
- 96. Other (please specify) [FIX]
- 97. Don't know [FIX, EXCLUSIVE]

## ASK IF CODE 4-7 AT D5

QW3e. Which, if any, of the following organised activities has your child done or are they planning on doing during the school summer holidays?

Please select all that apply

## MULTICODE, RANDOMISE

- 1. A holiday camp or club where sports/activities are included
- 2. Any sports or exercise clubs/teams/classes that are run specifically for the summer holidays. (e.g. football practice, basketball team, netball club, dance class, gymnastics or judo)
- 3. Any sports or exercise clubs/teams/classes that they also attend during term time. (e.g. football practice, basketball team, netball club, dance class, gymnastics or judo)
- 96. Other organised activity (please specify) (FIX, OE)
- 99. None of these (FIX, EXCLUSIVE)

## QW3e = CODE 3

QW3f. You have indicated that your child has or will take part in a sports or exercise club/team/class that they also attend during the school term. Are there any other clubs/teams/classes that your child would usually attend that were not running during the school holidays? Please include both school and outside of school clubs/teams/classes. Please select one answer only

chica select one a

- SINGLE CODE 1. Yes
  - 2. No
  - 97. Don't know

## QW3e = CODE 1,2,,97 OR 99

QW3h. Does your child usually attend any sports or exercise clubs/teams/classes during term time? Please include both school and outside of school clubs/teams/classes.

Please select one answer only

## SINGLE CODE

- 1. Yes
- 2. No
- 97. Don't know

## ASK IF QW3E CODE 1-2

QW8B. Who, if anyone, provided (or will provide) the holiday camps/clubs/teams/classes that your child took part in?

Please select all that apply

- 1. School/college
- 2. A religious group
- 3. Another community group [FIX UNDER CODE 2]
- 4. A sports club (i.e. the team or group itself)
- 5. An independent coach/freelancer
- 6. Another childcare provider or organisation (i.e. using third party facilities) [FIX UNDER CODE 5]
- 7. A commercial provider/facility (e.g. gym or leisure/fitness centre)
- 98. Other (please specify) [FIX]
- 97. Don't know [FIX, EXCLUSIVE]

#### ASK IF CODE 4-7 at D5

QW8C. To what extent do you agree or disagree with the following statements about summer holiday camps, clubs, teams or classes for children? These can include those that are available to your child or any others that you are aware of

Please select one option for each answer

SINGLE CODE, RANDOMISE STATEMENTS

**CAROUSEL** 

## **Answer Options**

- 5. Strongly agree
- 5. Agree
- 4. Neither agree nor disagree
- 3. Disagree
- 2. Strongly disagree
- 97. Don't know

## Statements

- A. The sport and physical activities available through holiday camp(s)/club(s)/team(s)/class(s) seem suitable for children like mine (e.g. the activities take into account my child's age, needs, preferences, and abilities)
- B. The camp(s)/club(s)/team(s)/class(es) are in a convenient location
- C. The camp(s)/club(s)/team(s)/class(es) seem welcoming and accepting
- D. The camp(s)/club(s)/team(s)/class(es) seem inclusive and attract diverse groups of children and young people
- E. I trust the people and/or organisations who run the holiday camp(s)/club(s)/team(s)/class(es) that are available to my child
- F. The camp(s)/club(s)/team(s)/class(es) are affordable
- G. The options available for camp(s)/club(s)/team(s)/class(es) in my area are clear and the information is readily available
- H. The camp(s)/club(s)/team(s)/class(es) are available at times and dates to suit me and my children

## ASK IF CODE 4-7 AT D5

QW3i. Which, if any, of the following informal activities (i.e. not as part of an organised club or group) has your child done or is your child going to do during the school summer holidays? Please select all that apply

- 1. Walked, cycled or scootered to get somewhere (e.g. to school, to somebody's house, to the park, or to a club)
- 2. A walk (e.g. to walk the dog or to go for a walk with family and friends)
- 3. A bike ride / ridden a bicycle or scooter
- 4. Going to the park, public playground or skate park to run around/play or be active (ASK IF CODE 7-11 AT QW3a)
- 5. Going to the park or skate park to be active (e.g. kick a ball about, play basketball) (ASK IF CODE 1-6 AT QW3a)
- 6. Fitness, dance, or being active in other ways at home (e.g. with friends or family, online, or in the garden)
- 7. Swimming
- 8. Been for a run (ASK IF CODE 7-11 AT QW3a)
- 96. Other (please specify) (FIX, OE)
- 97. None of these (FIX, EXCLUSIVE)
- 98. Don't know (FIX, EXCLUSIVE)

ASK IF CODE 4-7 AT D5 AND NOT 97 OR 99 AT QW3i

QW3j. And are they generally doing these informal activities more, less or about the same amount as a typical week during the last school term time?

Please select one answer only per activity

SINGLE CODE PER ROW, RANDOMISE ROWS

#### **ROWS:**

PIPE IN THOSE CODED AT QW3i

#### **COLUMNS:**

- 1. More than last term
- 2. About the same
- 3. Less than last term
- 97. Don't know

## ASK IF CODE 4-7 AT D5 AND CODE 1-6 AT QW3a

QW3l. What, if anything, would make it easier or more likely for your child to do (more) physical activity during the school summer holidays?

Please select all that apply

## MULTICODE, RANDOMISE

- 1. Having sessions or clubs that allow them to build on existing interests (e.g. regular hobbies)
- 2. The opportunity for them to be able to try something new
- 3. If they will have fun
- 4. The opportunity to spend time together as a family
- 5. If it gives them something to do
- 6. If it tires them out
- 7. If it means I have more time for myself, my job, housework etc.
- 8. If it supported my child's wellbeing
- 9. If it improved my child's physical health/fitness
- 10. If I can socialise with other parents who are also at (or taking part in) the activity
- 11. If it means my child can play with other children
- 12. If it is affordable / good value for money
- 13. If it is easy to get my child there
- 14. Seeing major events that inspire me/my child such as the Women's World Cup and Olympic Games
- 96. Other (please specify) (FIX, OE)
- 99. Nothing (FIX, EXCLUSIVE)
- 97. Don't know (FIX, EXCLUSIVE)

## ASK IF CODE 4-7 AT D5

QW3m. What are the challenges you (and your child) face that prevent them doing more than they/you would like during the school summer holidays?

Please select all that apply

## MULTICODE, RANDOMISE

- 99. Nothing, they do as much as they/I'd like them to (FIX TO TOP, EXCLUSIVE)
- 1. Everything is too expensive
- 2. The costs to send them to summer camps/clubs/paid activities are prohibitive right now
- 3. They need special equipment that we do not have/cannot afford to buy
- 4. There is no-one to take them/pick them up
- 5. Rising fuel costs mean we cannot take them to activities that are not local to us
- 6. The activity my child wants to do is not available locally
- 7. We don't have a suitable space at home for them to do the activities they want to do
- 8. The neighbourhood is not safe enough for them to be out alone
- 9. They are too young to be out alone, and I am working / busy around the house
- 10. I don't know how to find out if anything suitable is on offer in my area (this could be summer camps, clubs, sessions etc.)

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- 11. The summer camp/club/activity they have previously gone to has closed this summer
- 12. My child is not interested in doing (more) exercise and sports
- 13. My child is too busy doing other things
- 14. Doing physical activity is not a priority for me/my child/our family
- 15. There is nothing suitable for the specific needs of my child
- 16. There are other priorities during the school summer holidays (e.g. family trips or holidays)
- 17. My child has a summer job (ASK IF CODE 9-11 AT QW3A)
- 18. Timings/dates of activities are not convenient for me/my child
- 96. Other (please specify) (FIX, OE)
- 97. Don't know (FIX, EXCLUSIVE)

## ASK IF CODE 4-7 AT D5

QW3n. To what extent, if at all, would you say you encourage your child to be active during the school summer holidays?

Please select one answer only

## SINGLE CODE

- 1. A lot
- 2. A little
- 3. Not a lot
- 4. Not at all
- 97. Don't know

## ASK IF CODE 4-7 AT D5

OW8D. Which of the following make you aware of ... Please select one option for each answer

MULTI CODE RANDOMISED

**CAROUSEL** 

## **Answer options**

- 1. Other family members
- 2. Friends
- 3. School/school teachers
- 4. Sports club(s) they go to
- 5. Local media (newspapers/magazines/online communities)
- 6. Social media/online platforms [FIX BELOW CODE 5]
- 7. My children
- 8. Other parents
- 96. Other (please specify) [FIX]
- 99. None of these [FIX, EXCLUSIVE]
- 97. Don't know [FIX, EXCLUSIVE]

#### Statements

- A. ... the sport and physical activity opportunities available to your child the during school term time
- B. ... the sport and physical activity opportunities available to your child during the **school** holidays

# CYP SURVEY (Participants aged 5 to 16)

#### ASK ALL

W3CYPQb. Thinking about all the exercise and sports you have done over the last 7 days, do you feel that you have generally been more or less active than you were during a typical week at school, just before the end of term?

#### SINGLE CODE

- 1. I've done a lot more than term time
- 2. I've done a little more than term time
- 3. I've done about the same amount
- 4. I've done a little less than term time
- 5. I've done a lot less than term time
- 97. Don't know

# CYP: Wave 3 topic questions

We would now like you to think about exercise and sports during the school summer holiday. We will be asking you some questions to better understand how you have been spending or will spend your time during the break.

## ASK IF CYPQ4 = 14

CYPW3c. You said that you have been to a holiday camp or club which involves exercise and sports, to what extent did you enjoy this camp or club?

Please select one option

#### SINGLE CODE

- 1. Very much
- 2. Quite a bit
- 3. Not much
- 4. Not at all
- 5. My experience varied by camp/club
- 97. Don't know

#### ASK IF CYPO1 CODES 8-12

QW3CYPf. What would help motivate you to do more exercise and sports during the school holidays?

Please select all that apply

- 1. Having sessions or clubs that allow me to build on existing interests (e.g. regular hobbies)
- 2. Being able to try something new
- 3. Major events such as the Women's World Cup and Olympic Games
- 4. Being able to socialise with friends through the activity
- 5. If it were easy to get to by myself
- 6. If I could afford it by myself
- 7. The ability to shape the activity/sessions
- 8. Understanding the fitness benefits of being active and feeling like I am getting this from the activity(s)
- 9. If I knew I wouldn't be judged for how I look or how good I am
- 10. Being able to improve in my chosen sport or activity
- 96. Other (please specify) (FIX, OE)
- 99. Nothing, I am more interested in other things (FIX, EXCLUSIVE)
- 97. Don't know

#### INFO SCREEN

We're now going to ask you some questions about big sports events that you may have watched recently.

## ASK IF PRIMARY AGED QCYPD1 CODE 2-7

CYPW7A. Have you recently watched any big sports events?

A big sports event is where sportspeople compete against each other in big competitions that you can watch on TV or online.

Please select one option

#### SINGLE CODE

- 1. Yes
- 2. No
- 97. Can't remember (FIX, EXCLUSIVE)

## ASK IF CYPW7A CODE 1

CYPW7B. And did watching the event make you want to do any of these?

Please select all that apply

#### **MULTI CODE**

- 1. Play more sport
- 2. Watch more sport
- 3. Try new sports
- 97. Don't know

#### ASK IF SECONDARY AGE CYPD1 CODE 8-12

CYPW7D. A major sporting event is defined as a national or international-level competition featuring elite athletes or teams, drawing a large audience and significant media coverage. An example could be a World or European Championship in a specific sport, or any other sporting event where the top athletes in their field complete against each other. With the definition above in mind, which of the following applies to you?

Please select one option

#### SINGLE CODE

- 1. I have watched a major sporting event in the <u>past 3 months</u> and it inspired me to want to be a lot more active
- 2. I have watched a major sporting event in the <u>past 3 months</u> and it inspired me to want to be a little bit more active
- 3. I have watched a major sporting event in the <u>past 3 months</u> but it didn't inspire me to want to be more active
- 4. I have not watched a major sporting event in the past 3 months
- 97. Don't know / Can't remember

## ASK IF CYPW7D CODE 1-2

CYPW7G. Which of the following, if any, did you do as a result of feeling inspired by a major sporting event?

Please select all that apply

#### MULTI CODE, RANDOMISE

- 1. I watched more of the sport related to the event
- 2. I watched more sport in general (FIX BELOW CODE 1)
- 3. I did more of the sport related to the event (e.g. I took part twice a month rather than once a month)
- 4. I did more of a different sport to the event (e.g. I took part twice a month rather than once a month) (FIX BELOW CODE 3)
- 5. I took up the sport related to the event (EXCLUSIVE FROM CODE 3)
- 6. I took up a different sport to the event (FIX BELOW CODE 5)
- 7. I joined a club/team in the sport related to the event
- 8. I joined a club/team in a different sport to the event (FIX BELOW CODE 7)
- 9. I started volunteering in a sport related to the event
- 10. I started volunteering in a different sport to the event (FIX BELOW CODE 9)

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- 98. Other (please specify) (FIX)
- 99. I did not change my behaviour as a result (FIX, EXCLUSIVE)

## ASK IF CYPW7G CODE 3-8

CYPW7H. To what extent do you agree or disagree that the major event was the main factor that influenced your decision to take up a new sport and/or join a club/team? *Please select one option* 

## SINGLE CODE

- 5. Strongly agree
- 4. Agree
- 3. Neither agree nor disagree
- 2. Disagree
- 1. Strongly disagree
- 97. Don't know