Dean Taylor Age 20
Chairman of Infinite Flow - Lancashire

Dean took part in a Sportivate coaching project in July 2011. As Dean was already taking part in Parkour/ Freerunning the Sportivate funding was used to enable him to undertake his Level 1 Coaching qualification. Alongside several friends he now coaches weekly Parkour/ Freerunning sessions for local youths and his peers. The sessions are currently supported by a Level 2 Coach but once Dean has qualified as a Level 2 Coach himself he will be able to run all aspects of the sessions. Throughout 2011-2012 the group worked to become a formal body. With the help of Sportivate, Lancashire Sport, Young People Services, Sported and a Parkour Mentor the group became 'Infinite Flow Parkour'. Dean now chairs the committee and they are working to a business plan, delivering coaching sessions, providing demos and workshops.

‘I’ve gone from lay-about to chairman!’

My journey

Zoom for more details

Dean’s journey demonstrates how Sportivate and successful partnership working has supported Dean to develop a club and paid employment.

‘I used Sportivate to start running sessions...I am getting better as a person and believe I am helping others’

Infinite Flow won the Sporting Achievement Award and Pinnacle Award at Lancashire Children’s and Young People Trust Celebrate YOUTH 2013 Awards.

Dean

Bunch of mates running and jumping on the streets of Hyndburn.

Took part in Sportivate

Became Chairman of ‘Infinite Flow Parkour’ Developed a business supported by Sported.

Weekly Parkour group for young people in New Era Community Centre sports hall.

Now training to be a Level 2 Coach. Aiming for own space and for people to pay for Parkour at events.

Trained to be a Level 1 Parkour Coach

Weekly Parkour group for young people in New Era Community Centre sports hall.
Luke’s journey demonstrates how Sportivate can change a young person’s attitude towards physical activity and improve social skills.

Case study produced in April 2013

Luke Speakman Age 14
Badminton player - Sheffield

Luke took part in a Sportivate badminton project at High Storrs School in September 2012. Since doing the project he has continued to take part in weekly coaching sessions at an after school club. Luke is often seen waiting eagerly at the door for the session to begin. Teachers at the school have seen a positive change in attitude from Luke to his school work and improved social skills since taking part in the club.

As a result of the Sportivate project High Storrs School now has an established community badminton club. The school is one of the facilities used by The Sheffield Performance Centre for development and training. Some players are now competing for the county and region. The School is part of a Community Badminton Network (CBN) which brings together PE staff, Coaches, Clubs and Badminton England. The CBN acts as a hub for Badminton activity providing a collective approach to funding and developing young talent.

I have gone from being really bad at everything to pretty good at Badminton… I am not the best but I am not the worst

Luke and his friends now play against each other in tournaments and in inter-school competitions.

I was getting lazy at home, I just didn’t seem to have anything to do, Sportivate changed that.

Spent time at home sitting around the lounge and only did sport at school

Mother introduced the idea of taking up a sport and found out about Sportivate

Attended weekly Sportivate sessions

Enjoys taking part in regular after school club sessions

Now jumps at the chance to take part in other sports and hopes to compete more often.
Case study produced in April 2013

Emily Short Age 15
Basketball player - Bristol

Emily became involved with Bristol Storm Basketball club through the Sportivate programme held in October 2011. Emily is enthusiastic about playing Basketball with Bristol Storm and the opportunities she has had to get more involved in sport outside of school and to compete at a high level. Since taking part in Sportivate Emily has become more involved in all levels of the game and is most proud of being selected for the England U16s squad. Emily feels that taking part in the club has enabled her to improve her sporting abilities and make new friends.

The club is a well established community club that offers outreach programmes to schools across central Bristol as well as ‘drop in’ sessions for informal teams. Emily enjoys being coached by South West England’s Area Performance Centre Head Coach Tracie Colbron who works to develop talented female basketball players.

Emily’s journey demonstrates how a well established community club can use Sportivate to enable young people with a talent to develop and compete at a high level.

'I got selected for the England team that’s how far I have got so far!'

'Sportivate has given me more confidence in sport and my social life, I have got more friends too!'

Emily only took part in Sport in P.E. lessons and didn’t do any sport outside of school

Took part in a school basketball tournament and was told about Sportivate

Now takes part in Basketball at least four times a week

Enjoys playing at county, regional and national league tournaments

Would like to play for Great Britain and go on to play in U.S.A