

WELCOME TO

GIRLS ALLOWED

FROM I WILL IF YOU WILL!



IWIYW IS ALL ABOUT HELPING GIRLS JUST LIKE YOU GET MORE ACTIVE IN BURY AND BY JOINING US TODAY, YOU'VE MADE THAT FIRST STEP TO GET MOVING — NICE ONE!





NOW FOR THE FUN STUFF...

EVERY TIME YOU TRY OUT AN ACTIVITY, YOU'LL GET A STAMP. THESE TRANSLATE INTO TREATS, SO MAKE SURE YOU TRY AS MANY ACTIVITIES AS YOU FANCY.

TO CLAIM YOUR HAIR AND BEAUTY TREAT, YOU'LL NEED TO COLLECT **2 STAMPS**.

TO ENTER OUR FREE PRIZE DRAW TO WIN SHOPPING VOUCHERS, YOU'LL NEED TO COMPLETE YOUR CARD AND COLLECT **4 STAMPS**.

HOW DO I CLAIM MY STAMPS?

TRY OUT ANY ACTIVITY YOU LIKE! READ ON TO FIND OUT WHAT'S ON TODAY.



IF YOU COLLECT FOUR STAMPS, YOU'LL BE
ENTERED INTO OUR PRIZE DRAW TO WIN
SHOPPING VOUCHERS!

MAKE SURE YOU COMPLETE THE BACK OF
THIS CARD TO ENTER THE DRAW.



I'D LIKE TO ENTER THE FREE PRIZE DRAW!

NAME:

EMAIL ADDRESS:

CONTACT NUMBER:

WHAT I ENJOYED TODAY:

HERE'S WHAT'S ON OFFER TODAY:

ZUMBA

SHAKE YOUR HIPS AND
FEEL THE MUSIC!



PILOXING

A MIX OF PILATES AND
BOXING - TRY IT!

STREET DANCE

SHOW US WHAT YOU'VE
GOT, STREET STYLE!



CHEERLEADING

GET YOUR HEART
PUMPING - BRING IT ON!



I WILL IF YOU WILL

.CO.UK

VISIT IWILLIFYOUWILL.CO.UK TO FIND AN ACTIVITY THAT'S PERFECT FOR YOU.

JOIN IN



@ I_WILL_IF