ACTIVE LIVES: CHILDREN AND YOUNG PEOPLE SURVEY

ACADEMIC YEAR 2018/2019

Oaktree School, Anytown

Issued July 2019
Pupils were asked about their attitudes to sport and physical activity.

**Years 1-2 only**

- **86%** like or love playing sport

- **94%** like or love being active

- **66%** find sport easy

**Years 3-6 only**

**Confidence**

- There is no data available for this metric

**Physical competence**

- There is no data available for this metric

**Understanding**

- There is no data available for this metric

**Motivation**

- There is no data available for this metric

What can be done to help increase pupil's understanding of why sport and exercise is good for them?

School name, sample size, year groups included, survey name should be mentioned on every slide as individual slides may be detached from overall presentation by some schools or used by people who have not read note pages. Warnings about data interpretation also to be included.
FEELINGS OF HAPPINESS

Means scores from answers given on a scale of 0-10, where 0 is low and 10 is high

How happy did you feel yesterday? (years 3-6 only)

How do you feel today? (years 1-2 only)

<table>
<thead>
<tr>
<th>Rating</th>
<th>10%</th>
<th>24%</th>
<th>66%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feeling</td>
<td>Sad</td>
<td>Neutral</td>
<td>Happy</td>
</tr>
</tbody>
</table>

There is no data available for this metric

HAVE YOU CONSIDERED?

How could PE & Sport help increase the overall wellbeing of your students?

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The Government encourages all schools to promote healthy eating and provide tasty and nutritious food and drink. The school food standards require schools to provide healthy options by restricting foods high in fat, salt and sugar.

**Providing food education for all pupils**
Teachers were asked which of the following they have in place:

- Pupils encouraged to support catering staff
- School grows food for on-site school meals
- Professional development for teachers on food
- Healthy eating is a curriculum priority
- Provide extracurricular cooking clubs

The school indicated that they provide the majority of the options presented.

**Complying with School Food Standards**
Teachers were asked which of the following they have in place:

- Contractual or annual assurance from caterer or local authority
- Part of an award or accreditation scheme
- Training for catering staff
- Oversight from nominated school governor
- Complies to food standards throughout the day
- Banned unhealthy items from packed lunches

The school indicated that they provide some of the options presented.

If you would like to access a healthy schools rating for your school please download it here.
NOTES
The Active Lives Children and Young People Survey is an online survey carried out by Ipsos MORI. Each term, a number of schools are randomly selected to take part in the survey, with the aim of getting 100,000 children and young people in Years 1 to 11 to complete it each academic year. The survey runs on an annual basis. More information on the survey can be found on the Sport England website.

SURVEY TIMINGS
Fieldwork for the survey took place between 2nd January to 14th April 2019.

SAMPLE
xxx pupils from xxx classes completed the survey:
• Xxx pupils from Year x
• Xxx pupils from Year y
• Xxx pupils from Year z

NATIONAL REPORT
The national report by Sport England will be published in December 2019 and will be accessible via the Sport England website. That report will include data from the 2018/2019 academic year.

LIMITATIONS OF THE DATA
Due to the small numbers of pupils from [NAME OF SCHOOL] that have participated in the survey, it is not possible to make reliable comparisons between your school results and the national level data.
Any differences between groups may be down to the small sample sizes and may not be real differences.

NO DATA AVAILABLE FOR THIS METRIC
You may see this message in place of a chart or statistic. This is shown when there were fewer than 30 pupils or parents answering the question overall for the breakdown presented (e.g. boys and girls).

FURTHER INFORMATION
If you would like any further information about the results or survey, please contact your Active Partnership. (Web link to Active Partnership)

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